

Ultrahuman Ring AIR



Save more with your pre-tax dollars



As low as 0 APR financing | Klarna, AfterPay & Affirm



Shop Pay | Pay in full or in parts



Instant payment with PayPal, Apple Pay, or GPay

Ring AIR

\$349

Dispatched by : Today, Jul 10 (after size selection)

Get up to \$120 for your trade-in

Color. Choose a finish that suits your style



Raw Titanium



Aster Black



Matte Gold



Bionic Gold



Space Silver



Brushed Gold

Size. Use the sizing kit to get it right the first time.



Sizing Kit

Choose the right size with the ring sample ensuring a perfect fit for the best data accuracy.

- ✓ Perfect ring fit—no guesswork
- ✓ Yours to keep and share—no returns required
- ✓ Eco-friendly materials—better for you and the planet

I have a ring sizing kit

Charger. Power up and never miss a beat.
✔ HSA/FSA Eligible



Get the Voyager Ring Charger at \$45
A compact, powerful, and lightweight charger, engineered for the adventurer in you.

Free standard charger

Trade in. Save up to \$120 in credit.

Select a smart ring

No trade in

Engraving. Personalize it to make it uniquely yours.

Add engraving
Add custom engraving for just \$39 extra
*Engraving orders take 7 days longer to ship

I don't want the engraving

PowerPlug. Protect your heart health.

Cardio Adaptability - 1 Year

 **HSA/FSA** Eligible

RECOMMENDED

Cardio Adaptability - 2 Year
Save 21%

No, I don't want proactive heart monitoring

UltrahumanX Coverage. Protect your new Ring.

1 Year Coverage

-  Extra value on trade-in
-  Accidental damage protection
-  Priority care

POPULAR

2 Year Coverage (That's just \$29.99)
Save 17%

-  Includes all 1 Year Coverage benefits
-  Theft and loss protection
-  Weight loss insurance

No, I don't want to protect my new Ring AIR

Almost there. Here's your order summary.

Ultrahuman Ring AIR
Bionic Gold, Sizing kit included



Ring AIR \$

Total \$3
Shipping fees and taxes are calculated at checkout

Dispatched by : **Today, Jul 10** (after size selection)
amazon
fba

Add to cart

☒ **HSA/FSA Eligible** | Save more with your pre-tax dollars

  
Charging cable included 4 to 6 days of battery life 30-day i

*Please note that additional local taxes or carrier fees may apply up delivery

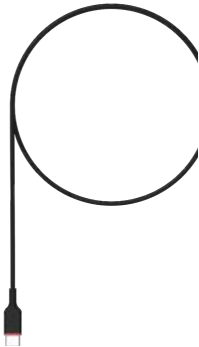
OX



Ultrahuman Ring AIR



Standard Ring Charger



Type-C to C Cable

Introducing The Voyager

A compact, powerful and lightweight Ring AIR Charger, ready for wherever life takes you.

Buy now at \$45

SHIPS IN 2-3 DAYS

[Learn more](#)



The ultimate form factor for Sleep and Recovery tracking

**Unmatched
Accuracy**

Fingers provide more accurate biomarker data than wrists due to higher blood flow and arteriole density.

**11x
Lighter**

Compared to typical smartwatches, weighing only 2.4 grams.

Ultimate Comfort

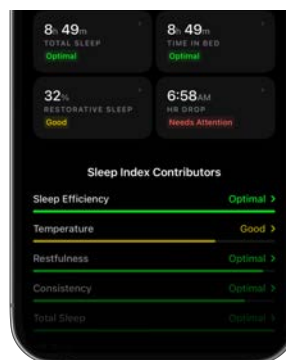
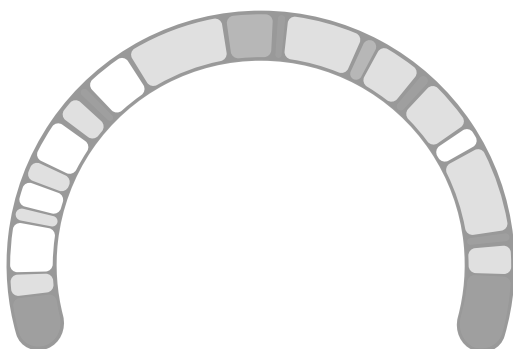
Crafted with precision, featuring a hypoallergenic smooth inner lining for unmatched comfort and a barely-there feel.

