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(54) **BODY SUPPORT CUSHION HAVING
MULTIPLE LAYERS OF PHASE CHANGE
MATERIAL**

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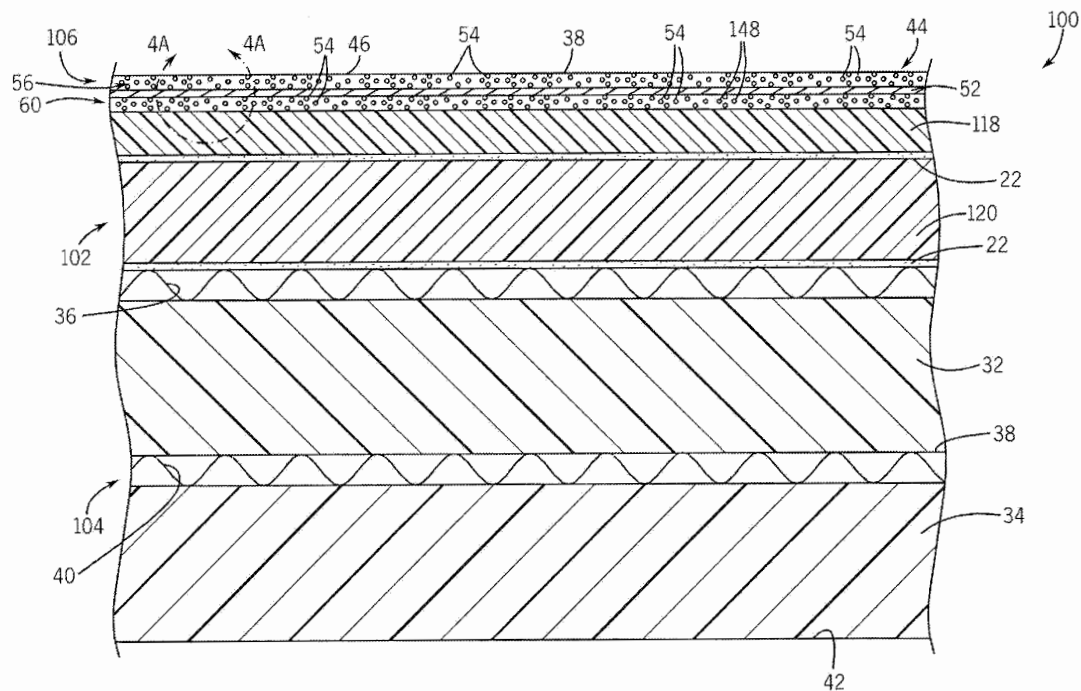
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(57) **ABSTRACT**

A body support cushion, e.g., mattress, has multiple foam layers, including a viscoelastic foam layer and a reticulated beat properties that provide two intervals of dermal cooling.



