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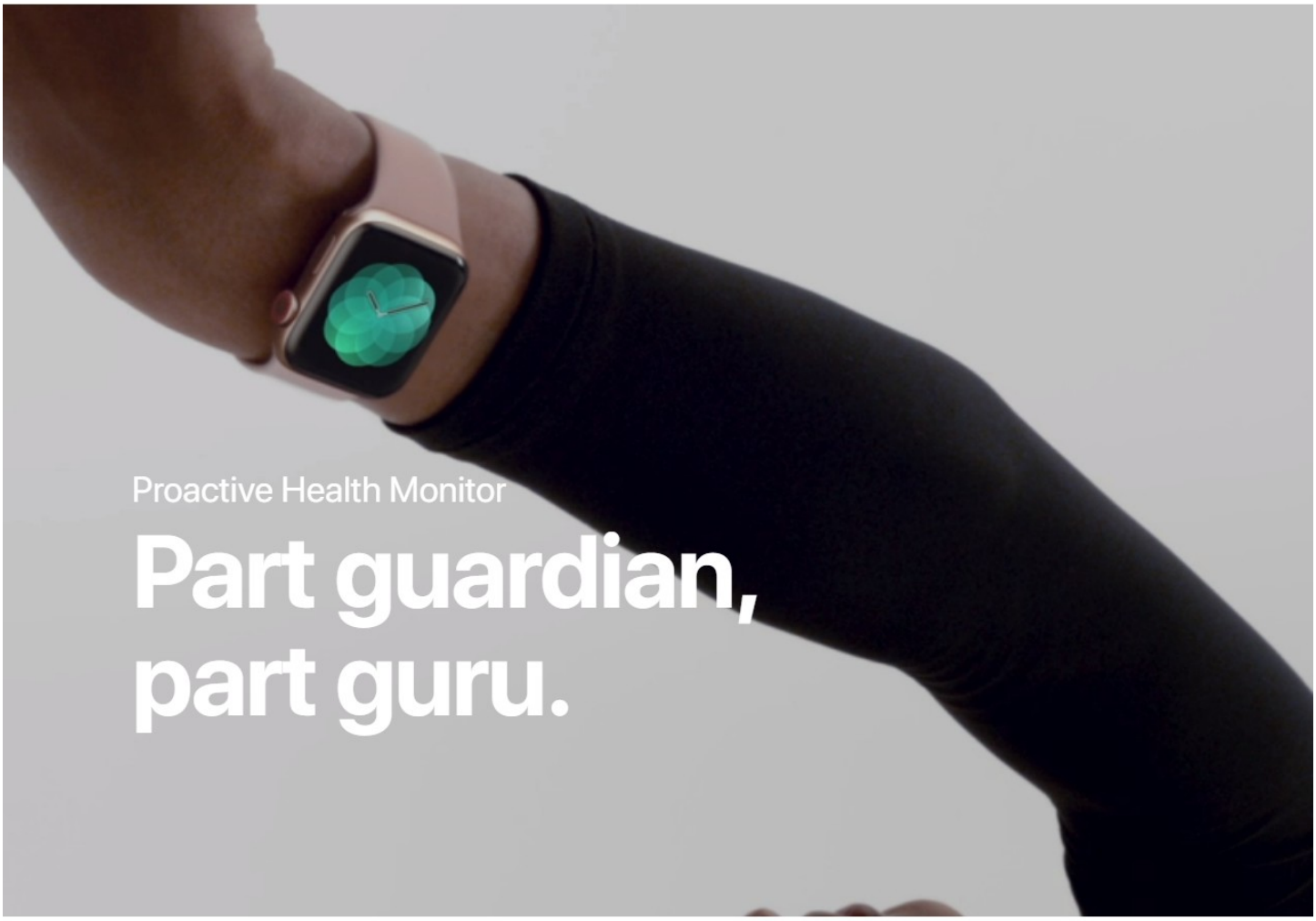
Apple Watch Series 4

Overview Design Health Workout Activity Connect Order



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ECG on your wrist. Anytime, anywhere.

Apple Watch Series 4 is capable of generating an ECG similar to a single-lead electrocardiogram. It's a momentous achievement for a wearable device that can provide critical real-time data for doctors and peace of mind for you.

ECG app coming later this year.

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Your finger can tell you a lot about your heart.

