US010076269B1

(12) **United States Patent**
Kayyali et al.

(10) **Patent No.: US 10,076,269 B1**
(45) **Date of Patent: Sep. 18, 2018**

(54) **DEVICES AND METHODS FOR SLEEP DISORDER DIAGNOSIS AND TREATMENT**

(75) Inventors: **Hani Kayyali**, Shaker Heights, OH (US); **Robert Schmidt**, Cleveland, OH (US); **Mohammad Modarres-Zadeh**, Tampa, FL (US); **Brian Kolkowski**, Leroy, OH (US)

(73) Assignee: **Cleveland Medical Devices Inc.**, Cleveland, OH (US)

(*) Notice: Subject to any disclaimer, the term of this patent is extended or adjusted under 35 U.S.C. 154(b) by 1304 days.

(21) Appl. No.: **13/440,116**

(22) Filed: **Apr. 5, 2012**

Related U.S. Application Data

(63) Continuation of application No. 11/266,899, filed on Nov. 4, 2005, now Pat. No. 8,172,766.

(51) **Int. Cl.**

A61B 5/085	(2006.01)
A61M 16/00	(2006.01)
A61B 5/00	(2006.01)
A61B 5/0205	(2006.01)

(52) **U.S. Cl.**
CPC ***A61B 5/085*** (2013.01); ***A61B 5/4815*** (2013.01); *A61B 5/02055* (2013.01); *A61M 16/0051* (2013.01); *A61M 16/0069* (2014.02); *A61M 2016/0027* (2013.01); *A61M 2016/0039* (2013.01); *A61M 2202/0208* (2013.01); *A61M 2205/3553* (2013.01); *A61M 2205/3561* (2013.01); *A61M 2205/3584* (2013.01); *A61M 2205/3592* (2013.01); *A61M 2230/04* (2013.01); *A61M 2230/10* (2013.01); *A61M 2230/14* (2013.01); *A61M 2230/202* (2013.01); *A61M 2230/205* (2013.01); *A61M 2230/60* (2013.01)

(58) **Field of Classification Search**
CPC ... A61B 5/085; A61B 5/4815; A61B 5/02055; A61M 16/0051; A61M 16/0069; A61M 2016/0027; A61M 2016/0039; A61M 2202/0208; A61M 2205/3553; A61M 2205/3561; A61M 2205/3584; A61M 2205/3592; A61M 2230/04; A61M 2230/10; A61M 2230/14; A61M 2230/202; A61M 2230/205; A61M 2230/60
See application file for complete search history.

(56) **References Cited**

U.S. PATENT DOCUMENTS

5,237,990 A * 8/1993 Psaros A61M 16/18 128/203.12
5,353,788 A * 10/1994 Miles A61M 16/00 128/204.21
5,645,043 A * 7/1997 Long ..... F24C 1/10 126/91 R
5,704,345 A * 1/1998 Berthon-Jones A61B 5/087 128/204.21
5,961,447 A * 10/1999 Raviv A61B 7/003 600/300
6,029,664 A * 2/2000 Zdrojkowski A61M 16/0051 128/204.21
6,138,675 A * 10/2000 Berthon-Jones A61B 5/087 128/204.18

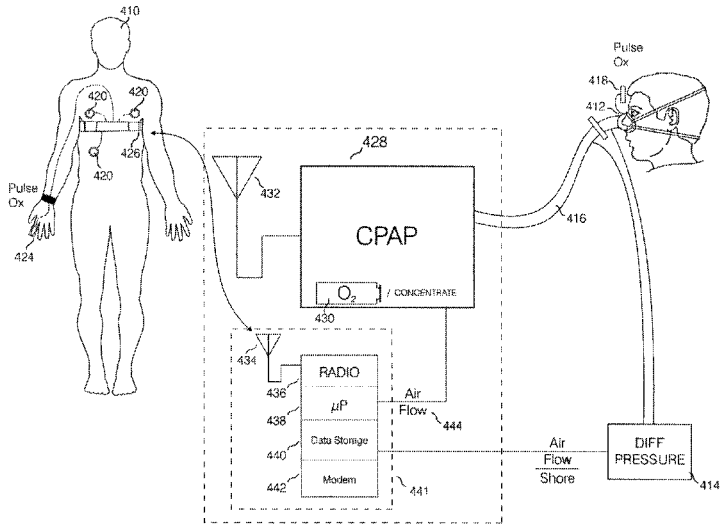
(Continued)

Primary Examiner — Navin Natnithithadha
(74) *Attorney, Agent, or Firm* — Brian Kolkowski

(57) **ABSTRACT**

The present invention relates to an integrated sleep diagnosis and treatment device, and more particularly to an integrated apnea diagnosis and treatment device. The present invention additionally relates to method of sleep diagnosis and treatment.

20 Claims, 6 Drawing Sheets



(56) **References Cited**

U.S. PATENT DOCUMENTS

6,229,581 B1 * 5/2001 Yamamoto G02B 27/1026 348/756
6,431,171 B1 * 8/2002 Burton A61M 15/00 128/204.18
6,475,153 B1 * 11/2002 Khair A61B 5/02007 600/485
6,533,729 B1 * 3/2003 Khair A61B 5/021 600/480
6,551,252 B2 * 4/2003 Sackner A61B 5/0205 600/301
6,832,609 B2 * 12/2004 Wright A61B 5/087 128/204.18
6,889,691 B2 * 5/2005 Eklund A61B 5/087 128/200.24
7,018,341 B2 * 3/2006 Wright A61B 5/087 128/204.18
7,101,341 B2 * 9/2006 Tsukashima A61B 5/083 422/84
7,190,995 B2 * 3/2007 Chervin A61B 5/048 600/534
7,195,013 B2 * 3/2007 Lurie A61H 31/00 128/202.28
7,204,250 B1 * 4/2007 Burton A61B 5/04085 128/205.23
7,225,809 B1 * 6/2007 Bowen A61M 16/00 128/204.18
7,309,314 B2 * 12/2007 Grant A61B 5/00 600/323
7,575,005 B2 * 8/2009 Mumford A61M 16/06 128/205.23
7,662,101 B2 * 2/2010 Lee A61B 5/0205 600/484
7,668,579 B2 * 2/2010 Lynn A61B 5/002 600/323
7,670,295 B2 * 3/2010 Sackner A61B 5/0205 600/481
7,757,690 B2 * 7/2010 Stahmann A61B 5/0031 128/204.18
7,878,198 B2 * 2/2011 Farrell A61B 5/0205 128/204.18
7,942,824 B1 * 5/2011 Kayyali A61B 5/021 128/204.23
8,069,852 B2 * 12/2011 Burton A61B 5/04 128/204.18
8,172,766 B1 * 5/2012 Kayyali A61B 5/02055 128/204.23
8,308,641 B2 * 11/2012 Moroney, III G06F 19/3406 600/300
8,356,594 B2 * 1/2013 Ujhazy A61M 16/0051 128/204.18
8,365,730 B2 * 2/2013 Baker, Jr. A61B 5/0205 128/200.24
8,545,416 B1 * 10/2013 Kayyali A61B 5/085 128/204.23
2002/0032386 A1 * 3/2002 Sackner A61B 5/0205 600/536
2002/0185130 A1 * 12/2002 Wright A61B 5/087 128/204.21
2003/0000528 A1 * 1/2003 Eklund A61B 5/087 128/204.23
2003/0135127 A1 * 7/2003 Sackner A61B 5/0205 600/536
2004/0116784 A1 * 6/2004 Gavish A61B 5/0205 600/300
2004/0138576 A1 * 7/2004 Wright A61B 5/087 600/533
2004/0163648 A1 * 8/2004 Burton A61B 5/04085 128/204.21
2004/0200474 A1 * 10/2004 Lurie A61H 31/00 128/203.11
2004/0254493 A1 * 12/2004 Chervin A61B 5/048 600/544
2005/0081847 A1 * 4/2005 Lee A61B 5/04012 128/200.24
2005/0085738 A1 * 4/2005 Stahmann A61B 5/00 600/529
2005/0115561 A1 * 6/2005 Stahmann A61B 5/0031 128/200.24
2005/0165323 A1 * 7/2005 Montgomery A61B 5/0006 600/544
2005/0188991 A1 * 9/2005 Sun A61B 5/0002 128/204.23
2005/0197588 A1 * 9/2005 Freeberg A61B 5/0031 600/529
2005/0217674 A1 * 10/2005 Burton A61B 5/04 128/204.23
2005/0268916 A1 * 12/2005 Mumford A61M 16/06 128/207.13
2006/0042627 A1 * 3/2006 MacMillan A61M 16/00 128/204.22
2006/0070624 A1 * 4/2006 Kane A61M 16/00 128/204.23
2006/0084877 A1 * 4/2006 Ujhazy A61M 16/0051 600/483
2006/0135878 A1 * 6/2006 Wright A61B 5/087 600/538
2006/0247546 A1 * 11/2006 Imose A61B 5/087 600/513
2007/0135724 A1 * 6/2007 Ujhazy A61M 16/0051 600/529
2007/0161913 A1 * 7/2007 Farrell A61B 5/0205 600/484
2007/0209662 A1 * 9/2007 Bowen A61M 16/024 128/204.21
2008/0066753 A1 * 3/2008 Martin A61M 16/0051 128/204.23
2008/0257349 A1 * 10/2008 Hedner G06F 19/345 128/204.23
2008/0269583 A1 * 10/2008 Reisfeld A61B 5/0205 600/364
2008/0276939 A1 * 11/2008 Tiedje A61M 16/0051 128/204.23
2010/0043795 A1 * 2/2010 Ujhazy A61M 16/0051 128/204.23
2010/0258126 A1 * 10/2010 Ujhazy A61M 16/0051 128/204.23

