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(54) **CLOSED-LOOP THERAPY ADJUSTMENT**

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(58) **Field of Classification Search** 607/17, 607/30, 62, 19, 27, 46, 48; 600/481, 529, 600/544, 546

See application file for complete search history.

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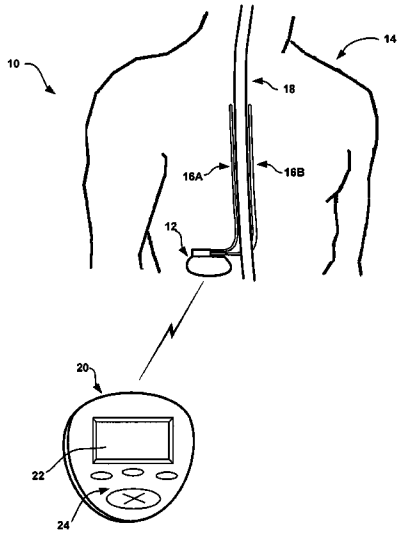
(57) **ABSTRACT**

Techniques for detecting a value of a sensed patient parameter, and automatically delivering therapy to a patient according to therapy information previously associated with the detected value, are described. In exemplary embodiments, a medical device receives a therapy adjustment from the patient. In response to the adjustment, the medical device associates a sensed value of a patient parameter with therapy information determined based on the adjustment. Whenever the parameter value is subsequently detected, the medical device delivers therapy according to the associated therapy information. In this manner, the medical device may "learn" to automatically adjust therapy in the manner desired by the patient as the sensed parameter of the patient changes. Exemplary patient parameters that may be sensed for performance of the described techniques include posture, activity, heart rate, electromyography (EMG), an electroencephalogram (EEG), an electrocardiogram (ECG), temperature, respiration rate, and pH.

51 Claims, 8 Drawing Sheets



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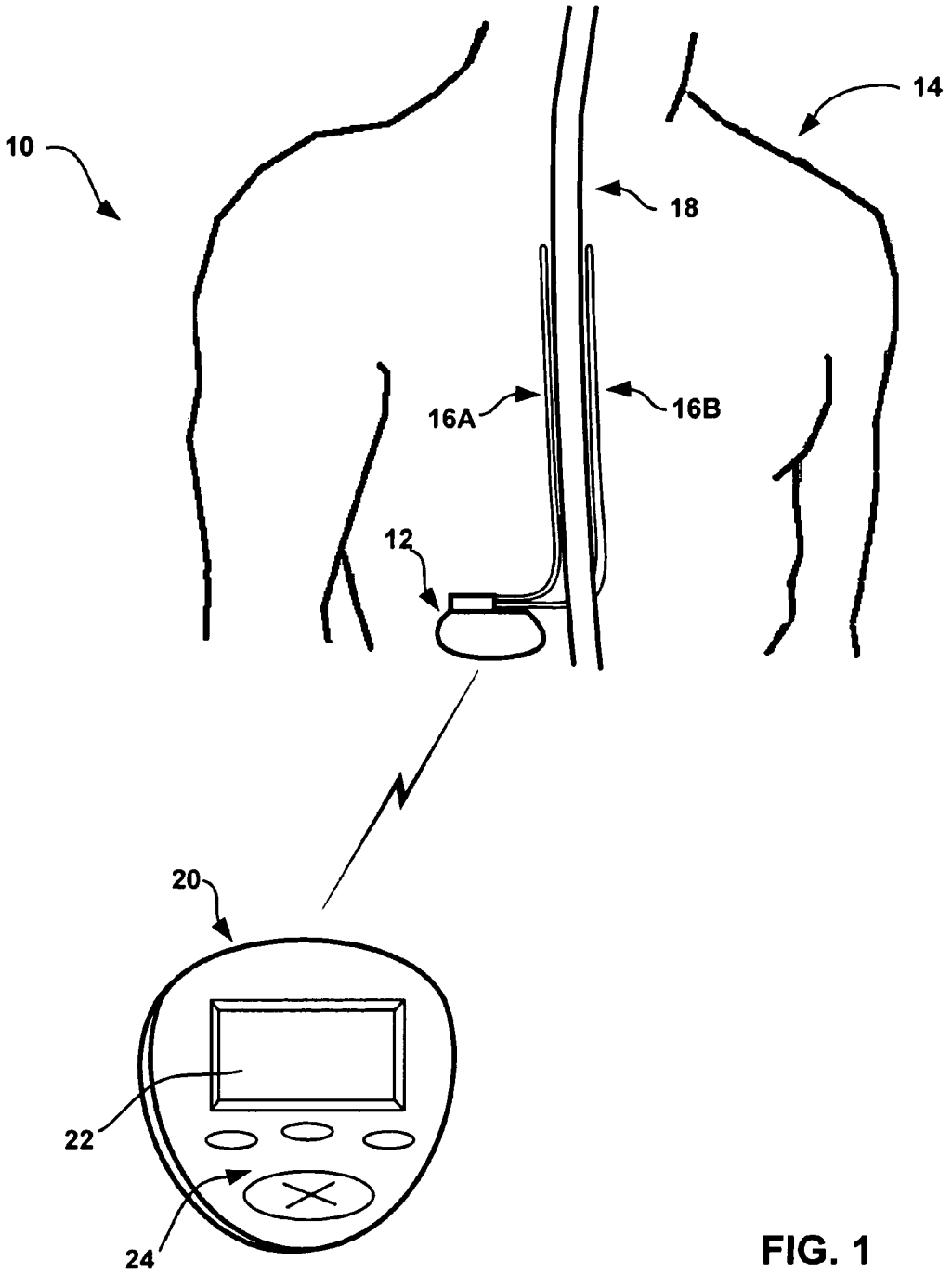