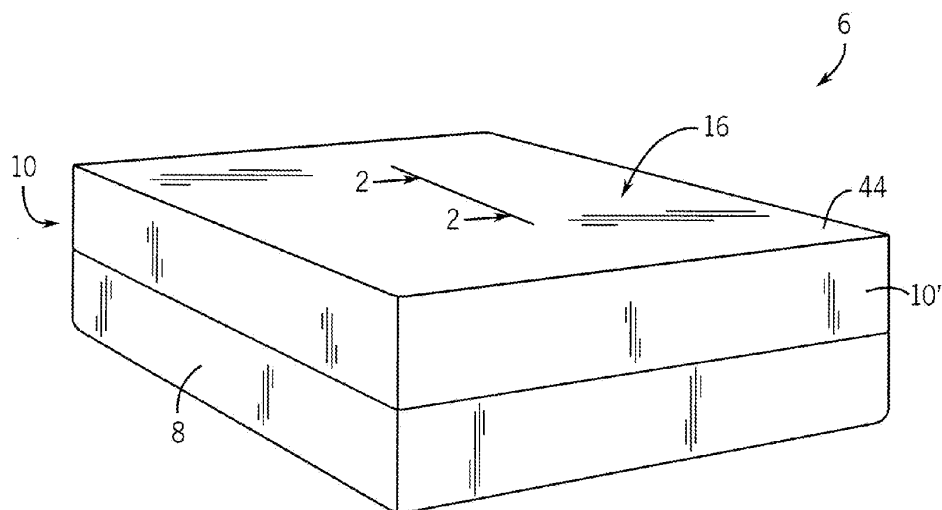


FIG. 1

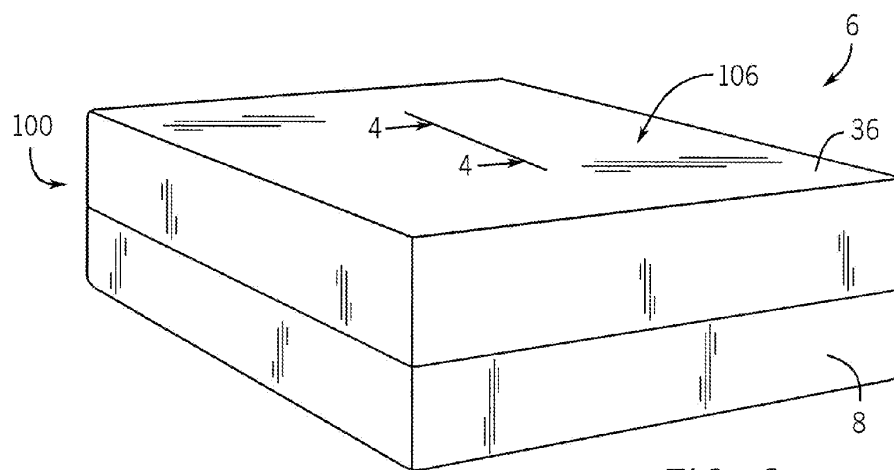


FIG. 3

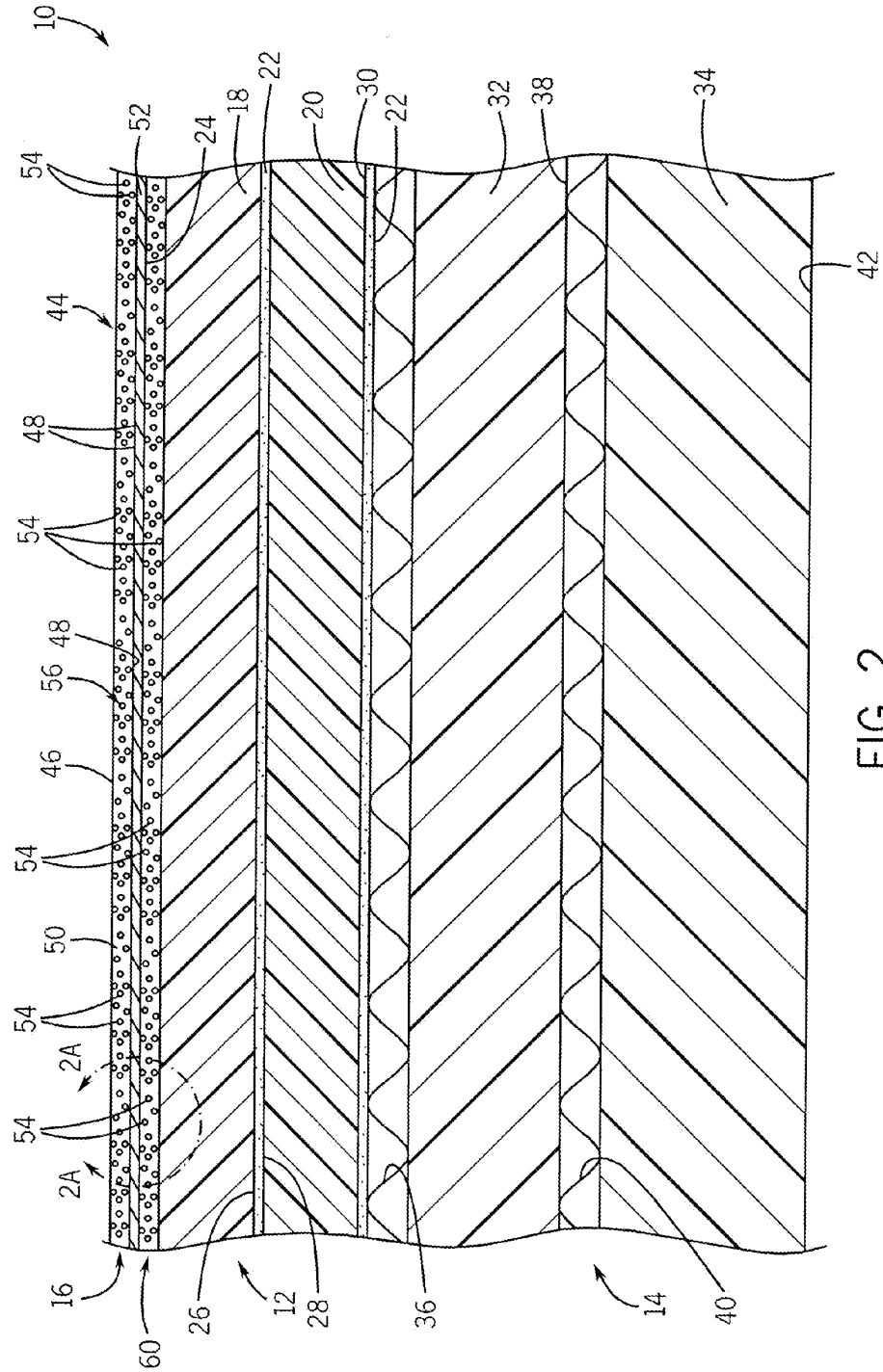


FIG. 2

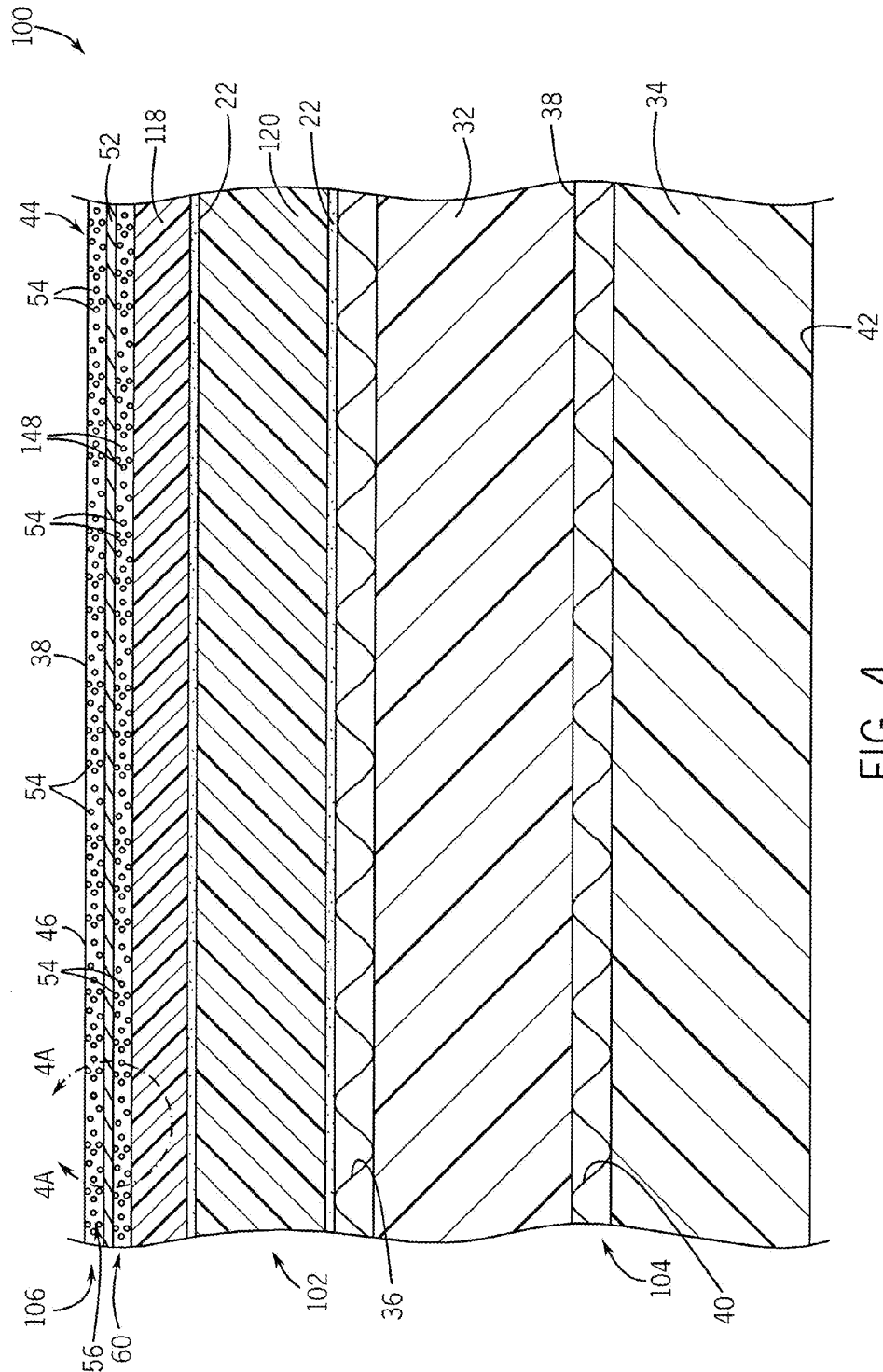
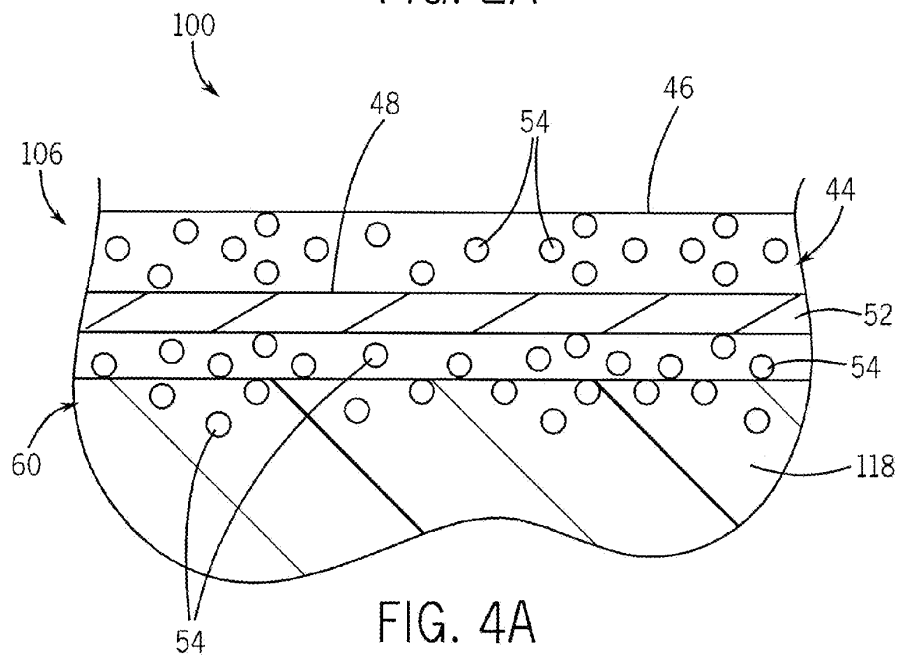
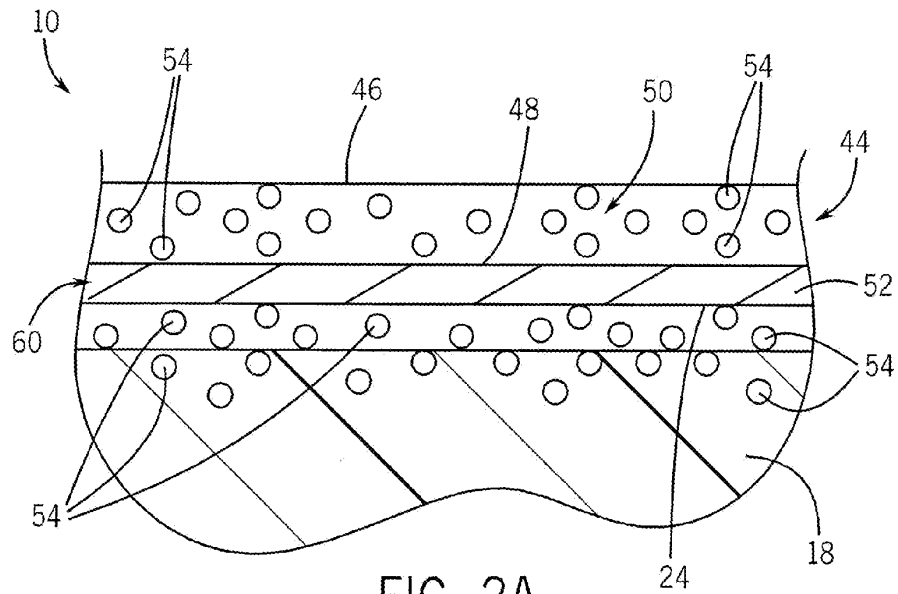


FIG. 4



BODY SUPPORT CUSHION HAVING MULTIPLE LAYERS OF PHASE CHANGE MATERIAL

BACKGROUND OF THE INVENTION

[0001] The present invention relates generally to body support cushions such as those found in mattresses, pillows, office chairs, household furniture, car seating, theater seating, and the like.

[0002] As is generally the case with all body support cushions, but particularly so with mattresses consisting of “memory foam” or other body conforming material, the effectiveness of the cushion in providing body support is partly a function of how well the memory foam responds to the contour of the user resting on the cushion. Body support cushions made from temperature-sensitive viscoelastic material, such as TEMPUR® material that is commercially available from Tempur-Pedic International Inc., for example, are able change shape based in part upon the temperature of the supported body part. This conformance of the cushion to the body, in effect, causes more of the body to be in contact with the body support cushion. Thus, as the cushion cradles the supported body part, more of the body part that is supported by the cushion. Since more of the body is in contact with the cushion, rather than being pushed above it, less of the body that is exposed to ambient air around the cushion. As a consequence, many users find memory foam mattresses and other memory foam cushions to “sleep hot” and, ultimately, choose other types of cushions notwithstanding the supportive benefits often associated with memory foam and similar types of body conforming cushions.