Electrodes built into the Digital Crown and the back crystal work together with the ECG app to read your heart's electrical signals. Simply touch the Digital Crown to generate an ECG waveform in just 30 seconds. This data can indicate whether your heart rhythm shows signs of atrial fibrillation — a serious form of irregular heart rhythm — or sinus rhythm,

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which means your heart is beating in a normal pattern.

ECG app coming later this year.

Digital Crown Electrode. The all-new Digital Crown contains a titanium electrode that reads the electrical heart impulses in your fingertip.

Back Crystal Electrode. An ultrathin chromium silicon carbon nitride layer applied to the sapphire crystal reads the electrical heart impulses in your wrist.

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Masimo Ex. 1020
IPR Petition - US D962,936

Electrical sensors read the beats.

Each beat of the heart sends out an electrical impulse. With the ECG app, Apple Watch Series 4 can read and record these impulses by connecting the circuit between your heart and both arms. The resulting ECG waveform, its classification, and any notes you've entered on related symptoms are automatically stored in the Health app on your iPhone. You can share them with your doctor and have a better-informed conversation about your health.

ECG app coming later this year.

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It's looking out for you.

Irregular heart rhythms (known as arrhythmias) and unusually high or low heart rates could be signs of a serious condition. But many people don't recognize the symptoms, so the underlying causes often go undiagnosed. Apple Watch Series 4 checks your heart and alerts you to these irregularities — so you can take action and consult your doctor.

Irregular rhythm notification coming later this year.

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Track all your health data in one convenient place.

All your heart data, as well as information from your health and fitness apps, is collected in your iPhone Health app. Activity, sleep, mindfulness, and nutrition are highlighted there in one snapshot.

Learn more about the Health app

ECG app coming later this year.

Fall detection.

With the new accelerometer and gyroscope, Apple Watch can detect that you've fallen. When an incident like this occurs, a hard fall alert is delivered, and you can easily initiate a call to emergency services or dismiss the alert. If you're unresponsive after 60 seconds, the emergency call will be placed automatically and a message will be sent to your emergency contacts.

Emergency SOS.

Emergency SOS allows you to quickly get help. It calls 911, notifies your emergency contacts, sends your current location, and displays your Medical ID badge on the screen for emergency personnel. And Apple Watch Series 4 with cellular does it all even when you're away from your phone.

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Fill your lungs. Clear your mind.

Taking moments throughout the day to stop, relax, and practice mindfulness can help reduce stress and improve overall health. The Breathe app keeps you centered by taking you through a series of calming breaths. It's now available as a watch face, so you can bring focus to your day just by raising your wrist.

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Classic Focus Calm

Apps that make health the first priority.

The right apps can play an important role in reminding you to keep up with healthy routines. Whether you want to drink more water, improve your sleep, or better manage a condition like diabetes, there's an app designed to help you prioritize your goal.

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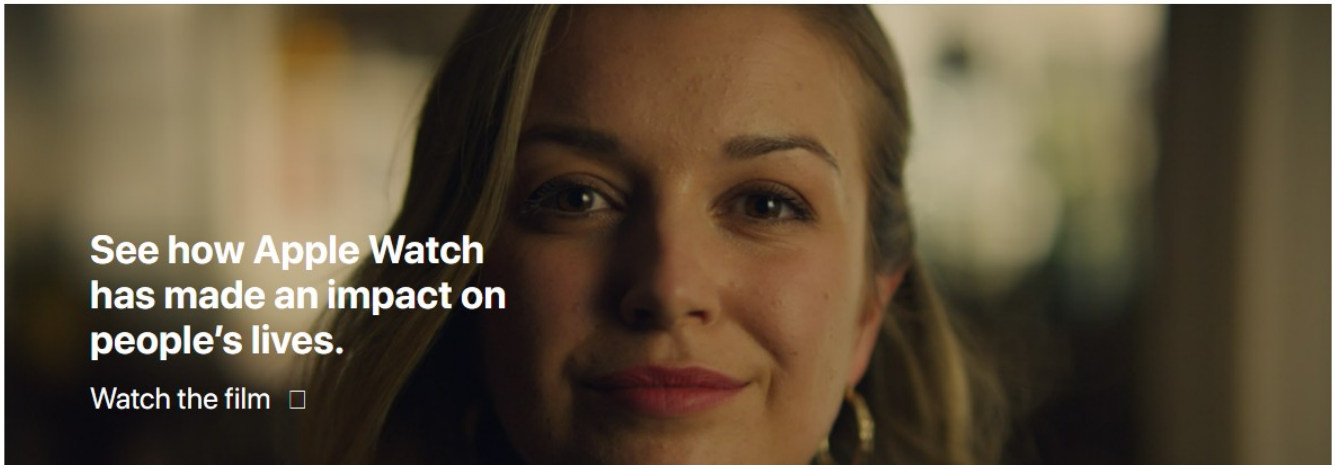
Clue - Period & Health Tracker. Track your menstrual cycle to keep all aspects of your health and fitness in check and support better habits.