Sleep better than ever before

Discover the key to sleeping better. Get an everyday sleep score that shows how well you've rested. Track your sleep stages, learn what affects your sleep quality, and unlock personalized tools for better nights. Wake up refreshed and ready for anything.

SLEEP SCORE

Your entire Sleep summed up



SLEEP CONTRIBUTORS

The anatomy of your sleep



ADVANCED METRICS

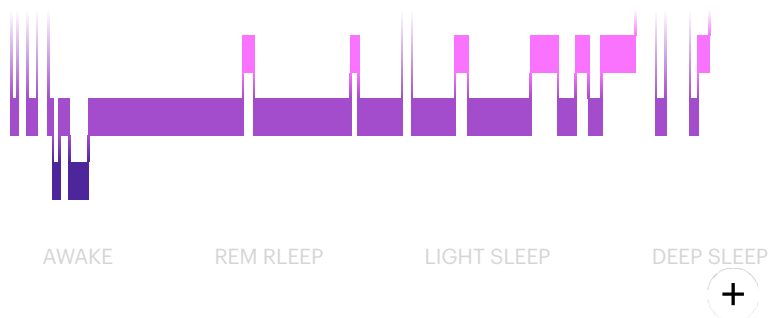
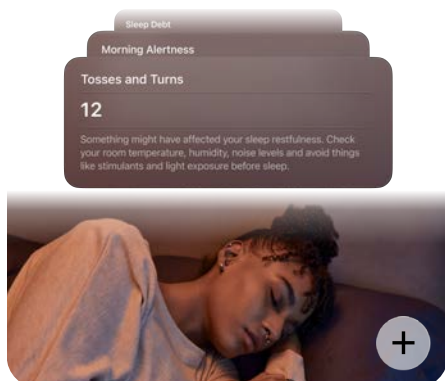
The nuances of your sleep

SLEEP STAGES

Understanding your sleep stages

your sleep, captured

stages

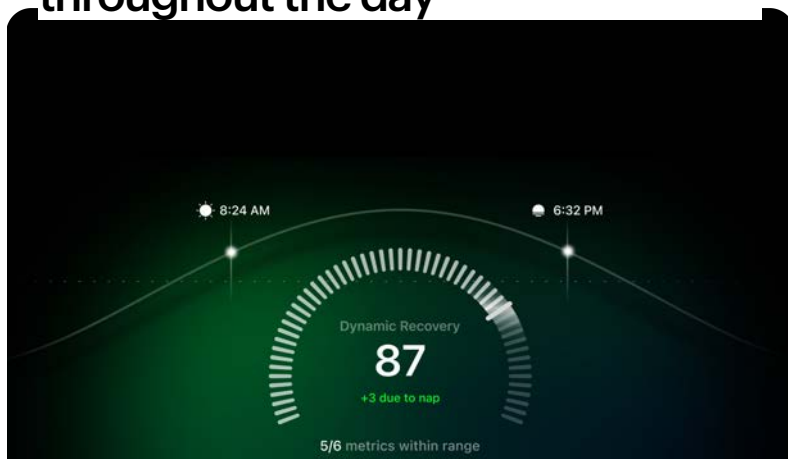


The edge in your recovery game

Dynamic Recovery analyzes key physiological markers for a real-time Recovery Score. Understand how sleep, stress rhythm, skin temperature, and HRV affect your body's restoration. Improve recovery with power naps and breathwork techniques.

