



★★★★★ 103 reviews

RingConn Gen 2 Air

\$199.00 USD

Use your HSA or FSA when you checkout with [flex](#)

Klarna

From **\$17.87/month**, or 4 payments at 0% interest with Klarna [Learn more](#)

- Ultra-Light at Just 2.5g
- AI-Powered Health Insights
- Up to 10 Days of Battery Life
- Advanced Sleep Health Tracking
- Multi-Dimensional Health Monitoring

Free Ring Protectors, On Us
Every order includes 3 transparent protectors, sent automatically with your confirmed size. While supplies last.

Choose Your Color:





Dune Gold

Choose Your Size:

[Size Guide ↗](#)

RingConn size is different from the US Standard. We recommend acquiring our free sizing kit.

- I don't know my size



Free Sizing Kit

Or

- I know my size

6

7

8

9

10

11

12

13

14

RingConn Trade In

[Learn More ↗](#)

Save up to \$40.00 USD

Select a device

No trade-in

RingConn Care+

[Learn More ↗](#)

1 Year Coverage	\$29.99
1 replacement opportunity Covers accidental damage Covers lost or theft	
2 Year Coverage	\$49.99
1 replacement opportunity Covers accidental damage Covers lost or theft	

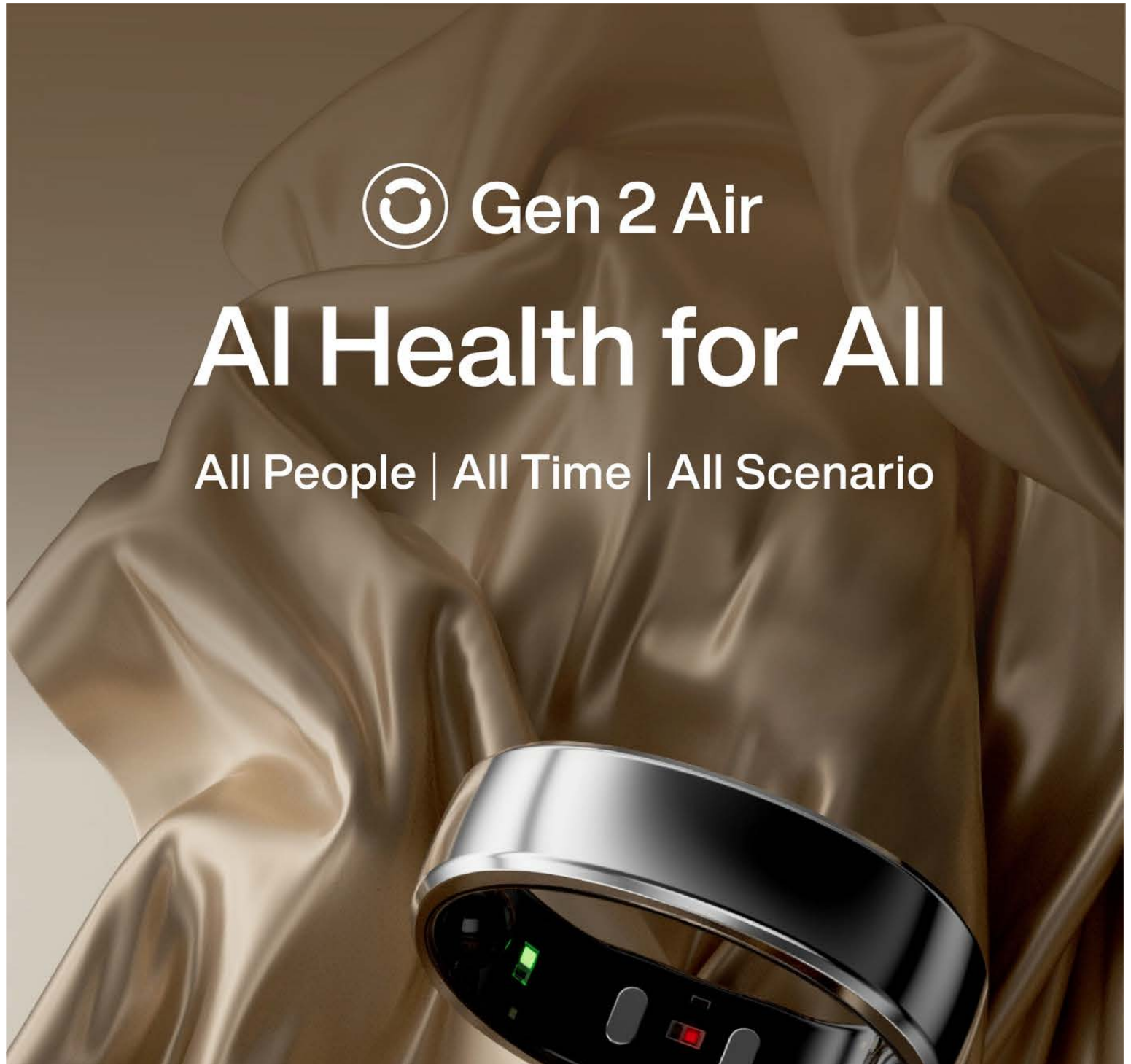
No RingConn Care+Coverage

★★★★★ **Derek M.**

Very comfortable and tracks all the metrics I'm interested in without distracting me like a sports watch would