* cited by examiner

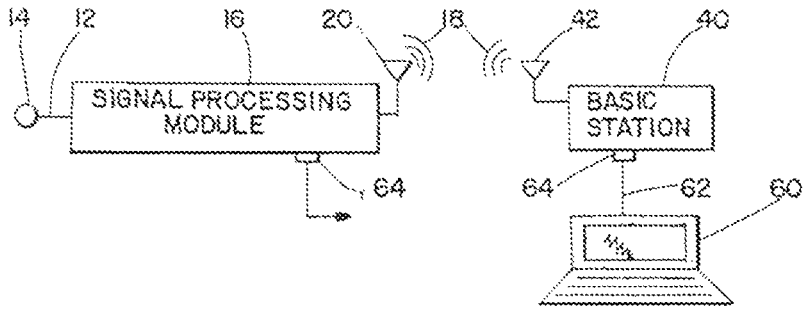


Fig. 1

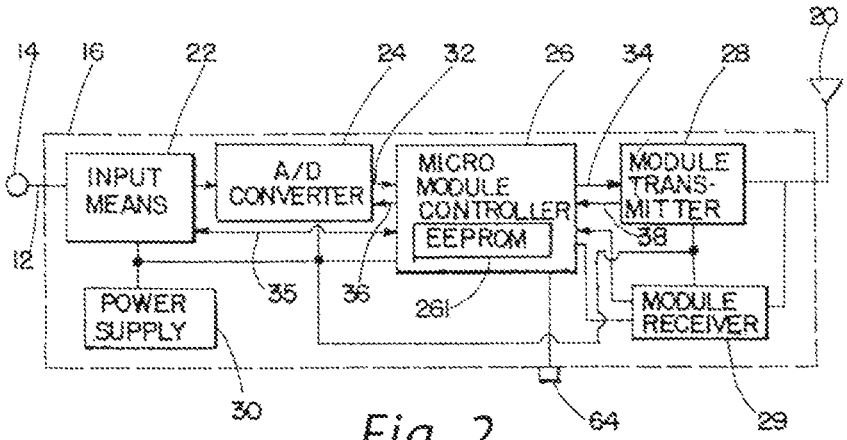


Fig. 2

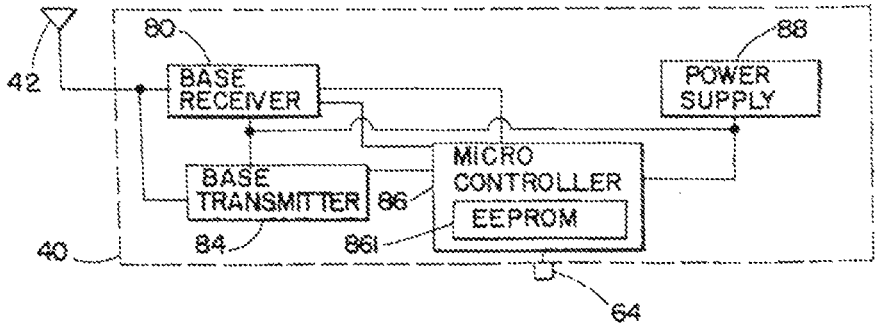


Fig. 3

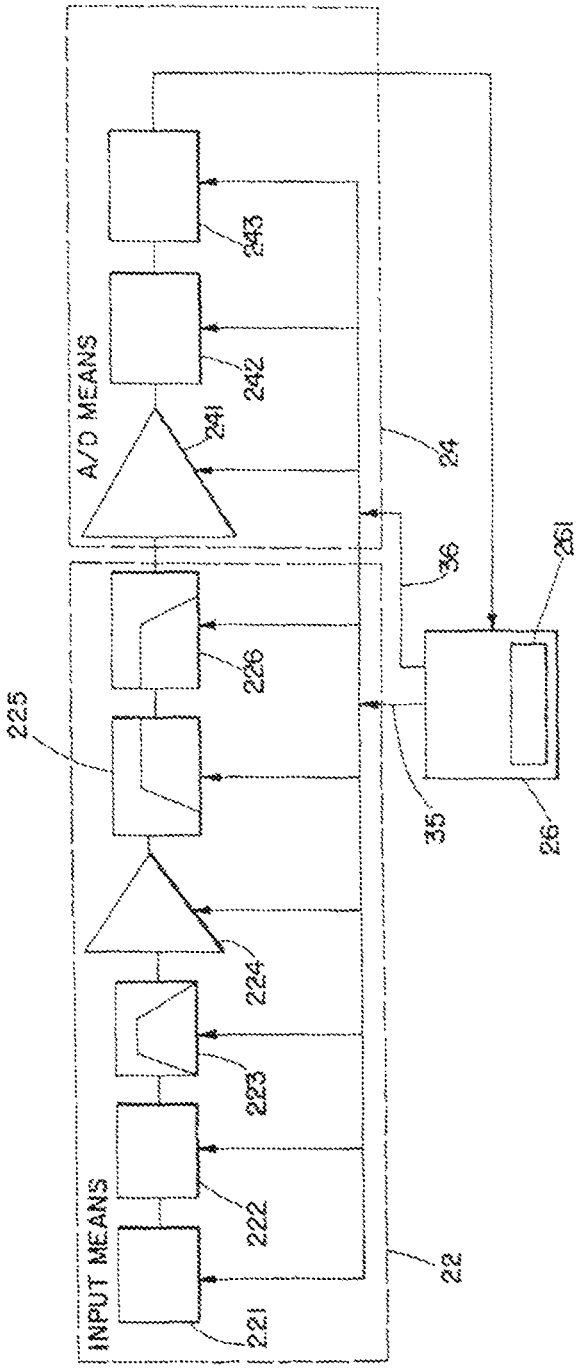

A/D MEANS
INPUT MEANS
221
222
223
224
225
226
241
242
243
22
24
26
261
35
36

Fig. 4

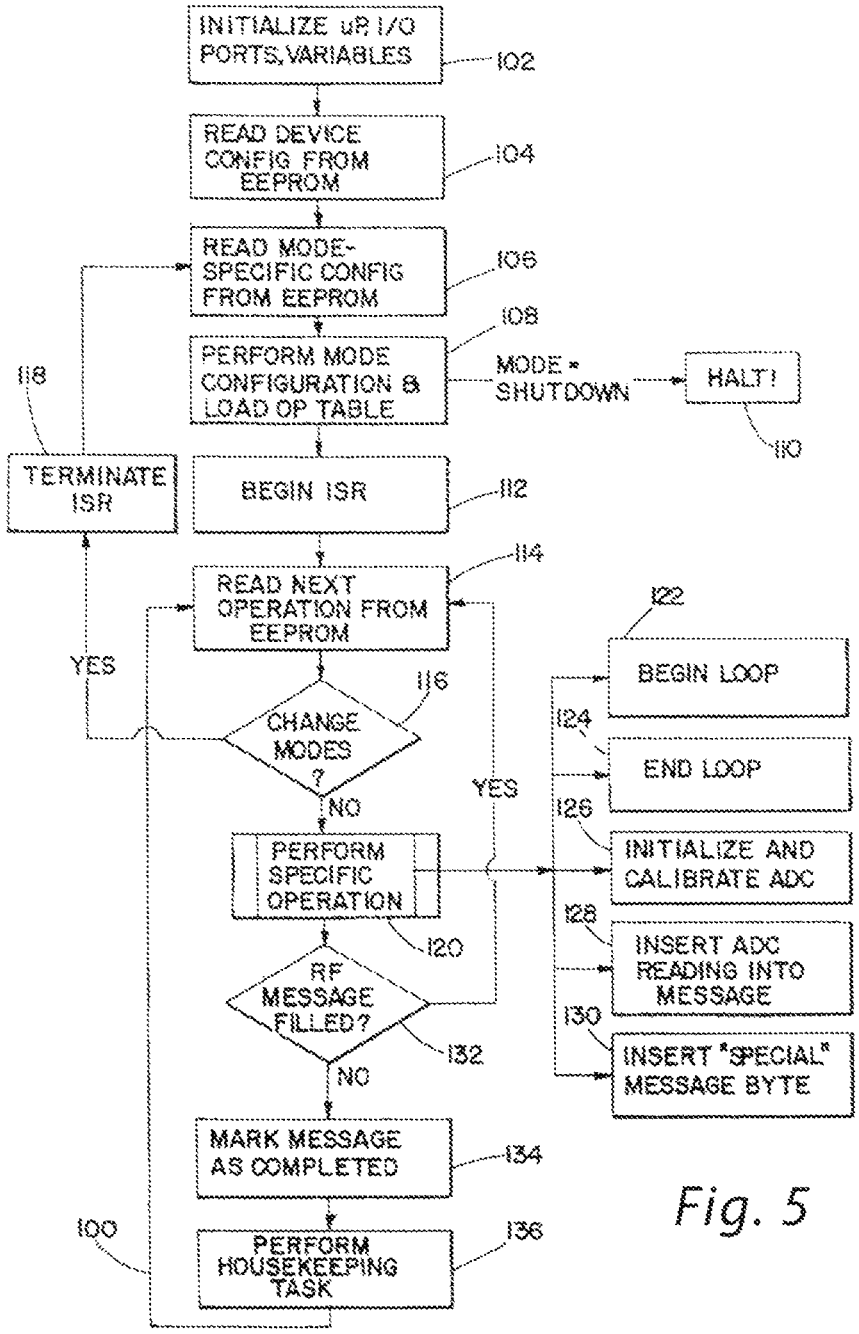

INITIALIZE uP, I/O PORTS, VARIABLES
102
READ DEVICE CONFIG FROM EEPROM
104
READ MODE-SPECIFIC CONFIG FROM EEPROM
106
PERFORM MODE CONFIGURATION & LOAD OP TABLE
108
MODE = SHUTDOWN
HALT!
110
118
TERMINATE ISR
BEGIN ISR
112
READ NEXT OPERATION FROM EEPROM
114
YES
CHANGE MODES ?
116
NO
YES
PERFORM SPECIFIC OPERATION
120
RF MESSAGE FILLED?
132
NO
MARK MESSAGE AS COMPLETED
134
100
PERFORM HOUSEKEEPING TASK
136
122
BEGIN LOOP
124
END LOOP
126
INITIALIZE AND CALIBRATE ADC
128
INSERT ADC READING INTO MESSAGE
130
INSERT "SPECIAL" MESSAGE BYTE

Fig. 5

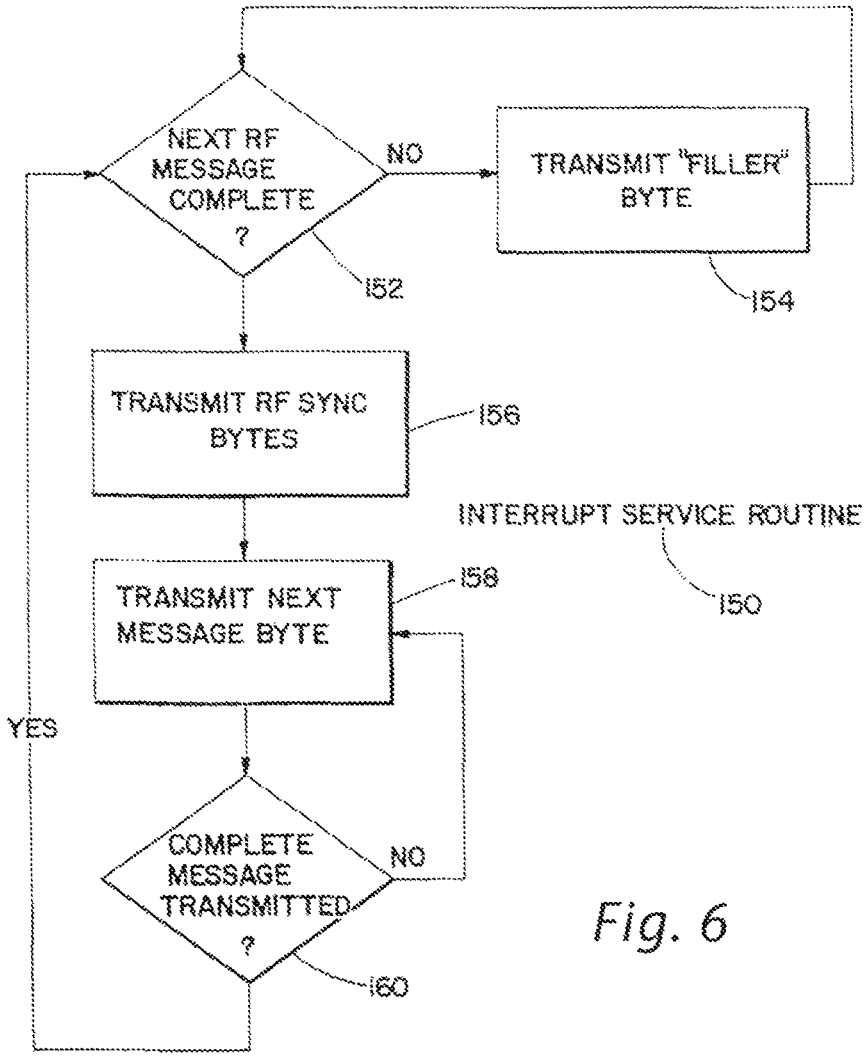

NEXT RF MESSAGE COMPLETE ?
NO
TRANSMIT "FILLER" BYTE
152
154
TRANSMIT RF SYNC BYTES
156
INTERRUPT SERVICE ROUTINE
150
TRANSMIT NEXT MESSAGE BYTE
158
YES
COMPLETE MESSAGE TRANSMITTED ?
NO
160

