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TRU GRIT

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SKU: RUNN1000

GRIT RUNNER CURVED MANUAL TREADMILL

$2,495.00 USD

Shipping calculated at checkout.

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Woodway USA, Inc.
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Description

Tru Grit Fitness Grit Runner

You're probably wondering with so many non-motorized treadmills out there, what makes ours the best manual treadmill?

Find your stride and fine tune your running form with the **Grit Runner.** Simple and highly effective the Grit Runner is the market leader in self-powered treadmills. Manually operated with a cordless LCD screen, the Grit Runner provides a challenging workout compared to electric treadmills. Reach your goals in no time using the six levels of resistance that range from a lite resistance to intense sled push replication. Track your calories, distance, interval time all from a battery-powered LCD display that lets you track your progress. It's the closest to running outside you can get without leaving your home gym or basement.

Curved Manual Runner Treadmill features a commercial-grade steel and aluminum frame, making it one of the most durable runners available. Time, distance, calories, speed, tempo, and watts are all displayed on the battery-powered LCD display. From zero to the equivalent of uphill interval exercise, these curved treadmills are motor-less, cordless, and self-propelled. Look no farther than the Grit Runner, a non-motorized treadmill to help you train throughout the chilly winter season, the hot summer months, or to simply change up your treadmill exercise routine.

DISCLAIMER:

Level 1-2: Run
Level 3-4: Walk
Level 5-6: Sled Push

Specifications:

- **Material:** Steel and aluminum frame
- **Promotes form and balance:** Quick strides cadence, mid-foot & toe strike
- **Battery powered LCD display:** time, distance, pace, speed, calories, and interval training modes
- **Design:** Motor-less belt
- **Weight Capacity:** up to 330 LB

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PRODUCT INFO

6 LEVELS OF RESISTANCE

ZERO ELECTRICAL CONSUMPTION

LCD DISPLAY

Level 1 - No resistance Level 2 - 5 for different resistance levels of walk, run or simulated sled push Level 6 - Highest resistance. Equivalent to uphill interval training or for simulated sled push.	Power cords & programs are unnecessary items that get in the way of your workout. 100% manually operated treadmill you will train harder, break goals faster and crush the competition.	Battery powered LCD display: time, distance, pace, speed, calories, watts and interval training modes

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