★★★★★ **Kim M.**

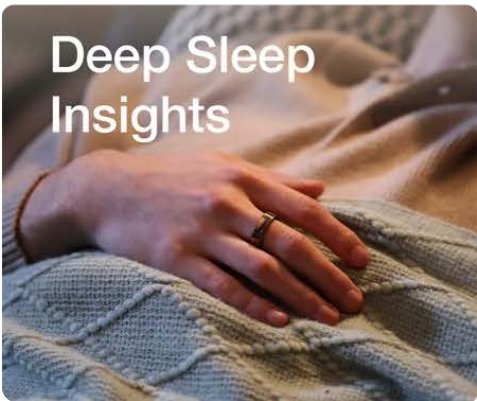
It's pretty cool to own a sizing kit now. My finger is a different size so it's nice to have it to reference on too





2.5g
Ultra-lightweight





[Sleep](#)StressVitalsActivity & FitnessWomen Health

Sleep

"How did you sleep last night?" RingConn's sleep monitoring provides a comprehensive Sleep Score based on total sleep time, heart rate variability (HRV), blood oxygen saturation, nighttime movement, sleep regularity, and more.

[Learn More](#)

Find Your Perfect Fit

Not sure about your size? We'll send you a sizing kit first! Measure accurately to ensure the perfect fit before receiving your ring.

 **Gen 2 Air**

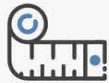


**STEP 1.****Order Your Ring**

Place the order by selecting the "Order a Free Sizing Kit" option. We'll send you a sizing kit before your RingConn Smart Ring ships.

**STEP 2.****Sizing Kit Delivery**

Anticipate the arrival of your sizing kit in 3 to 8 days (vary by location). The sizing kit enable to help you find your suitable size.

**STEP 3.****Test Your Size**

Select your preferred finger for size testing. For optimal performance and accuracy, we recommend the index

**STEP 4.****Submit Your Sizeur Ring**

Go to 'My Orders' to submit your size. If you don't have a RingConn account, please click here to sign up. using

RingConn Anniversary – Up to 25% Off 🛒 [Save Now]

**What's In The Box?**



Instruction Manual & Quick Guide

	RingConn Gen 2 Air	O*** Gen 3	UI*****	Wh***	
Price	\$199	\$349	\$349	\$30/month	

Subscription fee				
Subscription fee		\$5.99/mo. \$72/yr.		\$199/yr.
Weight				
Weight	2.5-4 grams (varies by size)	3.3-5.2 grams (varies by size)	2.4-3.6 grams (varies by size)	27 grams
Function				
Function				
Battery Life				
Battery Life	 Up to 10 days	 Up to 8 days	 Up to 6 days	 5 days
Water Proof				
Water Proof	 IP68/ATM 10 (100 m/328 ft)	 100 m/328 ft	 100 m/328 ft	 10 m/32 ft
AI Health Partner				
AI Health Partner				
Sleep				
Sleep				
Sleep Apnea Monitoring				
Sleep Apnea Monitoring				
Sleep Management				
Sleep Management				
Real-Time Metrics				

Real-Time Metrics

Heart rate				
Heart rate	24/7 heart-rate monitoring	24/7 heart-rate monitoring	Periodically throughout the day	24/7 heart-rate monitoring
HRV				
HRV	✓	nocturnal monitoring	✓	✓
SpO2				
SpO2	✓	nocturnal monitoring	✓	✓
Step Counting				
Step Counting	✓	✓	✓	✗
Distance and Calories				
Distance and Calories	✓	✓	✓	✓
Stress management				
Stress management	✓	✓	✓	✓
Menstrual management				
Menstrual management	✓	✓	✓	✓
Compatibility				
Compatibility	iOS & Android	iOS & Android	iOS 15+ & Android 6+	iOS & Android

Customer Reviews

★★★★☆ 4.66 out of 5
Based on 103 reviews

★★★★★
★★★★☆

74
24

★★★★☆

4

★★★★☆

1

★★☆☆☆

0

Write a review

Most Recent

★★★★☆

07/08/2025

Michael B.

Verified

The steps feature is way off sometimes but overall, I like the ring accuracy on other settings.

★★★★★

07/08/2025

Derek M.

Verified

Very comfortable and tracks all the metrics Im interested in without distracting me like a sports watch would

★★★★☆

07/08/2025

Kyr M.

Verified

Really great product but really need to add additional exercise types to the app.

★★★★★

07/08/2025

Kim M.

Verified

It's pretty cool to own a sizing kit now. My fingers are all different sizes so it's nice to have it to reference other fingers too

★★★★★

07/05/2025

Mikalee W.

Verified

I LOVE this product. Love the sleek design, the way I can barely tell it's on my finger. I love the color and how well it tracks my sleep and vitals. I haven't been exercising due to health issues but as soon as I get back to it I can't wait to see how it records that data. So much more comfortable and easy to read than the Oura!

★★★★☆

07/02/2025

Carrier H.

Verified

The Gen 2 Air is easy to use and has a long battery life - a big plus. The app and it's advise is just so-so and not very helpful. Some of the "suggestions" are too basic.

123>»

You may also like



RingConn Gen 2

From \$299.00 USD





Charging Dock

\$39.90 USD

3.5 ★



Ring Protector Colors

\$12.90 USD

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- Terms of Service
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