[0003] In an effort to attract users with concerns of “sleeping hot” in a memory foam mattress, many mattress manufacturers have incorporated so-called “cooler” technologies into their products. For example, many mattresses now come with covers containing latent heat storage units, such as phase change material (PCM), that provide a cool, albeit brief, dermal sensation. One such phase change material is OUTLAST®, which is commercially available from Outlast Technologies, Boulder, Colo. While the use of such PCM does provide some cooling, it is short-lived because in relatively short order the PCM will absorb heat from the supported body part and hold that heat until the supported body part is withdrawn.

[0004] Another approach to providing a “cooler” mattress has been in the inclusion of gel or similar material into the construction of the bed. Gel, similar to PCM, has some latent heat properties that provide a momentary dermal sensation of coolness. However, gel, like PCM, can only absorb so much heat before the gel becomes saturated and thus is no longer cool to touch. Further, once the gel is heated, it will hold that heat until the heat source, i.e., body, is removed.

[0005] Additional efforts to provide a “cooler” memory foam cushion have included the use of cooling blankets, such as the ChiliPad™ mattress pad from Chili Technology, Mooresville, N.C. Not only do such blankets add to the overall cost of the cushion, but they can negatively impact the feel of the cushion as well. Moreover, such blankets require a pump to circulate coolant, e.g., water, and thus incorporate electromechanical devices that can fail and render the after-market blanket inoperable.

[0006] Based at least in part upon the limitations of existing cooling technologies and the demand from some consumers

for a cooler memory foam body support cushion, new body support cushions are welcome additions to the art.

SUMMARY OF THE INVENTION

[0007] The present invention is generally directed to a multi-layer foam cushion enclosed within an outer cover. Portions of the outer cover and the foam cushion comprise PCM to provide an extended cool dermal sensation to a user resting on the cushion, in some alternate embodiments of the invention, the multi-layer foam cushion has one or more layers of viscoelastic polyurethane foam and one or more layers of high resilience (HR) foam. In yet other embodiments of the invention, one or more layers of the multi-layer construction may include reticulated viscoelastic foam.

[0008] Other objects, features, aspects, and advantages of the invention will become apparent to those skilled in the art from the following detailed description and accompanying drawings. It should be understood, however, that the detailed description and specific examples, while indicating preferred embodiments of the present invention, are given by way of illustration and not of limitation. Many changes and modifications may be made within the scope of the present invention without departing from the spirit thereof, and the invention includes all such modifications.

BRIEF DESCRIPTION OF THE DRAWINGS

[0009] FIG. 1 is an isometric view of a sleep system having a body support cushion according on an embodiment of the invention.

[0010] FIG. 2 is a section view of the body support cushion taken along line 2-2 of FIG. 1.

[0011] FIG. 2A is a section view of the body support cushion taken along line A-A of FIG. 2.

[0012] FIG. 3 is an isometric view of a body support cushion according to another embodiment of the invention.

[0013] FIG. 4 is a section view of the body support cushion taken along line 4-4 of FIG. 3.

[0014] FIG. 4A is a section view of the body support cushion of FIG. 4 taken along line A-A of FIG. 4.

[0015] Before the various embodiments of the present invention are explained in detail, it is to be understood that the invention is not limited in its application to the details of construction and the arrangements of components set forth in the following description or illustrated in the drawings. The invention is capable of other embodiments and of being practiced or of being carried out in various ways. Also, it is to be understood that phraseology and terminology used herein with reference to device or element orientation (such as, for example, terms like “front”, “back”, “up”, “down”, “top”, “bottom”, and the like) are only used to simplify description of the present invention, and do not alone indicate or imply that the device or element referred to must have a particular orientation. In addition, terms such as “first”, “second”, and “third” are used herein and in the appended claims for purposes of description and are not intended to indicate or imply relative importance or significance. The use of “including,” “comprising,” or “having” and variations thereof herein is meant to encompass the items listed thereafter and equivalents thereof as well as additional items. Unless limited otherwise, the terms “connected,” “coupled,” and variations thereof herein are used broadly and encompass direct and indirect connections and couplings. In addition, the terms

“connected” and “coupled” and variations thereof are not restricted to physical or mechanical connections or couplings.

DETAILED DESCRIPTION

[0016] The present invention will be described with respect to a body support cushion in the form of a mattress for use with a sleep system but it should be understood that the invention can be embodied in other types of support cushions, including but not limited to, pillows and seat cushions.

[0017] Turning now to FIG. 1, sleep system 6 is generally comprised of a foundation 8 and a mattress 10. The foundation 8 and the mattress 10 are supported in a raised position by a frame (not shown) as known in the art. The foundation 8 is of known construction and thus will be not be described in greater detail herein; however, it should be noted that the mattress 10 could be used with other types of mattress supports, such as box springs or tables.

[0018] With additional reference to FIG. 2, mattress 10 according to an embodiment of the present invention generally consists of three discrete, yet integrated components: a comfort foam system 12, a support foam system 14, and an outer cover system 16. The comfort foam system 12 includes a top comfort layer 18 comprising open-celled non-reticulated viscoelastic foam (sometimes referred to as “memory foam” or “low resilience foam”) and a bottom comfort layer 20 comprising open-celled reticulated viscoelastic foam. The top comfort layer 18 and the bottom comfort layer are secured to another by adhesive or cohesive bonding material 22. In a similar manner, the bottom comfort layer 20 is secured to the support foam system 14 using a suitable bonding material 22. In one embodiment, the bonding material used to bond the two comfort layers together is the same that is used to bond the comfort foam system 12 to the support foam system 14, but the invention is not so limited. Also, other types of bonding devices may be used to secure the foam layers together. For example, the top and bottom layers 18, 20 can be bonded together by tape, hook and loop fastener material, conventional fasteners, stitches extending at least partially through the top and bottom layers 18, 20, or in any other suitable manner.