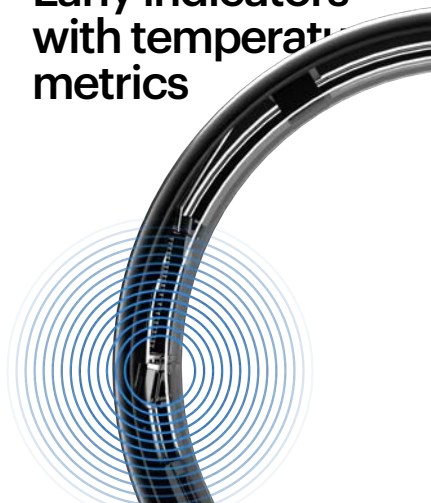
DYNAMIC RECOVERY

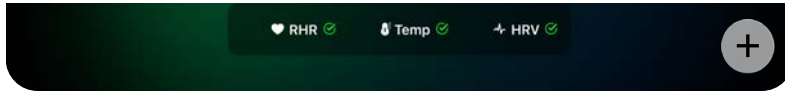
Track your recovery changes throughout the day



SKIN TEMPERATURE

Early indicators with temperature metrics





IMPACT OF STRESS

Regulate Stress with your body's natural rhythm

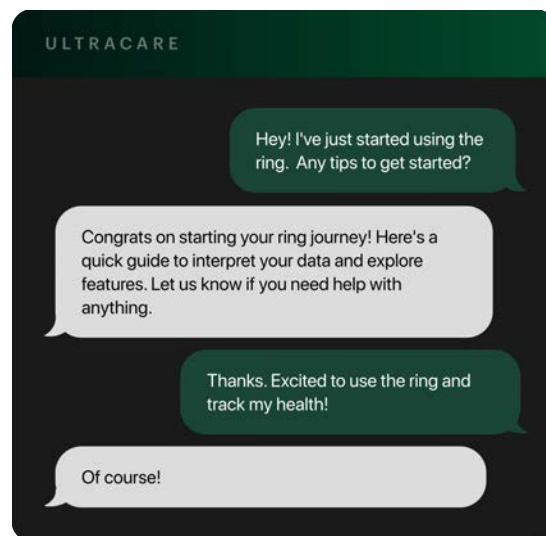
HRV FACTOR

Continuous HRV monitoring



Science-backed coaching—on us.

Take your health to the next level at no extra cost with our ACSM-certified expert performance coaches, offering personalized, science-backed insights into your biomarker trends.



How we compare

See how the Ultrahuman Ring AIR compares with Apple, Whoop, Garmin and the Oura ring

Form			
Weight			
	2.4 - 3.6 grams (varies by size) Feels as heavy as a US penny	35 - 53 grams (varies by model) Feels as heavy as a golf ball	4-6 grams (varies by size) Feels as heavy as a couple pennies
Form Factor			
			
	Ring no display	Wrist-worn with display	Ring no display
Real-Time Metrics			
Heart Rate Monitoring	Periodically throughout the day	Periodically throughout the day	Periodically throughout the day
HRV Monitoring	24/7 HRV monitoring Dynamic and actionable	Periodically throughout the day	24/7 HRV monitorir
Skin Temperature Tracking	24/7 temperature monitoring	Limited (varies by model)	24/7 temperature monitorir

Sleep

Sleep Tracking



Sleep Metrics

Comprehensive Sleep Stages Tracking with 10+ Contributing Metrics

Comprehensive sleep tracking

Comprehensive sleep tr

Movement & Workout

Step Counting



Distance and Calories



VO2 Max



Recovery

HRV Monitoring

Dynamic Recovery tracking via SDNN, RMSSD metrics

SDNN, RMSSD metrics

RMSSD metric

Stress Monitoring



Function

Battery Life	 4 to 6 days	 5-14 days	 Up to 7 days
Full Charging Time	180 minutes	1-2 hours (varies by model)	80 minutes
Water Proof	Up to 100 meters (about 328 feet) for up to 12 hours	Up to 100 meters	Up to 100 meters
GPS	✗	✓	✗
Airplane Mode	✓	✓	✓
Find My Device	✓	✓	✓
Real-time Actionable Nudges	✓	✓	✗