Fig. 6

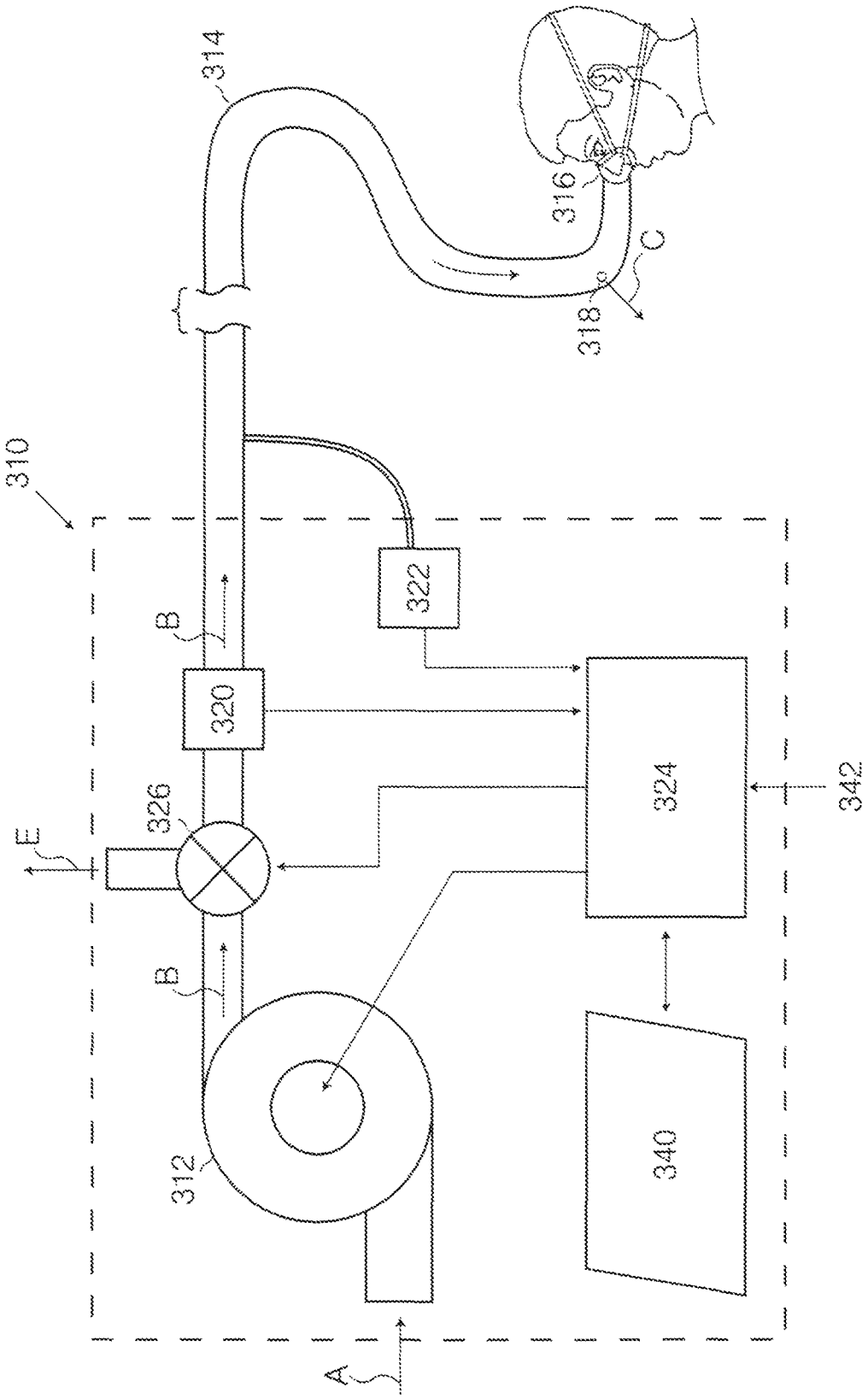


Fig. 7

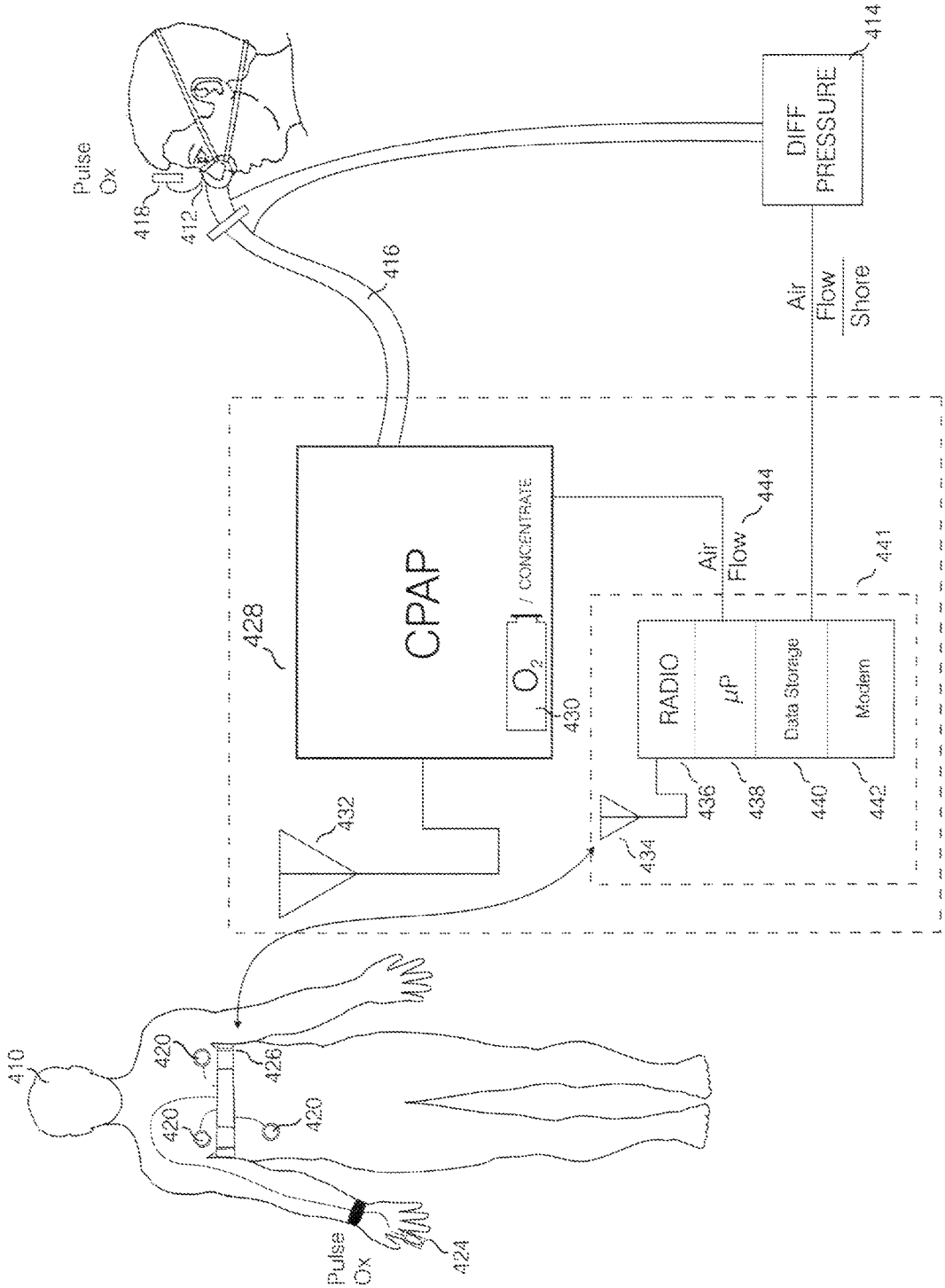

Pulse Ox
418
412
416
DIFF PRESSURE
414
Air Flow / Shore
CPAP
428
O_2 / CONCENTRATE
430
Air Flow
444
441
RADIO
μP
Data Storage
Modem
436
438
440
442
432
434
410
420
420
420
426
Pulse Ox
424

Fig. 8

DEVICES AND METHODS FOR SLEEP DISORDER DIAGNOSIS AND TREATMENT

CROSS REFERENCE TO RELATED APPLICATIONS

This patent application is a continuation of U.S. patent application Ser. No. 11/266,899 filed Nov. 4, 2005.

The U.S. Government has a paid-up license in this invention and the right in limited circumstances to require the patent owner to license others on reasonable terms provided for by the terms of grant number 2R44NS42451 awarded by the National Institutes of Health.

BACKGROUND OF THE INVENTION

1. Field of the Invention

The present invention relates to an integrated sleep diagnosis and treatment device, and more particularly to an integrated apnea diagnosis and treatment device. The present invention additionally relates to method of sleep diagnosis and treatment.

2. Technical Background

Nearly one in seven people in the United States suffer from some type of chronic sleep disorder, and only fifty percent (50%) of people are estimated to get the recommended seven (7) to eight (8) hours of sleep each night. It is further estimated that sleep deprivation and its associated medical and social costs (loss of productivity, industrial accidents, etc) exceed $150 billion dollars per year. Excessive sleepiness can deteriorate the quality of life and is a major cause of morbidity and mortality due to its role in industrial and transportation accidents. Sleepiness further has undesirable effects on motor vehicle driving, employment, higher earning and job promotion opportunities, education, recreation, and personal life.

Sleeping disorders such as for example narcolepsy and sleep apnea are currently diagnosed by two general methods. The first is via subjective methods such as the Epworth and Standford Sleepiness Scale, which generally involves questionnaires where the patients answer a series of qualitative questions regarding their sleepiness during the day. With these methods, however, it is found that the patients usually underestimate their level of sleepiness or they deliberately falsify their responses because of their concern regarding punitive action, or as an effort to obtain restricted stimulant medication.

The second is via physiological based evaluations such as all night polysomnography to evaluate the patients sleep architecture (e.g., obtaining respiratory disturbance index to diagnose sleep apnea) followed by an all day test such as the Multiple Sleep Latency Test (MSLT) or its modified version, Maintenance of Wakefulness Test (MWT). While the MSLT and MWT are more objective and therefore don't have the same limitations as mentioned for the subjective tests, the MSLT and MWT have their own limitations. Both the MSLT and MWT require an all-day stay at a specialized sleep clinic and involve monitoring a number of nap opportunities at two hour intervals throughout the day. Further, the MSLT mean sleep latency is only meaningful if it is extremely short in duration (e.g., to diagnose narcolepsy), and only if the overnight polysomnogram does not show any sleep disordered breathing. Another problem with the MSLT mean sleep latency is the so-called "floor effect" where the sleep

latency in the pathologically sleepy patients can be almost zero (0) minutes, i.e., the patient falls asleep almost immediately following turning off the light in the MSLT test. This type of result has a tendency to limit the diagnostic resolution of the test. Finally, studies have shown that the MSLT is not particularly suited for gauging the effects of therapeutic intervention. This was demonstrated in studies by Thorpy in 1992 and Van den Hoed et al. in 1981 showing no reliable reduction in sleepiness in patients given stimulant medications for narcolepsy.

With sleeping disorders such as sleep apnea medications or some physical form of therapy can be used to treat the disorder. The treatment is determined based on one of the above tests, and can be adjusted by re-testing of the patient at some later time to determine whether the condition or the symptoms have been alleviated.

For example, the most common method of treating the sleeping disorder of sleep apnea is by apply a continuous positive gas pressure to the patient's airway, which has the effect of forcing the patient to breath through application of the pressure. More advanced, but still very basic devices have been developed that adjust this continuous positive gas pressure through sensors built into the device for creating the positive gas pressure, which measure gas flow through the device. These basic adjustable devices have been found to be expensive and largely ineffective.

None of the devices on the market can be used to adjust a patient's treatment, whether physical or chemical, based on the patient's current physiological state. Further none of the current devices can be used to adjust a patient's treatment, based on the patient's current symptoms. Still further, none of the current devices can be used to predict the onset of symptoms of various sleeping disorders and provide treatment in anticipation of such symptoms. Still even further, none of the current devices can be used to adjust a treatment device based on the subject's physiological signals.

It is therefore an object of the present invention to provide a system and method of treatment, which analyzes a subject's sleeping disorder or symptoms and adjusts a treatment device based, in part, on this analysis. It is still another object of the present invention to have a closed loop system or partly closed loop system or method, which automatically adjusts a treatment device based on analysis of a subject's sleeping disorder or symptoms. It is still another object of the present invention to provide a system or method for treating a subject's sleeping disorder or symptoms that is predictive. It is still further another object of the present invention to provide a system or method of treating a subject's sleeping disorder or symptoms that uses a subject's physiological signals, e.g., EEG, EKG, EMG, etc.

SUMMARY OF THE INVENTION

The present invention relates to an integrated sleep diagnosis and treatment device, and more particularly to an integrated apnea diagnosis and treatment device. The present invention additionally relates to method of sleep diagnosis and treatment.

There are numerous embodiments of the present invention with a few of those listed below. The present invention further relates to a sleep diagnosis device integrated with a treatment device. The sleep disorder treatment system of the present invention can use a diagnosis device to perform various forms of analysis to determine or diagnose a subject's sleeping disorder or symptoms of a subject's sleep disorder, and using this analysis or diagnosis can with or in

some embodiments without human intervention treat the subject either physically or chemically to improve the sleeping disorder or the symptoms of the sleeping disorder. The diagnostic part of the system can use many different types of sensors and methods for diagnosing the severity of the symptoms of or the sleep disorder itself. The treatment part of the system can use a device to physically or chemical treat the subject's symptoms or sleep disorder itself.

The diagnostic part of the system or device can use various sensors for measuring the subject's brain wave signals, respirations and the like. Sensors for measuring the subject's brain wave signals include EEG electrodes and the like. Sensors for measuring the subject's respirations or oxygen levels include sensors to measure airflow, respiratory effort, oxygenation and ventilation, and the like. Measurement of airflow is preferably measured using sensors or devices such as a pneumotachometer, strain gauges, thermal sensors, transducers, piezo sensors, magnetometers, pressure sensors, static charge-sensitive beds, and the like. These sensors or devices, also preferably measure nasal pressure, respiratory inductance plethysmography, thoracic impedance, expired carbon dioxide, tracheal sound and the like. Measurement of respiratory effort is preferably measured by esophageal pressure, surface diaphragmatic EMG, and the like. Measurement of oxygenation and ventilation is preferably measured by pulse oximetry, transcutaneous oxygen monitoring, transcutaneous carbon dioxide monitoring, expired end carbon dioxide monitoring, and the like.

Signals from these sensors are then analyzed to determine the level of severity of the symptoms of the subject's sleep disorder and in some cases to diagnose the sleep disorder itself. One particular embodiment of the present invention involves diagnosing the level of severity of a subject's sleep apnea and with or without human intervention adjusting an apparatus for providing positive airway pressure to the subject. The treatment device can be adjusted by either by a closed loop control system which uses, in part, the data or signals from the diagnosis device to actuate a physical or chemical treatment system for the subject, or an open loop control system which can alert a human who then adjusts the treatment device based in part on the data or signals from the diagnosis device. Alternatively, signals from the sensors can be saved on a medium in order to be retrieved and analyzed at a later date. Media on which data can be saved include, but are not limited to chart recorders, hard drive, floppy disks, computer networks, optical storage, solid-state memory, magnetic tape, punch cards, etc.