[0019] In one embodiment of the invention, the top comfort layer 18 is made of non-reticulated viscoelastic foam and the bottom comfort layer 20 is made of reticulated viscoelastic foam. In other embodiments, both of the aforementioned layers are made of reticulated viscoelastic foam. In yet other embodiments, both layers are made of non-reticulated viscoelastic foam. It is also contemplated that the top comfort layer 18 could be formed of reticulated viscoelastic foam. It is also contemplated that one or more of the comfort layers may be comprised of non-viscoelastic material.

[0020] Each of the top and bottom layers 18, 20 can be substantially flat bodies having substantially planar top and bottom surfaces 24, 26, 28, and 30 as shown in FIG. 2. However, in other embodiments, one or more of the top and bottom surfaces 24, 26, 28, 30 of either or both top and bottom layers 18, 20 can be non-planar, including without limitation surfaces having ribs, bumps, and other protrusions of any shape and size, surfaces having grooves, dimples, and other apertures that extend partially or fully through the respective layer 18, 20, and the like. Also, depending at least in part upon the application of the mattress 10 (i.e., the product defined by the mattress 10 or in which the mattress 10 is employed), either or both of the top and bottom layers 18, 20 can have

shapes that are not flat. By way of example only, either or both layers 18, 20 can be generally wedge-shaped, can have a concave or convex cross-sectional shape, can have a combination of convex and concave shapes, can have a stepped, faceted, or other shape, can have a complex or irregular shape, and/or can have any other shape desired.

[0021] As illustrated in FIGS. 1 and 2, in one embodiment, the top comfort layer 18 provides a relatively soft and comfortable surface for a user's body or body portion (hereinafter referred to as “body”). Coupled with the slow recovery characteristic of the viscoelastic foam, the top comfort layer 18 can also conform to a user's body, thereby distributing the force applied by the user's body upon the top comfort layer 18. In some embodiments, the top comfort layer 18 has a hardness of at least about 30 N and no greater than about 175 N for desirable softness and body-conforming qualities. In other embodiments, a top comfort layer 18 having a hardness of at least about 40 N and no greater than about 160 N is utilized for this purpose. In still other embodiments, a top comfort layer 18 having a hardness of at least about 40 N and no greater than about 75 N is utilized. In one preferred embodiment, the top comfort layer 18 has a hardness of 48 N. Unless otherwise specified, the hardness of a material referred to herein is measured by exerting pressure from a plate against a sample of the material having length and width dimensions of 40 cm each (defining a surface area of the sample of material), and a thickness of 5 cm to a compression of 40% of an original thickness of the material at approximately room temperature (e.g., 21-23 Degrees Celsius), wherein the 40% compression is held for a set period of time, following the International Organization of Standardization (ISO) 2439 hardness measuring standard.

[0022] The top comfort layer 18 can also have a density providing a relatively high degree of material durability. The density of the foam in the top comfort layer 18 can also impact other characteristics of the foam, such as the manner in which the top comfort layer 18 responds to pressure, and the feel of the foam. In some embodiments, the top comfort layer 18 has a density of no less than about 25 kg/m³ and no greater than about 150 kg/m³. In other embodiments, a top comfort layer 18 having a density of at least about 40 kg/m³ and no greater than about 125 kg/m³ is utilized. In still other embodiments, a top comfort layer 18 having a density of at least about 60 kg/m³ and no greater than about 115 kg/m³ is utilized. In one preferred embodiment, the top comfort layer 18 has a density of 60 kg/m³.

[0023] The viscoelastic foam of the top comfort layer 18 can be selected for responsiveness to any range of temperatures. However, in some embodiments, a temperature responsiveness in a range of a user's body temperatures (or in a range of temperatures to which the mattress 10 is exposed by contact or proximity to a user's body resting thereon) can provide significant advantages. For example, a viscoelastic foam selected for the top comfort layer 18 can be responsive to temperature changes above at least about 0° C. In some embodiments, the viscoelastic foam selected for the top comfort layer 18 can be responsive to temperature changes within a range of at least about 10° C. In other embodiments, the viscoelastic foam selected for the top comfort layer 18 can be responsive to temperature changes within a range of at least about 15° C.

[0024] As used herein and in the appended claims, a material is considered “responsive” to temperature changes if the material exhibits a change in hardness of at least 10% mea-

sured by ISO Standard 3386 through the range of temperatures between 10 and 30 degrees Celsius.

[0025] The bottom comfort layer **20** is similar to the top comfort layer **18** in that it is made of viscoelastic material. However, in a preferred embodiment, the bottom comfort layer **20**, unlike the top comfort layer **18**, is made of reticulated viscoelastic polyurethane foam. That is, while top comfort layer **18** and the bottom comfort layer **20** each comprise a cellular structure of flexible viscoelastic polyurethane foam in which the walls of the individual cells are substantially intact, the bottom comfort layer **20** comprises reticulated viscoelastic foam. As described in U.S. Ser. No. 11/265,410 (published as U.S. Publ. No. 2006/0288491), which is assigned to the Assignee of this application and which the disclosure thereof is incorporated herein in its entirety, the cells of reticulated foams are essentially skeletal structures in which many (if not substantially all) of the cell walls separating one cell from another do not exist. In other words, the cells are defined by a plurality of supports or “windows” and by no cell walls, substantially no cell walls, or by a substantially reduced number of cell walls. Such a cellular foam structure is sometimes referred to as “reticulated” foam. In some embodiments, a foam is considered “reticulated” if at least 50% of the walls defining the cells of the foam do not exist (i.e., have been removed or were never allowed to form during the manufacturing process of the foam).