Dexcom G6 Mobile. If you have type 1 or type 2 diabetes, you can now test your glucose levels at a glance.

Lifesum. Build habits to make better food choices, get your workouts in, and reach your health goals.



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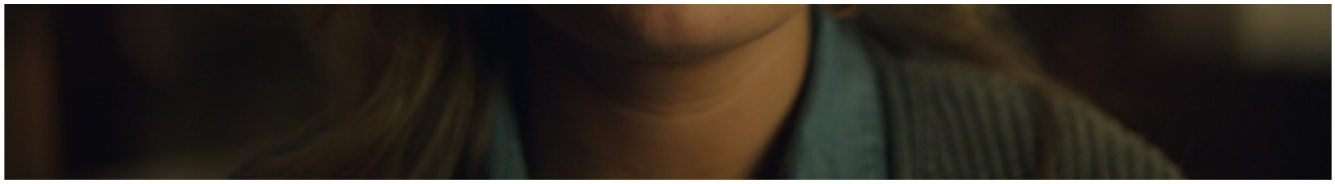

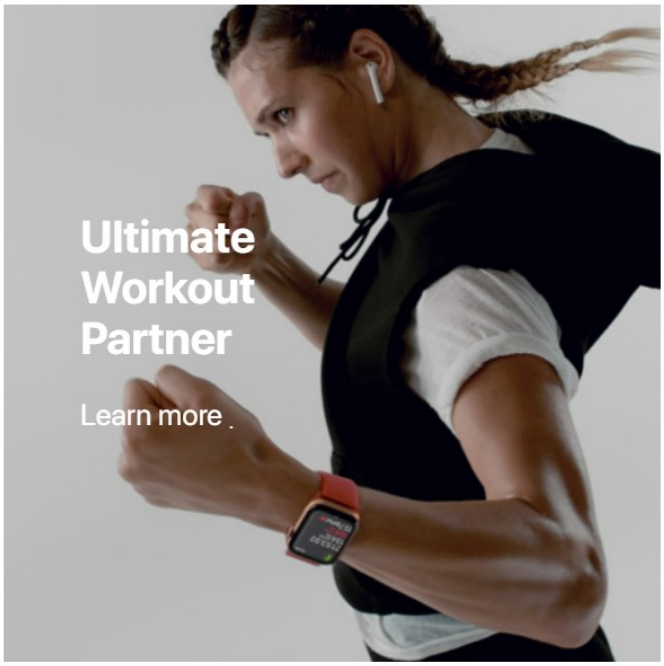

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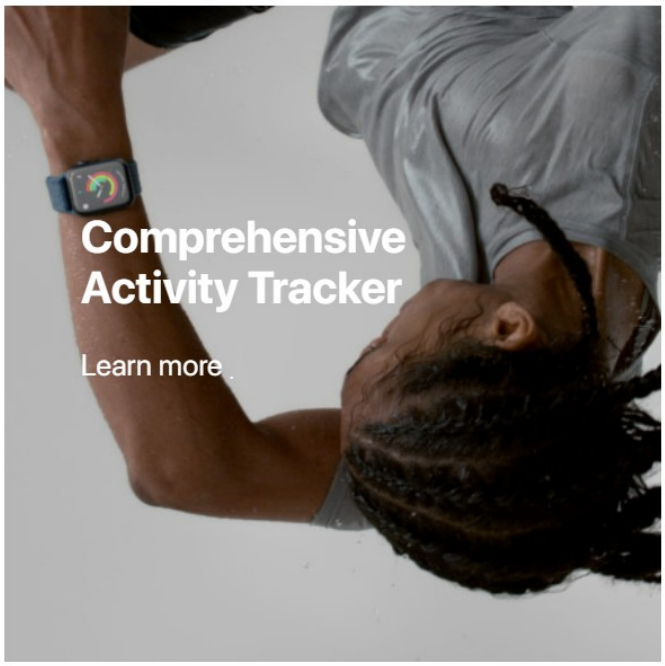
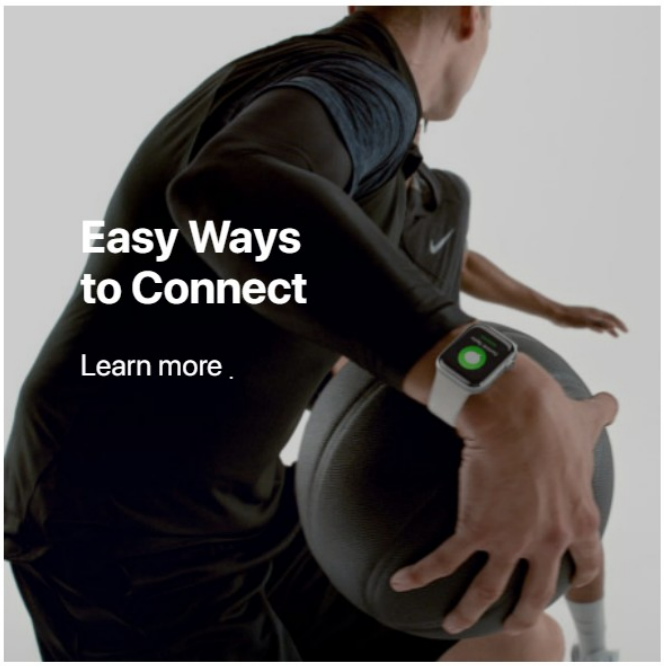
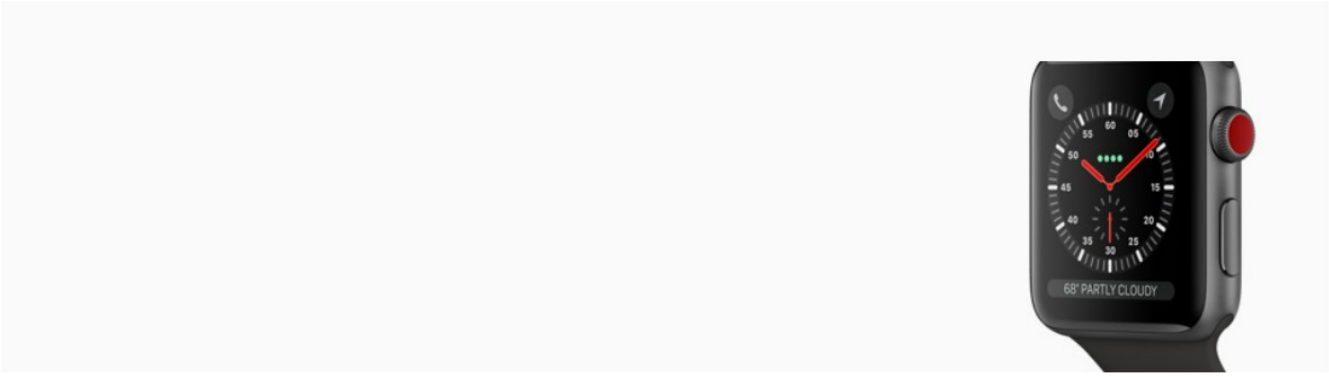




There's an Apple Watch for everyone.

Compare models



WATCH
SERIES 4

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A more personal way to shop for the latest Apple products and accessories.

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Personal Setup

We'll show you how to get the most out of your new Apple Watch, online or in store.

Learn more

Some bands are sold separately.

Apple Watch Series 4 (GPS + Cellular) requires an iPhone 6 or later with iOS 12 or later. Apple Watch Series 4 (GPS) requires an iPhone 5s or later with iOS 12 or later. Apple Watch Series 3 (GPS + Cellular) requires an iPhone 6 or later with iOS 11 or later. Apple Watch Series 3 (GPS) requires an iPhone 5s or later with iOS 11 or later.

Wireless service plan required for cellular service. Apple Watch and iPhone service provider must be the same. Not all service providers support enterprise accounts; check with your employer and service provider. Roaming is not available outside your carrier network coverage area. Contact your service provider for more details. Check www.apple.com/watch/cellular/ for participating wireless carriers and eligibility.

Features are subject to change. Some features, applications, and services may not be available in all regions or all languages. Click here to see complete list.

Watch > Apple Watch Series 4 > Health

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