FIG. 1

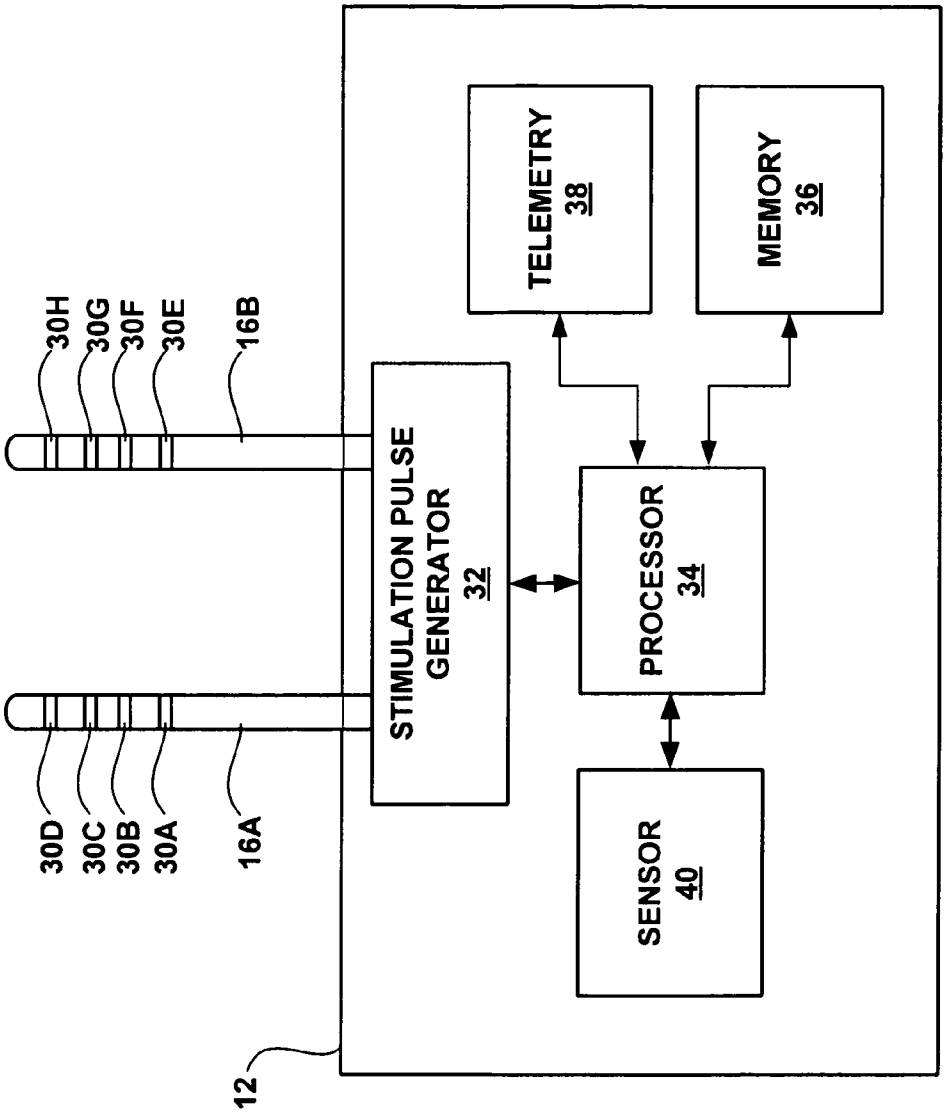
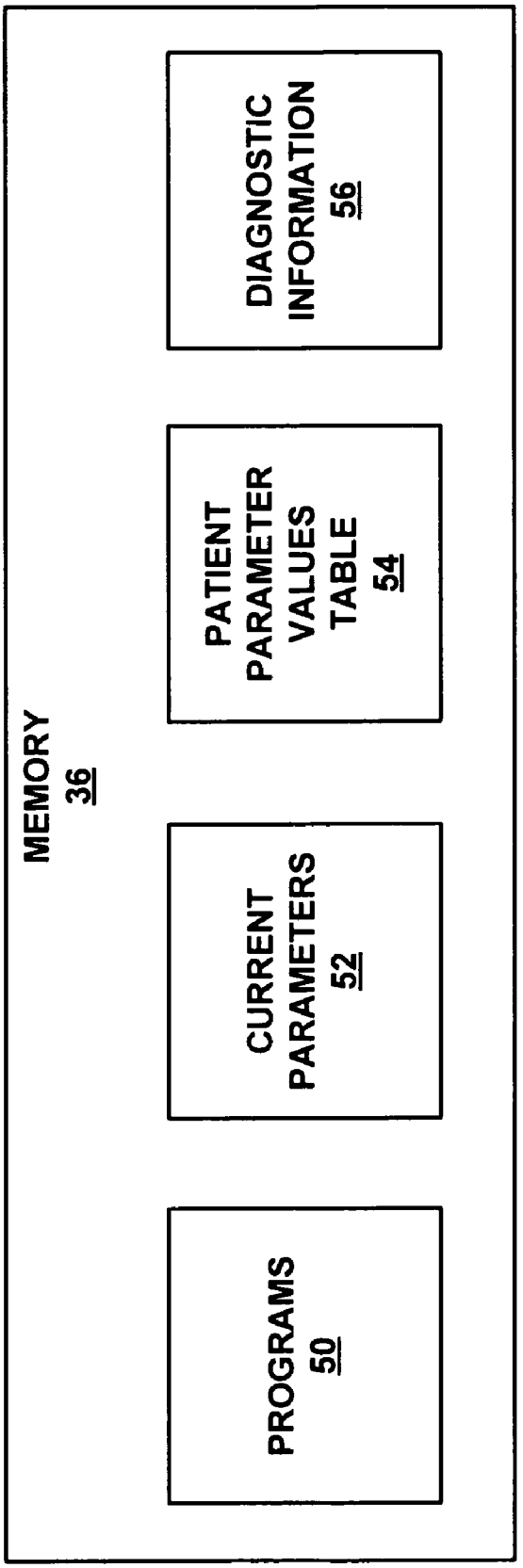