[0026] Also, in some embodiments it is desirable that the bottom comfort layer **20** of reticulated viscoelastic foam be capable of providing some degree of support that is substantially independent of temperatures experienced by the top comfort layer **18** when supporting a user's body (i.e., independent of a user's body heat). Therefore, it is contemplated that the bottom comfort layer **20** can comprise reticulated viscoelastic foam that is responsive to temperature changes within a range of between about 10° C. and about 35° C. In some embodiments, the bottom comfort layer **20** can comprise reticulated viscoelastic foam that is responsive to temperature changes within a range of between about 15° C. and about 30° C. In still other embodiments, the bottom comfort layer **20** comprising reticulated viscoelastic foam that is responsive to temperature changes within a range of between about 15° C. and about 25° C. can be used. It is also contemplated that the comfort layer **20** could be reticulated non-viscoelastic foam, such as reticulated high resiliency foam.

[0027] By virtue of the skeletal cellular structure of the bottom comfort layer **20**, heat in the top comfort layer **18** can be transferred away from the top comfort layer **18**, thereby helping to keep a relatively low temperature in the top comfort layer **18**. Also, the reticulated viscoelastic foam of the bottom comfort layer **20** can enable significantly higher air-flow into, out of, and through the bottom comfort layer **20**—a characteristic of the bottom comfort layer **20** that can also help to keep a relatively low temperature in the top comfort layer **18**. Additionally, since the bottom comfort layer **20** contains viscoelastic material, the bottom comfort layer **20** of the comfort system **12** also provides the performance benefits often associated with viscoelastic foam; namely, the distribution of force applied thereto.

[0028] Like the top comfort layer **18**, the bottom comfort layer **20** can have a density providing a relatively high degree of material durability. Also, the density of the foam in the bottom comfort layer **20** can also impact other characteristics of the foam, such as the manner in which the bottom comfort layer **20** responds to pressure, and the feel of the foam. In

some embodiments, the bottom comfort layer **20** has a density of no less than about 20 kg/m³ and no greater than about 130 kg/m³. In other embodiments, a bottom comfort layer **20** having a density of at least about 25 kg/m³ and no greater than about 150 kg/m³ is utilized. In still other embodiments, a bottom comfort layer **20** having a density of at least about 30 kg/m³ and no greater than about 150 kg/m³ is utilized. In a preferred embodiment, the bottom comfort layer **20** has a density of 85 kg/m³.

[0029] Also, in some embodiments, the bottom comfort layer **20** has a hardness of at least about 50 N and no greater than about 150 N. In other embodiments, a bottom comfort layer **20** having a hardness of at least about 40 N and no greater than about 100 N is utilized. In still other embodiments, a bottom comfort layer **20** having a hardness of at least about 40 N and no greater than about 80 N is utilized. In a preferred embodiment, the bottom comfort layer **20** has a hardness of 60 N.

[0030] In one embodiment, the mattress **10** can have a bottom comfort layer **20** that is at least as thick as the top comfort layer **18**, e.g., 5 cm. However, it is contemplated that the layers **18**, **20** could have different thickness. For instance, the top comfort layer **18** could have a thickness that is less than or greater than the thickness of the bottom comfort layer **20**. In one embodiment, the top comfort layer **18** has a thickness of 5 cm and the bottom comfort layer **20** has a thickness of 5 cm.

[0031] In the illustrated embodiment, the support system **14** also includes two foam layers: a top support layer **32** and a bottom support layer **34**. Each of the top and bottom support layers **32**, **34** can be substantially flat bodies having substantially planar top and bottom surfaces or, as shown in FIG. 2, convoluted top surfaces **36**, **40** and planar bottom surface **38**, **42**. In addition to the illustrated convolutions, other non-planar shapes are contemplated, including without limitation, surfaces having ribs, bumps, and other protrusions of any shape and size, surfaces having grooves, dimples, and other apertures that extend partially or fully through the respective layer **32**, **34**, and the like. Also, by way of example only, either or both layers **32**, **34** can be generally wedge-shaped, can have a concave or convex cross-sectional shape, can have a combination of convex and concave shapes, can have a stepped, faceted, or other shape, can have a complex or irregular shape, and/or can have any other shape desired.

[0032] The support layers **32**, **34** are preferably made of high resiliency (HR) polyurethane foam and provide support for the support comfort system **12**. Alternately, the support layers **32**, **34** are made of conventional foam. Preferably the support layers **32**, **34** have a minimum ball rebound of 50. The support layers **32**, **34** can independently have a reticulated or non-reticulated cellular structure. It is also contemplated that the support layers may be made from other types of foams. In one embodiment, the support layers **32**, **34** each have a hardness of at least about 100 N and no greater than about 300 N for desirable support. In other embodiments, support layers **32**, **34** each having a hardness of at least about 125 N and no greater than about 200 N is utilized for this purpose. In still other embodiments, support layers **32**, **34** each having a hardness of at least about 150 N and no greater than about 175 N is utilized. In a preferred embodiment, each support layer **32**, **34** has a hardness of 150 N. Unless otherwise specified, the hardness of a material referred to herein is measured by exerting pressure from a plate against a sample of the material having length and width dimensions of 40 cm each (defining

a surface area of the sample of material), and a thickness of 5 cm to a compression of 40% of an original thickness of the material at approximately room temperature (e.g., 21-23 Degrees Celsius), wherein the 40% compression is held for a set period of time, following the International Organization of Standardization (ISO) 2439 hardness measuring standard.

[0033] The support layers 32, 34 can also have a density providing a relatively high degree of material durability. The density of the foam in the support layers 32, 34 can also impact other characteristics of the foam, such as the manner in which the support layers 32, 34 responds to loading. In some embodiments, the support layers 32, 34 each has a density of no less than about 15 kg/m³ and no greater than about 150 kg/m³. In other embodiments, a support layers 32, 34 each having a density of at least about 25 kg/m³ and no greater than about 125 kg/m³ is utilized. In still other embodiments, support layers 32, 34 each having a density of at least about 25 kg/m³ and no greater than about 115 kg/m³ is utilized. In one preferred embodiment, each support layer 32, 34 has a density of 25 kg/m³. It is understood that the support layers 32, 34 may have different densities and hardness values from one another. In one embodiment, the support layers are comprised of polyurethane foam similar to that described in International Patent Application PCT/US2012/022893.