Unique value proposition

Form Factor	 Ring no display	 Wrist-worn with display	 Ring no display
Circadian Rhythm Tracking	✓	✗	✓
Temperature-Based Ovulation Prediction	✓	✗	✓
Caffeine Window Detection	✓	✗	✗

AFib Detection

✓
(limited regions)

✗

✗

Mandatory Data Subscription

Not Required

Not Required

Required

Performance Coach

✓

✗

✗

Pricing

Price Range

~~\$349~~
Ultrahuman Ring

~~\$199-\$999+~~
Garmin Smartwatch

~~Starting at \$299. Real~~
Oura Ring

Longevity

Productivity

Movement

Sleep

Recovery

Women's Health

Ecosystem

Engineer your Longevity

Leverage the Ring AIR's cutting-edge, passive and preventive health monitoring capabilities to set yourself on a path toward extended vitality and your quest for a longer, healthier life.

Technical Specifications



2.4 gms light. 11x lighter than a typical smartwatch.

2.4 mm sleek. Discreet design for everyday use.

Body	Dimensions	Weight
	Width - 8.1mm	2.4 - 3.6 g (varies with size)
	Thickness - 2.45 - 2.8 mm (varies with size)	
Material	The outer shell is made from fighter jet grade Titanium reinforced with Tungsten Carbide Carbon coating, making it resistant to everyday wear and tear The inners of the ring is coated with medical-grade hypoallergenic epoxy resin, making it comfortable to wear at all times	

Connectivity

Bluetooth Low Energy (BLE5)

Automatic firmware updates via the Ultrahuman App

Compatible with iPhones running iOS 15 or later and Android devices running Android 6 or later.

EMF radiation safe

Sensors

Infrared Photoplethysmography (PPG) sensor

Non-contact medical-grade skin temperature sensor

6-axis motion sensors

Red LEDs (heart rate monitoring and oxygen saturation)

Green LEDs (heart rate monitoring)

Infrared LEDs (heart rate monitoring)

Battery

Rechargeable, non-replaceable 24mAh LiPo battery

Lasts 4 to 6 days on a full charge

180 mins to fully charge the Ring from 0% to 100%

Our product wizards are ready to talk to you.

Whether you're curious, skeptical, or just want to know how

Shipping to United States 



Ring
AIR

Home

UltrahumanX

Ovulation
Tracking

HSA/FSA

M1
CGM

UltraWork

Shop

For
Busines

Talk to an expert 

What's in the box

Overview

Compare

All features

Tech specs

FAQ

Still got questions?

How do I choose the right ring size for me?

If you're uncertain about your Ultrahuman Ring AIR size, we recommend opting for the free sizing kit that we'll promptly dispatch it upon placing a Ring order. The sizing kit includes high-quality plastic ring sizers ranging from sizes 5 to 14. Please note that Ultrahuman Ring AIR sizes may differ slightly from standard US ring sizes, and we don't offer half sizes. If you are already acquainted with your Ultrahuman Ring (R1) size, you'll find the Ring AIR will fit you just the same.

Why is the Brushed Rose Gold priced higher than the colors?

Ultrahuman is celebrating the second anniversary of the Ring Air. As part of the celebration, we've been working to craft a special experience combining new materials and technology. We have developed a unique manufacturing process to bring this concept to life. The brushed texture softens reflections and the warm rose gold tone offers a refined finish—exclusive to this variant.

The ring's colour and tone have been crafted to shift from a soft, muted glow under ambient light to a more defined, radiant shimmer in direct sunlight. This dynamic quality gives the ring depth and character which is unique to the Brushed Rose Gold finish.

I placed my ring order, what's next?

Upon placing your order, we will promptly process your request for a physical Ring AIR sizing kit if you have chosen to receive one. Once you have determined your size and submitted it to us (if you haven't done so at the time of placing the order), you can expect the delivery of your Ultrahuman Ring AIR within approximately four to six weeks.

Is there any subscription fee to access ring data?

Rest assured, there are no recurring subscription fees for accessing your data. Ring AIR is available for a simple, one-time purchase, paid upfront. This purchase gives you lifelong access to both the ring and your personal data.