The treatment device can be any device known to those skilled in the art. The treatment device can either physically or chemically treat the subject's sleeping disorder. An example of physically treating the subject's sleeping disorder would be a device to provide positive airway pressure to a subject. An example of chemically treating the subject's sleeping disorder would be to have a medication reservoir where a drug is delivered to the subject in order to treat symptoms of the sleeping disorder. A few of the many embodiments of the present invention are as follows.

In one embodiment, the present invention includes a sleeping disorder treatment system comprising a device for diagnosing and creating an output of a level of severity of a subject's sleeping disorder; and a device for physically or chemically treating a subject's sleeping disorder, which can be adjusted using the output of the level of severity of the subject's sleeping disorder.

In another embodiment, the present invention includes a sleep apnea treatment system comprising a device for diagnosing and creating an output of a level of severity of a subject's sleep apnea; and a continuous positive airway pressure (CPAP) device for treating the subject's sleep apnea, whose airflow rate can be automatically adjusted using the output.

In still another embodiment, the present invention includes a sleep apnea treatment system comprising a device for diagnosing sleep apnea comprising EEG sensors, and creating an output of a level of severity of a subject's sleep apnea; and a CPAP device for treating the subject's sleep apnea, which can be automatically adjusted using the output.

In still another embodiment, the present invention includes a sleeping disorder treatment system comprising a device for diagnosing and creating a output of a level of severity of a subject's sleeping disorder or symptoms, comprising at least two EEG electrodes for measuring the subject's electro-physiological signals; and a device for physically or chemically treating a subject's sleeping disorder or symptoms, which can be adjusted using in part the output of the level of severity of the subject's sleeping disorder.

In still another embodiment, the present invention includes a sleeping disorder treatment system comprising a device for diagnosing and creating a output of a level of severity of a subject's sleeping disorder or symptoms comprising at least two ECG electrodes for measuring the subject's brain waves; and a device for physically or chemically treating a subject's sleeping disorder or symptoms, which can be adjusted using in part the output of the level of severity of the subject's sleeping disorder.

In still another embodiment, the present invention includes a sleeping disorder treatment system comprising a device for diagnosing and creating a output of a level of severity of a subject's sleeping disorder or symptoms comprising a sensor for measuring the subject's blood gases; and a device for physically or chemically treating a subject's sleeping disorder or symptoms, which can be adjusted using in part the output of the level of severity of the subject's sleeping disorder.

Finally, in still another embodiment, the present invention includes a sleeping disorder treatment system comprising a device for diagnosing and creating a quantitative output of a level of severity of a subject's sleeping disorder or symptoms comprising a pulse oximeter sensor; and a device for physically or chemically treating a subject's sleeping disorder or symptoms, which can be adjusted using in part the output of the level of severity of the subject's sleeping disorder.

Additional features and advantages of the invention will be set forth in the detailed description which follows, and in part will be readily apparent to those skilled in the art from that description or recognized by practicing the invention as described herein, including the detailed description which follows, the claims, as well as the appended drawings.

It is to be understood that both the foregoing general description and the following detailed description are merely exemplary of the invention, and are intended to provide an overview or framework for understanding the nature and character of the invention as it is claimed. The accompanying drawings are included to provide a further understanding of the invention, and are incorporated in and constitute a part of this specification. The drawings illustrate various embodiments of the invention, and together with the description serve to explain the principles and operation of the invention.

BRIEF DESCRIPTION OF THE DRAWINGS

FIG. **1** is a block diagram an embodiment of part of the diagnostic device of sleeping disorder treatment system of the present invention.

FIG. **2** is a block diagram of an embodiment of the signal processing module of the sleeping disorder treatment system of the present invention.

FIG. **3** is a block diagram of an embodiment of a base station of part of the diagnostic device of the sleeping disorder treatment system of the present invention.

FIG. **4** is a block diagram of an embodiment of a base station of part of the diagnostic device of the sleeping disorder treatment system of the present invention.

FIG. **5** is a block diagram of an embodiment of the programming firmware in the signal processing module of part of the diagnostic device of the sleeping disorder treatment system of the present invention.

FIG. **6** is a block diagram of an embodiment of the programming of the interrupt service routine in the firmware in the signal processing module of part of the diagnostic device of the sleeping disorder treatment system of the present invention.

FIG. **7** is a schematic view of a pressure support system.

FIG. **8** is a schematic view of one embodiment of the sleep disorder treatment system of the present invention.

DESCRIPTION OF THE PREFERRED EMBODIMENT

The present invention relates to an integrated sleep diagnosis and treatment device, and more particularly to an integrated apnea diagnosis and treatment device. The present invention additionally relates to various methods of an integrating sleep diagnosis and treatment.

The sleep disorder treatment system of the present invention encompasses numerous embodiments. Various embodiments of the present invention include a device for diagnosing and creating an output of a level of severity of the subject's sleeping disorder and/or symptoms. The present invention includes devices and sensors for diagnosing a subject's sleeping disorder and/or symptoms including utilizing a subject's electro-physiological signals such as EEG, EKG, EMG, EOG and the like, a subject's blood gases such as CO^2 and O^2, and a subject's respiratory patterns using an accelerometer, chest-motion detector and the like.

Sleep apnea is defined as the cessation of breathing during sleep. There are three different types of sleep apnea: obstructive sleep apnea (OSA), central sleep apnea (CSA), and mixed sleep apnea (MSA). Of these three, OSA is the most common; CSA is rare; mixed sleep apnea is a combination of the previous two with treatment being the same as OSA. Treatment of OSA and CSA vary substantially which makes a proper diagnosis of the correct type of sleep apnea (OSA or CSA) critical for an effective treatment.

Obstructive sleep apnea is characterized by repetitive pauses in breathing during sleep due to the obstruction and/or collapse of the upper airway (throat), usually accompanied by a reduction in blood oxygen saturation, and followed by an awakening to breathe. This is called an apnea event. Respiratory effort continues during the episodes of apnoea. Multiple episodes of Apnoea may occur in one night, causing sleep disruption.

Central Sleep Apnea is defined as a neurological condition causing cessation of all respiratory effort during sleep, usually with corresponding decreases in blood oxygen saturation. The brainstem center controlling breathing shuts down there's no respiratory effort and no breathing. This is in contrast with OSA where there is respiratory effort from the brain stem but a physical blockage prevents inhalation of oxygen. The subject is aroused from sleep by an automatic breathing reflex, so the subject may end up getting very little sleep at all. CSA, which is a neurogical disorder, is very different in cause than OSA, which is a physical blockage—though the effects are highly similar.

Mixed sleep apnoea, as the name suggests, is a combination of the OSA and CSA. An episode of mixed sleep apnoea usually starts with a central component and then becomes obstructive in nature. Generally the central component of the apnoea becomes less troublesome once the obstructive apnoea is treated.

Sensors which can be used are known to those skilled in the art. These sensors include electrodes for measuring electro-physiological signals such as EEG, ECG, EMG, EOG and the like. These electro-physiological signals can be obtained by any method known in the art, or subsequently developed by those skilled in the art to detect these types of signals. Sensors include but are not limited to electrodes or magnetic sensors. Since electro-physiological signals are, in general, electrical currents which produce associated magnetic fields, the present invention further anticipates methods of sensing those magnetic fields to acquire brain wave signals similar to those which can be obtained through, for example, an electrode applied to the subject's scalp. The subject(s) referred to in the present invention can be any form of animal. Preferably the subject(s) are mammal, and most preferably human.

If electrodes are used to pick up the electro-physiological signals, these electrodes for example when measuring brain wave or EEG signals may be placed at one or several locations on the subject(s)' scalp or body. The electrode(s) can be placed at various locations on the subject(s) scalp in order to detect EEG or brain wave signals. Common locations for the electrodes include frontal (F), parietal (P), anterior (A), central (C) and occipital (O). Preferably for the present invention at least one electrode is placed in the occipital position. In order to obtain a good EEG or brain wave signal it is desirable to have low impedances for the electrodes. Typical EEG electrodes connections may have an impedance in the range of from 5 to 10 K ohms. It is in generally desirable to reduce such impedance levels to below 2 K ohms. Therefore a conductive paste or gel may be applied to the electrode to create a connection with an impedance below 2 K ohms. Alternatively or in conjunction with the conductive gel, the subject(s)' skin may be mechanically abraded, the electrode may be amplified or a dry electrode may be used. Dry physiological recording electrodes of the type described in U.S. patent application Ser. No. 09/949,055 are herein incorporated by reference. Dry electrodes provide the advantage that there is no gel to dry out, no skin to abrade or clean, and that the electrode can be applied in hairy areas such as the scalp. Additionally if electrodes are used as the sensor(s), preferably at least two electrodes are used—one signal electrode and one reference electrode; and if further EEG or brain wave signal channels are desired, the number of electrodes required will depend on whether separate reference electrodes or a single reference electrode is used. For the various embodiments of the present invention, preferably an electrode is used and the placement of at least one of the electrodes is at or near the occipital lobe of the subject's scalp.

If electrodes are used to pick up the electro-physiological signals, these electrodes for example when measuring cardiac signals using an ECG, may be placed at specific points on the subject's body. The ECG is used to measure the rate and regularity of heartbeats as well as the size and position of the chambers, any damage to the heart and in diagnosing sleeping disorders. As the heart undergoes depolarization and repolarization, electrical currents spread throughout the

body because the body acts as a volume conductor. The electrical currents generated by the heart are commonly measured by an array of preferably 12 electrodes, placed on the body surface. Although a full ECG test usually involves twelve electrodes, for the purposes of a sleep study only two are required. These are placed on the subject's left-hand ribcage, under the armpit and on the right-hand shoulder, near the clavicle bone. An ECG is important as a tool to detect the cardiac abnormalities that can be associated with respiratory-related sleeping disorders. Preferably electrodes are placed on each arm and leg, and six electrodes are placed at defined locations on the chest. The specific location of each electrode on a subject's body is well known to those skilled in the art and varies amongst individual and different types of subjects. These electrode leads are connected to a device contained in the signal processing module of the present invention that measures potential differences between selected electrodes to produce electrocardiographic tracings.

There are two basic types of ECG leads: bipolar and unipolar. Bipolar leads (standard limb leads) utilize a single positive and a single negative electrode between which electrical potentials are measured. Unipolar leads (augmented leads and chest leads) have a single positive recording electrode and utilize a combination of the other electrodes to serve as a composite negative electrode.

Other sensors can be used to measure various parameters of a subject's respirations. The subject's respirations can be measured by measurement of airflow, respiratory effort, oxygenation and ventilation, and the like. Measurement of airflow is preferably measuring using sensors or devices such as a pneumotachometer, strain gauges, thermal sensors, transducers, piezo sensors, magnetometers, pressure sensors, static charge-sensitive beds, and the like. These sensors or devices, also preferably measure nasal pressure, respiratory inductance plethysmography, thoracic impedance, expired carbon dioxide, tracheal sound and the like. Measurement of respiratory effort is preferably measured by esophageal pressure, surface diaphragmatic EMG, and the like. Measurement of oxygenation and ventilation is preferably measured by pulse oximetry, transcutaneous oxygen monitoring, transcutaneous carbon dioxide monitoring, expired end carbon dioxide monitoring, and the like.

One example of such a sensor for measuring respirations either directly or indirectly is a respiration belt. Respiration belts can be used to measure a subject's abdominal and/or thoracic expansion over a measurement time period. The respiration belts may contain a strain gauge, a pressure transducer or other sensors, which can indirectly measure a subject's respirations and the variability of respirations by providing a signal which correlates to the thoracic/abdominal expansion/contractions of the subject's abdominal cavity. Respiration belts may be placed at one or several locations on the subject's torso or in any other manner known to those skilled in the art. Preferably, the respiration belts are positioned below the axilla and/or at the level of the umbilicus in order to measure rib cage and abdominal excursions. More preferably, if respiration belts are used then at least two belts are used one being positioned at the axilla and the other at the umbilicus.

Another example of such a sensor or method for measuring respirations either directly or indirectly is a nasal cannula or a facemask. The nasal cannula or facemask can be used to measure the subject's respiratory airflow. Nasal or oral airflow can be measured quantitatively and directly with a pneumotachograph consisting of a standard oxygen nasal cannula or facemask respectively connected to a pressure transducer and placed in the nares or over the subject's mouth and nose respectively. Airflow can be estimated by measuring nasal or oral airway pressure that decreases during inspiration and increases during expiration. Inspiration and expiration produce fluctuations on the pressure transducer's signal that is proportional to airflow. A modified nasal cannula or facemask may also be used which is connected to a carbon dioxide or oxygen sensor to measure respective concentrations of these gases. In addition a variety of other sensors can be connected with either a nasal cannula or facemask to either directly or indirectly measure a subject's respirations.