[0034] In one embodiment, the mattress 10 can have a bottom support layer 34 that is at least as thick as the top support layer 32, e.g., 10.75 cm. However, it is contemplated that the layers 18, 20 could have different thickness. For instance, the top support layer 32 could have a thickness that is less than or greater than the thickness of the bottom support layer 34. In one embodiment, the top support layer 32 has a thickness of 8 cm and the bottom support layer 34 has a thickness of 10.75 cm. It will be appreciated that these thickness values are merely illustrative and that the mattress could be constructed to have layer thicknesses different from those provided above. Alternately, the support layers 32, 34 could be combined into a single layer.

[0035] Referring again to FIGS. 1 and 2, the outer cover system 16 comprises an outer cover 44 that encloses, or at least partially encloses, the comfort and support systems 12, 14, respectively. The outer cover 44 is made of fabric and, in a preferred embodiment, a combination of polyester, cotton natural yarn, and spandex. It is contemplated that other types of fabric or ticking could be used. It is also contemplated that a quilted outer cover could be used. The outer cover 44 has an outer surface 46 and an inner surface 48 that are spaced from one another by at least one layer of fabric or ticking 50 that extends across the upper surface of the mattress 10 and down the sidewalls 10' of the mattress 10. The outer cover 44 fits snugly around the mattress 10, which holds the outer cover 44 in place. Alternately, the outer cover 44 can extend completely around the mattress 10 with ends thereof being connectable, such as by a zipper, to allow removability of the outer cover 44, such as for washing. As known in the art, a fire sock 52 envelops the comfort and support layers and, as such, the outer cover 44 fits around the fire sock 52 as well.

[0036] To provide a cool dermal sensation, the outer cover 44 is impregnated with phase change material (PCM). In a preferred embodiment, PCM is in the form of a layer of microspheres 54 that are doped onto the outer surface 46, inner surface 48, and ticking 50 of the outer cover 44 using one of a number known application techniques. For example, the PCM could be applied using a screening process. Alternately, the outer cover 44 could be passed through a PCM

bath. Regardless of application technique, it is contemplated that the portion of the outer cover 44 that extends across the upper surface of the mattress 10 is substantially saturated with PCM to, in effect, form a PCM layer 56 that is coextensive with the fabric layer 50. Alternately, the PCM could be applied to the outer surface 46 of the outer cover 44 to form a PCM layer (not shown) atop the outer surface 46. In one preferred embodiment, the PCM is THERMICTM microcapsules commercially available from Devan Chemicals of Belgium. In other embodiment, the PCM is OUTLASTTM microcapsules, which is commercially available from Outlast Technologies.

[0037] With additional reference to FIG. 2A, in addition to PCM in the outer cover 44, mattress 10 also includes microspheres 54 of PCM forming a PCM layer 60 in the top comfort layer 18. The PCM microspheres 54 are preferably spray-applied to the upper surface of the top comfort layer 18 to form a PCM layer 60 having a thickness of between 500 μ m and 4.0 mm, and preferably approximately 2.0 mm.

[0038] The material used to form the PCM layer 60 is similar to that applied to the outer cover 44, but it is contemplated that different types of phase change material could be used to form the respective PCM layers. Preferably, the thickness of the PCM layer 60 in the mattress is greater, or more dense, than the PCM layer 56 in the outer cover 44. That is, it is preferred that the heat capacity of the PCM layer 60 will be greater than the heat capacity of PCM layer 56.

[0039] The two PCM layers 56, 60 provide the dermal sensation of cool as well as the ability to absorb heat over an extended exposure period. As a result, as the thinner outer cover PCM layer 56 becomes saturated, i.e., heated, the latent heat characteristics of the PCM layer 60 in the top comfort layer 18 will effectively be a heat sink and thus absorb heat from the now-heated outer cover 44. This translates to an extended period by which PCM absorbs heat from the user as the user rests upon the mattress 10, and ultimately provides a longer cooler sleeping surface, which is believed to be desirable for those that "sleep hot". For example, in one embodiment, the amount of PCM in the outer cover provides approximately 15-30 seconds of cool dermal feel whereas the amount of PCM in the top comfort layer provides cool dermal feel for up to 120 minutes. Moreover, should the ambient temperature drop below the melting point of the phase change material, the latent heat stored in the PCM will be released and thus provide some heating back to the consumer during the night.

[0040] FIGS. 3 and 4 illustrate another embodiment of a body support according to the present invention. This embodiment employs much of the same structure and has many of the same properties as the embodiments of the body support described above in connection with FIGS. 1 and 2. Accordingly, the following description focuses primarily upon the structure and features that are different than the embodiments described above in connection with FIGS. 1 and 2. Reference should be made to the description above in connection with FIGS. 1 and 2 for additional information regarding the structure and features, and possible alternatives to the structure and features of the body support illustrated in FIGS. 3 and 4 and described below. Structure and features of the embodiment shown in FIGS. 3 and 4 that correspond to structure and features of the embodiment of FIGS. 1 and 2 are designated hereinafter in the 100 series of reference numbers.

[0041] Like the embodiment illustrated in FIGS. 1 and 2, the mattress 100 illustrated in FIGS. 3 and 4 has a comfort layer system 102, a support layer system 104, and an outer

cover system 106. In the illustrated embodiment, the only differences between the mattress 100 of FIGS. 3 and 4 and mattress 10 of FIGS. 1 and 2 can be found in the composition of the comfort layer system 102. As such, description of FIGS. 3 and 4 will be limited to that of the comfort layer system 102. Notwithstanding these similarities between mattress 100 and mattress 10, it is understood that mattress 100 could be constructed with a different support system and outer cover than those described with respect to mattress 10.

[0042] The comfort layer system 102 is comprised of two comfort layers 118 and 120 that are secured together using adhesive or similar bonding agent that effectively forms a bonding layer 22. The upper comfort layer 118 is formed from non-reticulated viscoelastic foam and the bottom comfort layer 120 is formed from reticulated viscoelastic foam. In a preferred embodiment, the upper comfort layer 118 has a thickness between 1-5 cm and more preferably 3 cm. The bottom comfort layer 120 has a thickness between 5-12 cm and more preferably 7 cm. The top comfort layer 118 has a density between 25 kg/m³ and 150 kg/m³, and more preferably a density of 100 kg/m³. The lower comfort layer 120 has a density between 25 kg/m³ and 150 kg/m³ and more preferably a density of 75 kg/m³. The upper comfort layer 118 has a hardness between 40 N and 150 N and preferably a hardness of 55 N. The bottom comfort layer 120 has a hardness between 30 N and 150 N and preferably a hardness of 55 N. With additional reference to FIG. 4A, the upper comfort layer 118 includes microspheres 54 of PCM that effectively form a PCM layer 60 that together with PCM in the outer cover provides multiple bands or layers of PCM in the mattress 100.

[0043] In the foregoing description, the application of PCM to a layer of polyurethane foam has been described but it should be understood that the body support cushions described herein may have different or other types of layers, such as latex or spacer fabric, to which PCM may be applied. For example, a body support cushion may be constructed with a spacer fabric between the outer cover and the top foam layer and the PCM could be applied to the spacer fabric.

[0044] Additionally, in preferred embodiments of the invention, the amount of PCM that is applied to the cover and/or foam layer is substantially consistent across the surface thereof. However, it is contemplated that intentional uneven applications of the PCM could be used to efficiently deposit the PCM based on believed sleeping preferences. For instance, the amount of PCM in the cover and/or foam layer upon which a sleeper's torso would rest may exceed that found in those sections upon which a sleeper's feet are expected to rest. Similarly, less PCM could be used along the periphery of the cover and/or foam layer in expectation that most sleepers do not rest on the edge of the mattress. Furthermore, it is contemplated that a mattress having two sleeping surfaces, e.g., a left side and a right side, such as that conventionally found in queen and king sized mattresses, the amount of PCM in the cover and/or foam could be selected to provide different cooling capacities for the respective sleeping surfaces.

[0045] The present invention has been described in terms of the preferred embodiment, and it is recognized that equivalents, alternatives, and modifications, aside from those expressly stated, are possible and within the scope of the appending claims.

1. A body support cushion, comprising:

a layered arrangement of foam comprised of at least one layer of viscoelastic foam having a density of at least 20 kg/m³ and no more than 150 kg/m³;

phase change material in the layer of viscoelastic foam.

2. (canceled)

3. The body support cushion of claim 21 wherein the phase change material includes a plurality of microspheres containing phase change material, and wherein the microspheres are formed in the second layer of viscoelastic foam.

4. The body support cushion of claim 3 wherein the spheres are spray-applied to an upper surface of the second layer of viscoelastic foam.

5. (canceled)

6. A body support cushion, comprising:

a layered arrangement of foam comprised of at least one layer of viscoelastic foam having a density of at least 20 kg/m³ and no more than 150 kg/m³;

phase change material in the layer of viscoelastic foam;

wherein the layer arrangement of foam includes a first base layer of conventional foam, a first layer of viscoelastic foam adjacent the first base layer, and a second layer of viscoelastic foam adjacent the first layer of viscoelastic foam; and

wherein the first base layer of conventional foam includes first and second base layers stacked adjacently to one another.

7. The body support cushion of claim 6 wherein the first and second layers are at least one of equal height and equal hardness.

8. The body support cushion of claim 7 wherein the first and second layers each has a height between 8.00-12.00 cm.

9. The body support cushion of claim 8 wherein the first and second layers each has a height of 10.75 cm.

10. The body support cushion of claim 7 wherein the first and second layers each has a hardness between 100 N-200 N.

11. The body support cushion of claim 10 wherein the first and second layers each has a hardness of 150 N.

12. A body support cushion, comprising:

a layered arrangement of foam comprised of at least one layer of viscoelastic foam having a density of at least 20 kg/m³ and no more than 150 kg/m³;

phase change material in the layer of viscoelastic foam;

wherein the layer arrangement of foam includes a first base layer of conventional foam, a first layer of viscoelastic foam adjacent the first base layer, and a second layer of viscoelastic foam adjacent the first layer of viscoelastic foam; and

wherein the first layer of viscoelastic foam includes reticulated foam.

13. The body support cushion of claim 12 wherein the first layer of viscoelastic foam has a thickness between 2.0 and 10.0 centimeters.

14. The body support cushion of claim 13 wherein the first layer of viscoelastic foam has a height of 7.0 centimeters.

15. A body support cushion, comprising:

a layered arrangement of foam comprised of at least one layer of viscoelastic foam having a density of at least 20 kg/m³ and no more than 150 kg/m³;

phase change material in the layer of viscoelastic foam;

wherein the layer arrangement of foam includes a first base layer of conventional foam, a first layer of viscoelastic

foam adjacent the first base layer, and a second layer of viscoelastic foam adjacent the first layer of viscoelastic foam; and

wherein the second layer of viscoelastic foam includes viscoelastic material having a density greater than the density of the first layer of viscoelastic foam.

16. The body support cushion of claim **15** wherein the second layer of viscoelastic foam includes viscoelastic material having a density less than the density of the first layer of viscoelastic foam.

17. The body support cushion of claim **1** wherein the second layer of viscoelastic foam has a height no greater than the height of the first layer of viscoelastic foam.

18. The body support cushion of claim **1** further comprising an outer cover having an outer surface and an inner surface opposite the outer surface with a thickness of the outer cover defined therebetween.

19. The body support cushion of claim **18** wherein the outer cover includes phase change material.

20. A mattress comprising:

a multilayer arrangement of foam layers with at least two layers of viscoelastic foam having a density of at least 20 kg/m³ and no more than 150 kg/m³, and wherein at least one of the viscoelastic layers is comprised of reticulated viscoelastic material;

an outer cover encasing the multilayer arrangement of foam layers; and

phase change material contained in one of the at least two layers of viscoelastic foam and the outer cover.

21. A mattress comprising:

a multilayer foam arrangement comprised of a first non-reticulated viscoelastic layer, a second reticulated, viscoelastic layer, and a third non-reticulated non-viscoelastic layer;

an outer cover enclosing the multilayer foam arrangement; and

phase change material contained in the multilayer foam arrangement and the outer cover.

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