Still another example of such a sensor or method of either directly or indirectly measuring respirations of the subject is the use of a pulse oximeter. The pulse oximeter can measure the oxygenation of the subject's blood by producing a source of light originating from the oximeter at two wavelengths (650 nm and 805 nm). The light is partly absorbed by haemoglobin, by amounts which differ depending on whether it is saturated or desaturated with oxygen. By calculating the absorption at the two wavelengths the proportion of haemoglobin which is oxygenated can be estimated. Preferably, pulse oximeters are placed on a subject's earlob or fingertip. More preferably, the pulse oximeter is placed on the subject's index finger.

Preferably, the signals from one or more of the aforementioned sensors are fed into some form of device with a processor or relayed to a processor for analyzing the one or more signals from these sensors through either a wireless system, a tethered system or some combination thereof.

One preferable embodiment of this device is a programmable wireless data acquisition system as shown in FIGS. **1-6** and described in more detail herein. This programmable wireless data acquisition system is used to receive the signals from one of more sensors and work with an internal or external processor to analyze the signals. Physiological data is transmitted between the physiological sensors of types described above and the signal processing module using either wired but preferably wireless technology. Once processed, the physiological signals are transmitted wirelessly to the base station. Wireless signals are both received and transmitted via use of a preferably external antenna. Frequencies used for transmission is primarily 902-928 MHz, but frequencies of 2.4-2.484 GHZ, or Wireless Medical Telemetry Bands (WMTS), 608-614 MHz, 1395-1400 MHz, or 1429-1432 MHz can also be used. In addition, IR or Bluetooth wireless technology can be used for data transmission. The communication between the signal processing unit and base station can also, or in addition, be hardwired, instead of wireless. The physiological sensors are generally hard wired to the signal processing unit, but due to the ongoing evolution in wireless sensor technology, signals from physiological sensors will likely be transmitted wirelessly to the signal processing unit, or alternatively, directly to the base station having an integrated signal processing unit.

Referring now to the drawings and, in particular to FIG. **1**, there is shown a block diagram of the present invention. An external input **12** from sensor **14** is input to signal processing module **16**. Although, one sensor **14** and one external input **12** are shown, the signal processing module **16** is capable of accepting multiple external inputs **12** from multiple sensors **14**. The signal processing module **16** generates a signal **18** encoded with data corresponding to the external input **12**. The signal processing module **16** transmits the signal **18** by wireless means to a base station **40**. In FIG. **1**, the wireless means is shown as radio frequency (RF). In

this case, the signal processing module generates a radio frequency signal **18** by frequency modulating a frequency carrier and transmits the radio frequency signal through module antenna **20**. The base station **40** receives the radio frequency signal **18** through base antenna **42**, demodulates the radio frequency signal **18**, and decodes the data. It is understood that other wireless means can be utilized with the present invention, such as infrared and optical, for example. Although one module antenna **20** and one base antenna **42** is shown in this embodiment, it is understood that two or more diversity antennas can be used and are included in the present invention. An external programming means **60**, shown in FIG. **1** as a personal computer, contains software which is used to program the signal processing module **16** and the base station **40** through data interface cable **62**. The data interface cable **62** is connected to the base station **40** and signal processing module **16** by respective connectors **64**. The same data interface cable **62** or two different interface cables **62** can be used, one for the base station **40** and one for the signal processing module **16**. The signal processing module **16** and the base station **40** can be programmed by connecting a data interface cable **62** between it and an external programming means **60** or by radio frequency (or other type) of signals transmitted between a base station **40** to the signal processing module **16** or to another base station **40**. RF signals, therefore, can be both transmitted and received by both signal processing module **16** and base station **40**. In this event the signal processing module **16** also includes a module receiver **29** while the base station **40** also includes a base transmitter **84**, in effect making both the signal processing module **16** and the base station **40** into transceivers. In addition, the data interface cable **62** also can be used to convey data from the base station **40** to the external programming means **60**. If a personal computer is the external programming means **60**, it can monitor, analyze and display the data in addition to its programming functions. The base receiver **80** and module receiver **29** can be any appropriate receivers, such as direct or single conversion types. The base receiver **80** preferably is a double conversion superheterodyne receiver while the module receiver **29** preferably is a single conversion receiver. Advantageously, the receiver employed will have automatic frequency control to facilitate accurate and consistent tuning of the radio frequency signal **18** received thereby.

Referring now to FIG. **2**, there is shown a block diagram of the signal processing module **16** with the sensor **14** and the module antenna **20**. The signal processing module **16** comprises input means **22**, analog-to-digital (A/D) means **24**, a module microcontroller **26** with a nonvolatile memory, advantageously, an EEPROM **261**, a module transmitter **28**, a module receiver **29** and a module power supply **30**. Although the module antenna **20** is shown externally located from the signal processing module **16**, it can also be incorporated therein. The module antenna **20** may be a printed spiral antenna printed on a circuit board or on the case of the signal processing module **16** or other type of antenna. A module power supply **30** provides electrical power to the signal processing module **16** which includes the input means **22**, A/D means **24**, module microcontroller **26** module transmitter **28** and module receiver **29**.

The input means **22** is adjustable either under control of the module microcontroller **26** or by means of individually populatable components based upon the specific external input **12** characteristics and range enabling the input means **22** to accept that specific external input **12**. For example, if the input is a 4-20 mA analog signal, the input means **22** is programmed by the module microcontroller **26** and/or populated with the components needed to accept that range and characteristic of signals. If the input characteristics change the programming and/or components change accordingly but the same platform circuit board design is utilized. In other words, the same platform design is utilized notwithstanding the character, range, or quantity (number of external inputs **12**) [up to a predetermined limit] of the input. For example, bioelectric signals such as EEG, EMG, EKG, and EOG have typical amplitudes of a few microvolts up to a few tens of millivolts. For a given application, a specific frequency band of interest might be from 0.1 Hz to 100 Hz, whereas another application may require measurement of signals from 20 Hz to 10 KHz. Alternatively, measurement of vital signs such as body temperature and respiration rate may deal with signals in a range of +5 volts, with a frequency content from DC (0 Hz) to 20 Hz. For other applications such as industrial process monitoring, the information of interest may be contained in the signal as a current, such as a 4 to 20 mA current loop sensor, or it may take the form of resistance, impedance, capacitance, inductance, conductivity, or some other parameter, The present invention provides a single device for measuring such widely disparate signal types and presents distinct economic advantages, especially to small enterprises such as a medical clinic located in a rural area, which would be empowered by this invention to conduct tests which would otherwise have required patient travel to a large medical center, with all the attendant cost thereof.

This is possible due to the selectively adaptable input means **22** and A/D means **24**, the frequency agile module transmitter **28** and base transmitter **84**, and the programmability of the module microcontroller **26** and EEPROM **261**. One universal platform design then can be utilized for all applications. In addition, the signal processing module can comprise multiple copies of the input means **22** and the A/D means **24**. Cost savings can be achieved by multiplexing at several different points in the input means **22** and the A/D means **24** allowing hardware to be shared among external inputs **12**.

After receipt by the input means **22**, the external input **12** is inputted to the A/D means **24**. The A/D means **24** converts the input to a digital signal **32** and conditions it. The A/D means **24** utilizes at least one programmable A/D converter. This programmable A/D converter may be an AD7714 as manufactured by Analog Devices or similar. Depending upon the application, the input means **22** may also include at least one low noise differential preamp. This preamp may be an INA126 as manufactured by Burr-Brown or similar. The module microcontroller **26** can be programmed to control the input means **22** and the A/D means **24** to provide specific number of external inputs **12**, sampling rate, filtering and gain. These parameters are initially configured by programming the module microcontroller **26** to control the input means **22** and the A/D means **24** via input communications line **35** and A/D communications line **36** based upon the input characteristics and the particular application. If the application changes, the A/D converter is reconfigured by reprogramming the module microcontroller **26**. In this manner, the input means **22** and the A/D means **24** can be configured to accept analog inputs of 4-20 mA, +/−5 volts, +/−15 volts or a range from +/− microvolts to millivolts. They also can be configured to accept digital inputs, for detection of contact closure, for example.

The module microcontroller **26** controls the operation of the signal processing module **16**. In the present invention, the module microcontroller **26** includes a a serial EEPROM

261 but any nonvolatile memory (or volatile memory if the signal processing module remains powered) can be used. The EEPROM 261 can also be a separate component external to the module microcontroller 26. Advantageously, the module microcontroller 26 may be PIC16C74A PIC16C74B or a PIC16C77 both manufactured by Micro-Chip, or an Amtel AT90S8515 or similar. The module microcontroller 26 is programmed by the external programming means 60 through the connector 64 or through radio frequency signal from the base station 40. The same module microcontroller 26, therefore, can be utilized for all applications and inputs by programming it for those applications and inputs. If the application or inputs change, the module microcontroller 26 is modified by merely reprogramming. The digital signal 32 is inputted to the module microcontroller 26. The module microcontroller 26 formats the digital signal 32 into a digital data stream 34 encoded with the data from the digital signal 32. The digital data stream 34 is composed of data bytes corresponding to the encoded data and additional data bytes to provide error correction and housekeeping functions. Advantageously, the digital data stream 34 is organized in data packets with the appropriate error correction data bytes coordinated on a per data packet basis. These packets can incorporate data from a single input channel or from several input channels in a single packet, or for some applications may advantageously include several temporally differing measurements of one or a plurality of input channels in a single packet. The digital data stream 34 is used to modulate the carrier frequency generated by the transmitter 28.

The module transmitter 28 is under module microcontroller 26 control. The module transmitter 28 employs frequency synthesis to generate the carrier frequency. In the preferred embodiment, this frequency synthesis is accomplished by a voltage controlled crystal reference oscillator and a voltage controlled oscillator in a phase lock loop circuit. The digital data stream 34 is used to frequency modulate the carrier frequency resulting in the radio frequency signal 18 which is then transmitted through the module antenna 20. The generation of the carrier frequency is controlled by the module microcontroller 26 through programming in the EEPROM 261, making the module transmitter 28 frequency agile over a broad frequency spectrum. In the United States and Canada a preferred operating band for the carrier frequency is 902 to 928 MHz. The EEPROM 261 can be programmed such that the module microcontroller 26 can instruct the module transmitter 28 to generate a carrier frequency in increments between 902 to 928 MHz. as small as about 5 to 10 KHz. In the US and other countries of the world, the carrier frequency may be in the 2400 to 2483.5 MHz. band, 5.725 to 5.875 GHz. band, or the 24.0 to 24.25 GHz. band, or other authorized band. This allows the system to be usable in non-North American applications and provides additional flexibility.

The voltage controlled crystal oscillator (not shown) in the module transmitter 28, not only provides the reference frequency for the module transmitter 28 but, advantageously also, provides the clock function 38 for the module microcontroller 26 and the A/D means 24 assuring that all components of the signal processing module 16 are synchronized. An alternate design can use a plurality of reference frequency sources where this arrangement can provide certain advantages such as size or power consumption in the implementation.

The module receiver 29 in the signal processing module 16 receives RF signals from the base station 40. The signals from the base station 40 can be used to operate and control the signal processing module 16 by programming and reprogramming the module microprocessor 26 and EEPROM 261 therein.

The base station 40 has a base antenna 42 through which RF signals 18 are received. Base microcontroller 86 controls the operation of the base station 40 including base receiver 80, base transmitter 82, and base power supply 88. Base receiver 80 receives the RF signal 18 from base antenna 42. The base receiver 80 demodulates the RF signal 18 and the base microcontroller 86 removes any error correction and performs other housekeeping tasks. The data is then downloaded through connector 64 to the external programming means 60 or other personal computer (PC) or data storage/viewing device for viewing in real time, storage, or analysis.

Referring now to FIG. 4, there is shown a block diagram of the input means 22 and A/D means 24 of the signal processing module 16, which provides for the data acquisition function of the present invention. The signal processing module 16 is variably configurable through software programming initiated by the external programming means 60 to the EEPROM 261 of the microcontroller 26. The variable configurability enables the signal processing module 16 to receive external inputs 12 having different characteristics and ranges and to provide variable sampling rate, filtering and gain of the external inputs 12 based upon such characteristics and range and/or the specific application. For example, if the present invention is utilized in a biomedical environment, EEG diagnosis and monitoring for instance, the sampling rate will need to be much higher than it would be for an industrial setting measuring thermocouple readings. The ability to reconfigure the system for varying signal characteristics arises at three separate levels in the present invention. For maximum flexibility, such reconfiguration can be carried out during a series of measurements by means of the wireless link, which is understood in this context to be bidirectional. Depending on the characteristics of the received signal 18, the base station 40 can command the signal processing module 16 to reconfigure the input means 22 and/or A/D means 24 to accept an external input 12 of larger amplitude, or a different frequency range, where signal characteristics change significantly during the course of a series of measurements. Alternatively, for cost, size, and power advantages, this adjustment could be carried out prior to a series of measurements, with the configuration information stored in memory in the signal processing module 16, where this memory is advantageously implemented in a nonvolatile form such as EEPROM 261, allowing the configuration information to be retained, for instance, across power outages and obviating the need for module receiver 29 and base transmitter 84, saving cost. A third alternative, which provides advantages in certain technical parameters, is to arrange the implementation of the signal processing module 16 such that minor changes in component values or parameters can reconfigure the same basic hardware to accept widely divergent external input 12 types. This reconfiguration could take place at the factory, providing cost and inventory advantages to the manufacturer, or it could be performed by the end user, providing similar cost advantages to the user in allowing one piece of equipment to perform multiple tasks.

A number of configurable components are shown in FIG. 4. Any given component of this arrangement, though, may be omitted, and, in some cases, the order of the components may be changed to gain certain advantages such as physical size, power consumption, or cost, without changing the basic spirit of the invention. Components in this FIG. 4 may be combined, either by having a single component carry out

the function of two or more of the components shown or by combining functions within a single package such as an integrated circuit or hybrid module. Certain components may also operate with a fixed configuration, limiting the flexibility of certain parameters while retaining the advantages of configurability in other components.

The external input **12** inputs to the input protection network **221**, which protects the signal processing module **16** against damage caused by faults or unanticipated conditions encountered at the external inputs **12**. Depending on the rigors expected to be encountered in any given application and the tolerance to size and weight, the input protection network **221** may be omitted, may consist of a simple resistor network, or may include more elaborate protection such as diodes, zener diodes, transorbs, gas discharge tubes, and other components commonly known to those of ordinary skill in the art. Typically, the input protection network **221** is not configurable but its configurability in the present invention provides advantages in certain applications. Configuration options can include adjustable limits on input voltage and/or current as well as rates of change of those parameters, and other electrical parameters as well. These configuration changes can be achieved by changes to component values on a common platform for smallest size, or can be changed under processor control by means of various switches such as relays. A signal within normally expected ranges passes essentially unchanged to the measurement type means **222**.

The measurement type means **222** allows selection of the external input **12** configuration. The measurement type means **222** may be used to configure the input circuitry to accept external inputs **12** which are single-ended voltage (a voltage with respect to a common reference shared between several signals), differential voltage (voltage between two defined conductors), differential current (current flowing through a conductor), single-ended current (current flowing to a common reference), frequency, capacitance, inductance, resistance, impedance, conductivity, or any other electrical parameter. The measurement type means **222** converts the external input **12** to a common parameter such as voltage or current, which can be interpreted by the succeeding blocks regardless of the original type of external signal **12** measured. One input channel can be built with several different measurement type means, which can be selectively enabled by means of an analog switch, such as that found in the AD7714 chip in the present invention. It is understood that the AD7714 chip can provide many of the functions of the A/D means **24** and the input means **22** thus reducing the overall size of the signal processing module **16**. In the preferred embodiment, the output of the measurement type means **222** is a varying voltage carrrying the information which was present in the original signal, or in certain cases, a series of voltage measurements, which are then conveyed to the prefilter **223**.

The prefilter **223** allows rejection of external inputs **12** of large signals which are outside the frequency band of interest, so that such signals do not saturate the low-noise preamplifier **224**. The prefilter **223** can be advantageously arranged to be a relatively simple filter to provide cost, size, and power advantages, because it need only reject out of band signals to the extent necessary to protect the low-noise preamplifier **224**. A typical application might use a simple "R-C" filter to reject offset voltages in an AC-coupled application, or to reject extremely high frequencies which fall well beyond the frequency band of interest, or a combination of the two. Configurability of this section can be limited to simply enabling or bypassing the prefilter **223**, or may be more elaborate in allowing selection of cutoff frequencies. In the preferred embodiment this prefilter consists of a simple RC filter which can be bypassed under firmware control, to minimize noise injection; however, an alternate embodiment could incorporate electrically adjustable components such as electronic potentiometers or varactors to provide even more flexibility at the expense of size and noise injection. The prefiltered signal is then passed to the low-noise preamplifier **224**.

The low-noise preamplifier **224** is advantageous in certain applications to allow application of gain to the external input **12** early in the signal chain, before significant noise is introduced by the inherent characteristics of certain components, such as thermal noise. Configurability of the gain applied at this step provides an advantage in allowing the present invention to accept larger external inputs **12** using a low gain (unity gain or lower), or alternatively to accurately measure very small external inputs **12** with minimal noise by using higher gain. This gain can be selectively chosen to be either a fixed value or unity gain under processor control by means of the signal selector built into the AD7714 used in the preferred embodiment, or can be designed to allow a selection of one of several gains by means of analog switches combined with a plurality of gain setting resistors. Gain applied at this stage has the net effect of dividing any downstream noise by the gain factor applied here. This more robust signal output by the preamplifier **224** is then passed to the AC coupling filter **225**.

The AC coupling filter **225** is a highpass filter used to allow the system to reject the DC offset or steady state value of an external input **12** wherein the offset is not of interest, allowing additional gain to be applied to the changes in the external input **12**. For instance, bioelectric signals such as EEG, EMG, or ECG are normally of interest only for the changes in those signals, and the absolute offset level is not of interest for diagnostic purposes. The cutoff frequency may be configured to allow adjustment of various parameters such as settling time, or may be adjusted to zero to effectively bypass the AC coupling filter **225**. In the preferred embodiment, the filter may be bypassed by use of the signal selector switch in the AD7714; however, the use of adjustable components such as electronic potentiometers or varactors would allow more flexibility in choosing the cutoff frequency, at the expense of size and power consumption. The resulting signal, now stripped of any interfering DC offset if so configured, is then passed to the antialias filter **226**.

The antialias filter **226** is a lowpass filter required to guard against false signals caused by aliasing between external input **12** content and sampling rate of downstream sampling functions such as multiplexing or analog-to-digital conversion. The Nyquist sampling theorem shows that any frequency content in the sampled signal which is higher than one-half the sampling rate of the sampling function will cause aliasing, which results in false signals. In practice the antialias filter **226** is more commonly set to a smaller fraction of the sampling rate, usually between ¼ and 1/10 the sampling rate. Regardless of the rate or ratio used, the cutoff frequency of the antialias filter **226** must change when the sampling rate changes significantly, to retain the most advantageous ratio of the sampling rate to the filter passband. The programmable cutoff frequency of the antialias filter **226** is thus required to allow for variable sampling rates. In the preferred embodiment, the high sampling rate of the delta sigma modulator in the AD7714 permits the use of a simple fixed RC type filter, with the anitalias filtering begin provided as an inherent digital filter in the AD7714; how-

ever, an alternate embodiment might use a switched capacitor filter such as the MAX7409 or other filter with a programmable cutoff frequency. The resulting filtered signal is then conveyed to the programmable gain amplifier **241** in the A/D means **24**.

The programmable gain amplifier **241** adjusts the external input **12** amplitude to match the amplitude accepted by the A/D converter **242**. In the preferred embodiment this programmable gain amplifier is included in the AD7714 integrated circuit, but this function could also be provided with a dedicated programmable gain amplifier, or alternatively through the use of analog switches or adjustable components such as potentiometers or DACs. If too much gain is applied, the programmable gain amplifier **241** itself or downstream components will saturate, introducing severe distortion and usually rendering the external input **12** unmeasureable. If, on the other hand, insufficient gain is applied here, the quantization noise of the analog-to-digital conversion process comes to dominate the external input **12**, causing a severe degradation in the signal-to-noise ratio. For instance, a typical 16-bit A/D converter **242** can distinguish between 2.sup.16 or 65536 distinct levels. With an A/D converter **242** input range of .+−0.3 volts, each level reperesents 92 .mu.V. If insufficient gain is applied to the external input **12** such that the total signal swing is only 200 .mu.V, the A/D converter **242** will convert at most three distinct levels, rendering fine features of the external input **12** totally illegible. The module microcontroller **26** therefore adjusts the gain applied in the programmable gain amplifier **241** such that the expected external input **12** as processed and filtered by the preceding elements as described above, is amplified to cover as much of the A/D converter **242** input range as practical, or some other gain which optimizes signal features of interest. Additionally, in some applications it is advantageous to have the module microcontroller **26** adjust this gain dynamically depending upon the actual measured external input **12**. For instance, the module microcontroller **26** might increase the programmable gain amplifier **241** gain when a measured external input **12** is very small, and then decrease the gain to avoid saturation when the external input **12** amplitude increases. This automatic gain control provides an increase in the total dynamic range achievable by the system without requiring expensive, large, and power-hungry components such as very high resolution A/D converters **242**. The signal resulting from application of the specified gain is then passed to the A/D converter **242**.

At least two parameters of a typical A/D converter **242** can be readily adjusted to achieve various goals as the situation dictates. First, the sampling rate may be adjusted to balance the conflicting goals of high fidelity measurements and low digital data rate. Where a signal has no high frequency content of interest, the sampling rate may be adjusted to a very low rate to minimize the demands on downstream processes such as digital filtering or telemetering of the data. On the other hand, sampling an external signal **12** with significant high-frequency content of interest demands a higher sampling rate. In the preferred embodiment, the sampling rate is programmable via the AD7714; in other implementations the sampling rate can be made adjustable by means of an externally applied sampling clock to an A/D converter. The adjustable sampling rate allows the controller to adapt the A/D converter **242** to best meet the system demands of the moment.

In a similar fashion, selection of the resolution provided by the A/D converter **242** must balance faithful reproduction of the external input **12** against total digital data rate. Depending on the particular A/D converter **242** used, there may also be a tradeoff of the maximum achievable sampling rate against the selected resolution, wherein selection of a higher resolution lowers the maximum attainable sampling rate. Again the module microcontroller **26** can adjust this parameter to best meet the system requirements, selecting higher resolution when smaller changes in the measured signal amplitude must be reported, and lower resolution when the lack of such a requirement allows advantages in the form of either a higher sampling rate or a lower digital data rate. In the preferred embodiment, the AD7714 can be programmed to either 16 bit or 24 bit resolution, and the firmware running in the microcontroller can selectively transmit 8, 12, 16, or 24 bits of the acquired data. The digital filter **243**, the module microcontroller **26**, or other downstream process can also reject certain portions of the digital data stream to provide an effective decrease in resolution where this decrease is advantageous, especially when the data must later cross a bandwidth-limited link such as a RF, IR or optical link. The A/D converter **242** passes the signal, now in the form of a succession of digital values, to the digital filter **243** for further processing.

The digital filter **243** extracts external input **12** parameters of interest while rejecting other signals, commonly referred to as noise. Implementation of the digital filter **243** could alternatively be in the form of analog filters applied anywhere in the signal chain prior to the A/D converter **242**, but implementation as a digital filter **243** provides advantages as to programmability, calibration, drift, and accuracy. The digital filter **243** could be implemented in many forms, depending upon the demands of the particular application. In the preferred embodiment, the digital filter is inherent in the analog to digital conversion process inside the AD7714, but it is understood that the digital filter **243** could be implemented as firmware inside the module microcontroller **26** itself, or as a digital signal processor, or as a specialized integrated circuit, or by some other means. Regardless of implementation, the programmability of the digital filter **243** allows the system to readily adapt to changing measurement requirements, whether those changes are brought about by changes in the environment, changes in the external input **12** itself, or changes in the focus of the overall system. The resulting output from the digital filter **243** is a stream of digital values, ready for further processing such as assembly into the desired format for transmission by the firmware.

Referring now to FIG. **5** there is shown a block diagram of the firmware of the present invention. The signal processing module **16** firmware defines several modes of operation **100**. There are several "test" modes which are used during factory calibration of the device. In addition, there are several operation modes which have mode-specific configuration. For example, the signal processing module **16** can be programmed to operate in a first operational mode in which it transmits calibration data (used to properly zero the analog inputs) for the first three seconds of operation (or for some other predetermined time), and then switches to a second operational mode which transmits analog signal information as collected from the A/D converters **242**. The configuration for each mode of operation is programmed in the non-volatile memory EEPROM **261**.

Once power is first applied to the signal processing module **16**, the module microcontroller **26** performs the basic device initialization, including proper configuration of the I/O ports and internal variables **102**. Next, the module microcontroller **26** reads the initial device configuration **104** from the EEPROM **261**. This configuration controls the input means **22** of the signal processing module **16**, including the number of external inputs (also herein referred to as

channels), the resolution of the A/D converter **242**, and the sampling rate of each individual input channel. This configuration also controls the operation of the module transmitter **28** in the signal processing module **16**, including the carrier frequency, modulation type, output power control, and the length in bytes of each transmitted RF message packet. This configuration also describes the initial mode of operation for the signal processing module **16**.

Once the initial configuration has been read, the module microcontroller **26** enters the first mode of operation described in the configuration. It reads the mode-specific configuration **106**, which includes the state of the module transmitter **28** and the analog inputs as used in the mode. This configuration can reside in EEPROM **261** or in module microcontroller **26** memory. The module microcontroller **26** then initializes all the peripheral devices according to this mode configuration **108**. In the special case that this is the "shutdown" mode, the module microcontroller **26** will perform a software power-down **110**.

Once the mode has been initialized, the module microcontroller **26** begins execution of the interrupt service routine (ISR) **112**, which is responsible for transmitting the data in the form of messages along the modulated RF carrier. Operation of the interrupt service routine is asynchronous and distinct from the mainline code, and is described later.

The module microcontroller **26** begins execution of the mode-specific "opcodes" **114**, which are a sequence of instructions contained either in EEPROM **261** or in the module microcontroller **26** memory. These opcodes are performed for each operational mode. The module microcontroller **26** reads the first operational code from the EEPROM **261** and interprets the opcode, performing an appropriate action: If the opcode instructs the module microcontroller **26** to change modes **116**, the module microcontroller **26** terminates the ISR **118** and returns to the mode initialization, and begins execution of a new operational mode; if the opcode instructs the module microcontroller **26** to begin a loop construct **120**, the module microcontroller **26** begins the loop by initializing a loop counter variable **122**; if the opcode instructs the module microcontroller **26** to end a loop construct, the module microcontroller **26** increments the loop counter variable and determines if the loop is complete **124**. If not, the module microcontroller **26** resets the index of current opcode to the beginning of the loop, otherwise it sets the index of the next opcode to after the loop; if the opcode instructs the module microcontroller **26** to initialize a single A/D converter **242**, the module microcontroller **26** will perform the specified calibration **126**; if the opcode instructs the module microcontroller **26** to the read a single A/D converter **242**, the module microcontroller **26** will take the reading and insert the data into the current message to be transmitted over the RF carrier **128**; if the opcode instructs the module microcontroller **26** to insert a special byte of data into the RF message, the module microcontroller **26** will insert this data into the message **130**. This special message byte may include an identifier to uniquely identify the signal processing module **16**, an error check field such as a cyclic redundancy check, or some data representing the internal state of the signal processing module **16** such as the RF frequency, measured temperature, etc.

After each opcode has been read and interpreted, the module microcontroller **26** determines if the RF message has been completely filled and is ready to be transmitted over the RF carrier **132**. If it has, the module microcontroller **26** marks a flag variable for the interrupt service routine to begin transmitting the RF message **134**.

Next, the module microcontroller **26** performs any housekeeping tasks, such as updating the RF tuning parameters based on changes in temperature, updating timers, etc. **136**. Finally, the module microcontroller **26** returns to execute the next opcode in the sequence **114**.

Referring now to FIG. **6** there is shown a block diagram of the software programming function of the ISR **150**. The ISR is responsible for transmitting the individual message bytes over the RF carrier. The ISR is executed by a hardware interrupt which occurs immediately before every byte to be transmitted over the RF carrier. The ISR detects whether an RF message is completely filled **152**. If the ISR detects (based on the flag variable) that an RF message is not yet completely filled by the main code, the ISR transmits a "filler" byte, or a byte with an even number of "1" and "0" bits **154**. This acts to maintain an even (50%) modulation duty cycle on the carrier frequency.

Once the ISR detects that the main code has filled an RF message to be transmitted, it transmits the RF sync bytes **156**. These are two unique bytes transmitted at the beginning of every RF message which are easily identified by the base station **40** as the start of a message.

Once the RF sync bytes have been transmitted, the ISR transmits each message byte of the RF message, in sequence **158**. Once the RF message has been completely transmitted **160**, the ISR resumes transmitting filler bytes until the next RF message is filled by the main code.

Because of the phase locked loop based frequency synthesizer used in the present invention, the module transmitter **28** and base transmitter **84** are frequency agile over the frequency range. Since the module receiver **29** and the base receiver **80** employ automatic frequency control, the present invention consumes relatively low power as the module transmitter **28** and base transmitter **84** can be intermittently powered down without loosing reception due to drift or sacrificing data transmission accuracy. The utilization of programmable firmware allows inexpensive and flexible operation for the inputting, conditioning and processing of any type, character and range of the external inputs. This also allows the module microcontroller **26**, in response to the variation of the external inputs **12** or, in response to instructions received by RF signal through the module receiver **29**, to adapt the signal processing module **16** based upon the variations allowing the signal processing means **16** to input, condition, process and transmit said external input notwithstanding said variation. The present invention performs this adaptation without the need to modify or alter hardware or select or use different hardware already present in the device. In other words all adaptation can be accomplished by software programming totally.

One or more sensors are used to develop the data or signals used in the present invention for determining a quantitative level of severity of a subject's sleeping disorder and/or symptoms. In various embodiments, preferably at least two EEG electrodes are used to develop this data. In other embodiments, preferably, at least two ECG electrodes are used. In still other embodiments, preferably a pulse oximeter is used. In still even other embodiments, preferably, either an O^2 or CO^2 blood gas monitor is used.

The signals from the one or more sensors used in various embodiments of the present invention are preferably analyzed using a processor and software that can quantitatively estimate or determine the severity of the subject's sleeping disorder or symptoms. Using either the microcontroller **26** of a data acquisition system, a separate computer, base station or processor, a PDA, a processor on a device for treating the subject's sleeping disorder or a combination of

these processors, the severity of the subject's sleeping disorder and/or symptoms is determined and is used at least in part to regulate the physical or chemical treatment of the subject. Also optionally, the one or more sensors used in the system of the present invention can also be tethered to a computer, base station, cell phone, a PDA or some other form of processor or microprocessor.

The processor or microprocessor of various embodiments of the present invention can be part of a remote communication station or base station. The remote communication station or base station can also be used only to relay a pre- or post-processed signal. Preferably, the remote communication station or base station can be any device known to receive RF transmissions such as those transmitted by the wireless data acquisition system described herein. The remote communication station or base station by way of example but not limitation can include a communications device for relaying the transmission, a communications device for re-processing the transmission, a communications device for re-processing the transmission then relaying it to another remote communication station, a computer with wireless capabilities, a PDA with wireless capabilities, a processor, a processor with display capabilities, and combinations of these devices. Optionally, the remote communication station can further transmit data both to another device including the subject's treatment device and/or back. Further optionally, two different remote communication stations can be used, one for receiving transmitted data and another for sending data. For example, with the sleep diagnosis and treatment system of the present invention, the remote communication system of the present invention can be a wireless router, which establishes a broadband internet connection and transmits the physiological signal to a remote internet site for analysis, preferably for further input by the subject's physician or another clinician. Another example is where the remote communication system is a PDA, computer or cell phone, which receives the physiological data transmission, optionally re-processes the information, and re-transmits the information via cell towers, land phone lines, satellite, radio frequencies or cable to a remote site for analysis. Another example is where the remote communication system is a computer or processor, which receives the data transmission and displays the data or records it on some recording medium, which can be displayed or transferred for analysis at a later time.

The quantitative method for estimating or determining the severity of the subject's sleeping disorder or symptoms is preferably accomplished by using signals or data from the one or more sensors described herein. More preferably, this quantitative method is accomplished in real-time, allowing the subject's symptoms to be treated as they occur. By real-time it is meant that the quantitative diagnosis step is accomplished predictively or within a short period of time after symptoms occur which allows for immediate treatment, thereby more effectively reducing the health affects of such disorder while at the same time also minimizing side effects of the treatment chosen. By real-time, preferably the diagnosis is accomplished within 24 hours of receiving the signals from the one or more sensors on the subject, more preferably within 8 hours, even more preferably within 4 hours, still even more preferably within 1 hour, still even more preferably within 20 minutes, still even more preferably within 5 minutes, still even more preferably within 1 minute, still even more preferably within 10 seconds, still even more preferably within 1 second, still even more preferably within 0.1 seconds and most preferably within 0.01 seconds.

Various algorithms known to those skilled in the art are used to filter out noise from the signal or data, and to then quantify the level of severity of the subject's sleeping disorder or symptoms. This filtered data is then is preferably analyzed using the techniques described in the following paragraph In addition to these sleeping disorder data or signal analysis techniques various controller schemes can be used.

Various sleeping disorders have symptoms that can be predicted based on various combinations of physiological signals or data. Various embodiments of the present invention include the approach to identifying these symptoms prior to onset by identifying various characteristic shifts in the power spectrum of the sensors being used to monitor these physiological conditions. This characteristic shift in these signals or data can be identified and used to trigger an actuator on the physical or chemical treatment device(s) to provide for delivery of a certain level of treatment. The various embodiments of the present invention include but are not limited to the following signal-processing techniques that are utilized to predict the onset of these symptoms. These are: (i) the standard deviation technique, (ii) a recursively fit ARMAX system identification model, (iii) the Short-Time Fourier Transform (SFFT) technique, and (iv) time-frequency signal analysis with a variety of different kernels. The present invention would also include other on-line signal processing algorithms known to those skilled in the art, such as wavelet analysis, which is similar to time-frequency analysis with a particular kernel function, to identify the shift in power spectrum associated with imminent flow separation that is discussed herein.

The standard deviation technique operates on the principle that there is an increase in pressure fluctuation as the flow begins to separate from the surface of an airfoil, due to either increasing angle of attack or unsteady flow. A sharp increase in the standard deviation of pressure data is observed immediately prior to stall. To trigger the deployment the flow effectors and initiate fluid flow control, a threshold standard deviation can be calculated for each pressure sensor and programmed into the control strategy.

The second embodiment of a method to identify the shift in measured power spectrum of the signal from the pressure transducer to identify stall utilizes a recursively identified system model, particularly an Auto-Regressive Moving Average (ARMA) model. Advantageously, the controller is the ORICA™ controller, an extended horizon, adaptive, predictive controller, produced by Orbital Research, Inc. and patented under U.S. Pat. No. 5,424,942, which is incorporated herein by reference. The ARMA recursive identification method attempts to fit specific models to the measured data or signals. Evaluation of this data reveals distinct, identifiable model order shifts based, which can be used to actuate the treatment device at various levels. Further analysis of the frequency spectrum of the physiological data related to various sleeping disorders reveals recognizable changes in this data or signals. This clear characterization alongside the model order shifts allows the ORICA identifier to classify discrete models based upon various physiological conditions of the subject, thus allowing precisely controlled treatments to be delivered to the subject or patient. A simple function minimization based upon the error associated with each model will enable adaptive model selection for the subject's physiological condition. As the subject's physiological conditions moves toward various critical conditions or symptoms, the model with the best fit to the data will shift into a higher order model. This model shift foretells the onset of the symptom. A second sub-method of identifying

impending symptoms using the ARMA and other related models is to track the poles of the identified system model based on the subject over time. As the subject's physiological condition moves toward certain designated critical symptoms, the poles of the identified system model will move toward a condition of symptom onset, thereby indicating to the control system that certain critical symptoms are impending. Either of these two signal identification techniques based on fitting a mathematical model to the system can be utilized to predict the onset of the subject's symptoms. The ARMA model can be adapted to resemble other canonical model forms thereby demonstrating similarity to other system identification methods based on Kalman filtering and similar approaches.

A third embodiment of a method for quantifying the power spectrum measured by the one or more sensors is by using Short-Time Fourier Transforms (STFT). A Discrete Fourier transform (DFT), and its numerically efficient complement the Fast Fourier Transform (FFT), both provide frequency information of a digitized signal or data from the sensors. The DFT and FFT both assume that the signal that is being measured is stationary in time. However, in the case of the subject being tested and treated, the measured signal or data is not stationary in time, which means a typical DFT/FFT approach is inapplicable. However, for short time periods the signal maybe considered to be stationary. Therefore, it is possible to estimate the mean power spectrum by segmenting the physiological data or signals into epochs lasting anywhere from 0.1-5 seconds each, and then applying a discrete-time Fourier transform (DFT) to the windowed data. The DFT is used to calculate the power spectrum of the signal for that epoch. Then the spectral mean and median density are calculated from the power spectrum of the signals from each epoch. Using this method it is possible to identify specific frequency content in the data. As the subject begins to experience the onset of various critical symptoms, the frequency spectrum of the measured and analyzed data will shift, which indicates to the control system that the symptom is beginning.

A fourth embodiment of a signal processing method which can provide indications to the control system that various symptoms are impending, to enable either actuation of the treatment device, is to analyze the sensor data using a time-frequency transform. A time-frequency transform enables both frequency resolution and estimation stability for highly non-stationary signals, which typifies some types of such as some of the data or signals related to various physiological conditions. This is accomplished by devising a joint function of both time and frequency, a distribution that describes the energy and density of a signal simultaneously in both time and frequency. The general form of the time-frequency transform is given by the following

$$P(t, w) = \frac{1}{4\Pi^2}\int\int\int e^{-j\theta t - j\tau\omega + j\theta u}\phi(\theta, t)\cdot s^*\left(u - \frac{1}{2}\tau\right)s\left(u + \frac{1}{2}\tau\right)du\ d\tau\ d\theta$$

This transform can be used to calculate instantaneous power spectra of a given signal. The actual transformation distribution is selected by changing the kernel, $\Phi(\theta,\tau)$. The function [e−1] is interesting since it is possible to identify any distribution invariant to time and frequency shifts by means of its kernel, and the properties of the kernel are strictly related to the properties of the distribution, given by [e−1].

The diagnostic device of the present invention is used to provide an output which is then used either automatically to adjust the treatment device or by a clinician or the subject to adjust the device which provides the physical or chemical treatment device which is another part of the system of the present invention. There are clearly many embodiments of the present invention, and we will attempt to describe a few herein.

Various embodiments of the present invention include a device for physically or chemically treating a subject's sleeping disorder, which can be adjusted using the output of the level of severity of the subject's sleeping disorder. Physical and chemical methods to treat sleeping disorders are known to those skilled in the art. With the sleep disorder treatment system of the present invention those as well as new physical and chemical treatments can be used and developed for treating a subject's sleeping disorder because the system of the present invention allows for direct treatment of the disease and particularly of symptoms as they occur. Physical methods to therapeutically treat sleeping disorders and symptoms of these disorders include continuous positive airway pressure (CPAP), electrical stimulation of the muscles and nerves, and the like. Chemical methods to therapeutically treat sleeping disorders and symptoms while less common include various pharmaceutical agents with various delivery techniques including oral delivery, injection, transdermal delivery, injection with a controlled pump, inhalation therapy and the like.

The present invention is envisioned to be particularly valuable in the treatment of sleep apneas. With the present invention it is envisioned that modifications can be made to a subject's treatment regiment as the severity or level or the subject's symptoms increase or decrease better regulating the therapeutic treatment of the subject's sleeping disorder. For example, with a subject who has sleep apnea, delivery of a physical treatment such as CPAP can be adjusted during the treatment based on the sleep diagnosis results. The CPAP machine would preferably be set up to receive some type of signal, which would cause an adjustment in the flow rate or pressure of the breathing gas being delivered to the subject.

FIG. **7** shows a schematic view of one embodiment of a device that can be used to physically treat a subject's sleep disorder, which can be further adjusted using the output of the level of severity of the subject's sleeping disorder. More particularly, FIG. **7** shows a particular type of physical treatment device known as continuous positive airway pressure (CPAP) device. This conventional pressure support system **310** shown in FIG. **7** includes a pressure generator **312**, a blower, piston or bellows, that receives a supply of gas from a gas source, such as ambient atmosphere, as indicated by arrow A, or pressurized gas tanks (not shown) and creates a flow of breathing gas, as indicated by arrows B, having a pressure greater than the ambient atmospheric pressure. A patient or subject circuit **314**, which is typically a flexible conduit, delivers the elevated pressure breathing gas to the airway of the subject. Typically the subject circuit is a single limb conduit or lumen having one end coupled to the pressure generator and a patient interface device **316** coupled to the other end.

The subject interface device **316** connects the subject circuit **314** with the airway of the subject so that the elevated pressure gas flow is delivered to the subject's airway. Examples of subject interface devices include but are not limited to nasal masks, nasal and oral masks, full face masks, nasal canulas, oral mouthpieces, tracheal tubes, endotracheal tubes, hoods and the like. The single limb subject circuit shown in FIG. **7** also includes an exhalation

port **318**, also commonly referred to as an exhalation vent, exhaust port, or exhaust vent, to allow gas, such as expired gas from the subject, to exhaust to the atmosphere, as indicated by arrow C. Generally, the exhaust vent **318** is located in the subject circuit **314** near the subject interface device **316** or in the subject interface device itself.

A more sophisticated pressure support device of the present invention includes a flow sensor **320**, pressure sensor **322**, or both that monitor the flow and/or pressure of gas passing in the subject circuit **314**. The flow information can also be used to determine the volume of gas passing through the subject circuit **314**. The information from the flow sensor **320** and/or pressure sensor **322** is used, for example, to control the pressure or flow of gas provided to the subject, monitor the condition of the subject, monitor the usage of the pressure support device, any combination thereof, or the like.

FIG. **8** shows a schematic view of one embodiment of the sleep disorder treatment system of the present invention. In FIG. **8**, a subject **410** is hooked up with a number of sensors **420**, **424**, **418**, and **426**. The subject **410** in this case is shown with a respiratory mask **412**, which is connected by an air hose or subject circuit **416** to a continuous positive air pressure device **428** similar to that shown in FIG. **7**. The signal or data from one or more of these sensors is picked up in this embodiment by a diagnostic device **441**, which comprises a radio **436** and antenna **434**; a microprocessor **438** for processing the data or signals to determine a level of severity of the subject's sleeping disorder or symptoms; the diagnostic device then transmits a signal based on this level of severity by either a tether **444** or radio signal (not shown) to an actuator (not shown) in the CPAP device **428**, which controls the flow of air or gas to the subject. The CPAP device **428** optionally has an O^2 tank connected, which can be used to increase the concentration of O^2 in the air being delivered to the subject. In addition, optionally the treatment device **428** has a sensor in the air hose **416**, which can measure the differential pressure **414** and thereby accurately measure air flow provided to the patient. Also optionally, the device can have a nebulizer (not shown) with a reservoir and pump to injecting medication into the nebulizer.

It will be apparent to those skilled in the art that various modifications and variations can be made to the present invention without departing from the spirit and scope of the invention. Thus, it is intended that the present invention cover the modifications and variations of this invention provided they come within the scope of the appended claims and their equivalents.

What is claimed:

1. A positive airway pressure (PAP) sleep disorder treatment system comprising:

a signal processing module comprising a first input adapted for connecting to a pulse oximeter sensor with a signal, electronics adapted for filtering and processing the signal, and an output adapted for outputting pulse oximetry sensor data;

a PAP device adapted for treating a subject's sleep disorder, the PAP device with a separate enclosure from the signal processing module further comprising:

a blower having an air output,

a second input adapted for receiving the pulse oximetry sensor data from the output of the signal processing module,

an airflow sensor internal to the PAP device adapted for measuring the respiratory airflow data of a subject using the PAP device, and

a processor adapted for receiving the pulse oximetry sensor data from the second input and the respiratory airflow data from the airflow sensor and calculating, based in part on both the respiratory airflow data and the pulse oximetry sensor data, sleep disorder symptom data of a level of severity and/or an index of a level of severity of the subject's sleep disorder symptoms measured during use of the PAP device;

a mask or a nasal cannula; and

a module transceiver adapted for receiving and transmitting the sleep disorder symptom data of the level of severity and/or the index of the level of severity of the subject's sleep disorder symptoms to a remote location.

2. The system of claim **1** wherein the second input in the PAP device and the output in the signal processing module are in wireless radio frequency bidirectional communication.

3. The system of claim **2** wherein the PAP device is adapted to command the signal processing module to reconfigure the output in the signal processing module by improving the gain for the signal or the A/D conversion of the signal.

4. The system of claim **1** wherein the signal is processed by the signal processing module using one or more of the signal processing techniques from the group consisting of a standard deviation technique, a recursively fit ARMAX system identification model, a short-time Fourier transform technique, a time-frequency signal analysis with a variety of different kernels, and a wavelet analysis.

5. A sleep disorder treatment system comprising:

a data acquisition system;

a positive airway pressure (PAP) device; and

a processor;

the data acquisition system consisting essentially of a data acquisition device having at least one first input adapted for receiving a first signal from a pulse oximeter sensor, an electronic component adapted for filtering and processing the first signal from the pulse oximeter sensor to remove artifacts, and a first output adapted for transmitting pulse oximeter sensor data based on the first signal from the pulse oximeter sensor to the PAP device;

the PAP device comprising:

a hose,

a blower,

an airflow sensor with a second signal adapted for measuring respiratory airflow of a subject,

a second input for receiving pulse oximetry sensor data from the data acquisition device; and

a mask or nasal cannula for treating a subject's sleep disorder symptoms; and

the processor adapted for receiving pulse oximetery sensor data from the second input and the respiratory airflow data from the airflow sensor, the processor further adapted for calculating, based in part on both data from the respiratory airflow and pulse oximetry sensors, sleep disorder symptom data of a level of severity and/or index of a level of severity of the subject's symptoms measured during the subject's use of the PAP device, the processor adapted to be either part of or external to the PAP device and having a second output, the second output adapted for providing sleep disorder symptom data and/or the index of the level of severity of the subject's symptoms to a non-volatile memory to be used for later transmission of the

sleep disorder symptom data and/or the index of the level of severity of the subject's symptoms to a remote location.

6. The sleep disorder treatment system of claim **5** wherein the first signal is processed by the signal processing module using one or more of the signal processing techniques from the group consisting of a standard deviation technique, a recursively fit ARMAX system identification model, a short-time Fourier transform technique, a time-frequency signal analysis with a variety of different kernels, and a wavelet analysis.

7. The sleep disorder treatment system of claim **5** wherein the first output in the data acquisition system and the second input in the PAP device are in wireless bidirectional radio frequency communication.

8. A sleep disorder treatment system comprising:

a data acquisition system, the data acquisition system comprising a data acquisition device having inputs for receiving signals from at least one physiological sensor, the data acquisition system for creating an output of the level of severity of a subject's sleep disorder or symptoms based in part on the signals from the at least one physiological sensor; and

a positive airway pressure apparatus for providing pressurized air and dosing and chemically treating a subject's sleep disorder or symptoms with a pharmaceutical agent, the positive airway pressure apparatus comprising a controller adapted to adjust the pharmaceutical agent, at least in part, using the output of the level of severity of the subject's sleep disorder from the data acquisition system.

9. The sleep disorder treatment system of claim **8** wherein the at least one physiological sensor comprises a pulse oximeter sensor.

10. The sleep disorder treatment system of claim **9** wherein the at least one physiological sensor further comprises a respiratory effort sensor.

11. The sleep disorder treatment system of claim **8** wherein the output of the level of severity from the data acquisition system is transmitted wirelessly by bidirectional radio frequency between the data acquisition system and a receiver in the positive airway pressure apparatus.

12. The sleep disorder treatment system of claim **11** wherein the controller is adapted to command a signal processing module in the data acquisition system to reconfigure the output of the data acquisition system.

13. The sleep disorder treatment system of claim **8** wherein the positive airway pressure apparatus comprises a nebulizer or a controlled pump to administer the pharmaceutical agent.

14. The sleep disorder treatment system of claim **8** wherein the signals from the at least one physiological sensor are processed by a signal processing module in the data acquisition system using one or more of the signal processing techniques from the group consisting of a standard deviation technique, a recursively fit ARMAX system identification model, a short-time Fourier transform technique, a time-frequency signal analysis with a variety of different kernels, and a wavelet analysis.

15. A positive airway pressure (PAP) sleep disorder treatment system comprising:

a PAP device with an enclosure further comprising:

a blower having an air output,

an airflow sensor internal to the PAP device adapted for measuring the respiratory airflow of a subject while using the PAP and outputting airflow sensor data;

a processor adapted for receiving the airflow sensor data, and calculating both symptom data of a severity of the subject's sleep disorder symptoms and/or an index of a subject's symptoms measured during use of the PAP device and data of usage of the PAP device;

a mask or a nasal cannula;

a first radio frequency wireless module transceiver; and

a base station, cellular phone, or PDA;

the first radio frequency wireless module transceiver adapted for receiving and transmitting the symptom data of the severity of the subject's sleep disorder symptoms and/or an index of a subject's symptoms measured during use of the PAP device and the data of usage to the base station, cellular phone or PDA;

the base station, cellular phone, or PDA comprising a second radio frequency wireless module transceiver, a processor, a software, and a display, the base station, cellular phone, or PDA adapted to display the symptom data of the severity of the subject's sleep disorder symptoms and/or the index of the subject's symptoms, and to retransmit the symptom data of the severity of the subject's sleep disorder symptoms and/or the index of the subject's symptoms and the data of usage received from the PAP device to a remote internet site.

16. The system of claim **15**, wherein the first radio frequency wireless module transceiver of the PAP device and the second radio frequency wireless module transceiver of the base station, cellular phone or PDA communicate using Bluetooth wireless protocol.

17. The system of claim **15**, wherein the index of the subject's symptoms is a respiratory disturbance index.

18. The system of claim **15**, wherein the PAP device further comprises an electronic component adapted to allow the PAP device to be adjusted remotely based on the symptom data of the severity of the subject's sleep disorder and/or the index of the subject's symptoms transmitted to the remote internet site.

19. The system of claim **15**, wherein the base station, cellular phone or PDA is adapted to be reprogrammed or modified remotely.

20. The system of claim **15**, wherein the airflow sensor data is processed using one or more of the signal processing techniques from the group consisting of a standard deviation technique, a recursively fit ARMAX system identification model, a short-time Fourier transform technique, a time-frequency signal analysis with a variety of different kernels, and a wavelet analysis.

* * * * *