30H
30G
30F
30E
16B
30D
30C
30B
30A
16A
12
STIMULATION PULSE GENERATOR 32
TELEMETRY 38
MEMORY 36
PROCESSOR 34
SENSOR 40

FIG. 2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PROGRAMS
50
CURRENT PARAMETERS
52
PATIENT PARAMETER VALUES TABLE
54
DIAGNOSTIC INFORMATION
56

FIG. 3

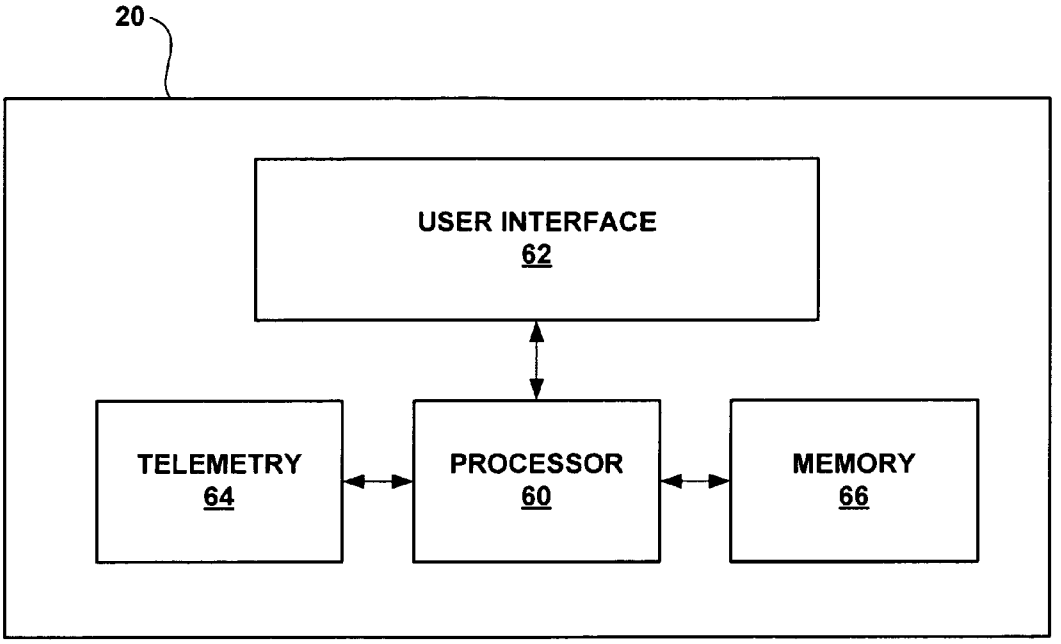

FIG. 4

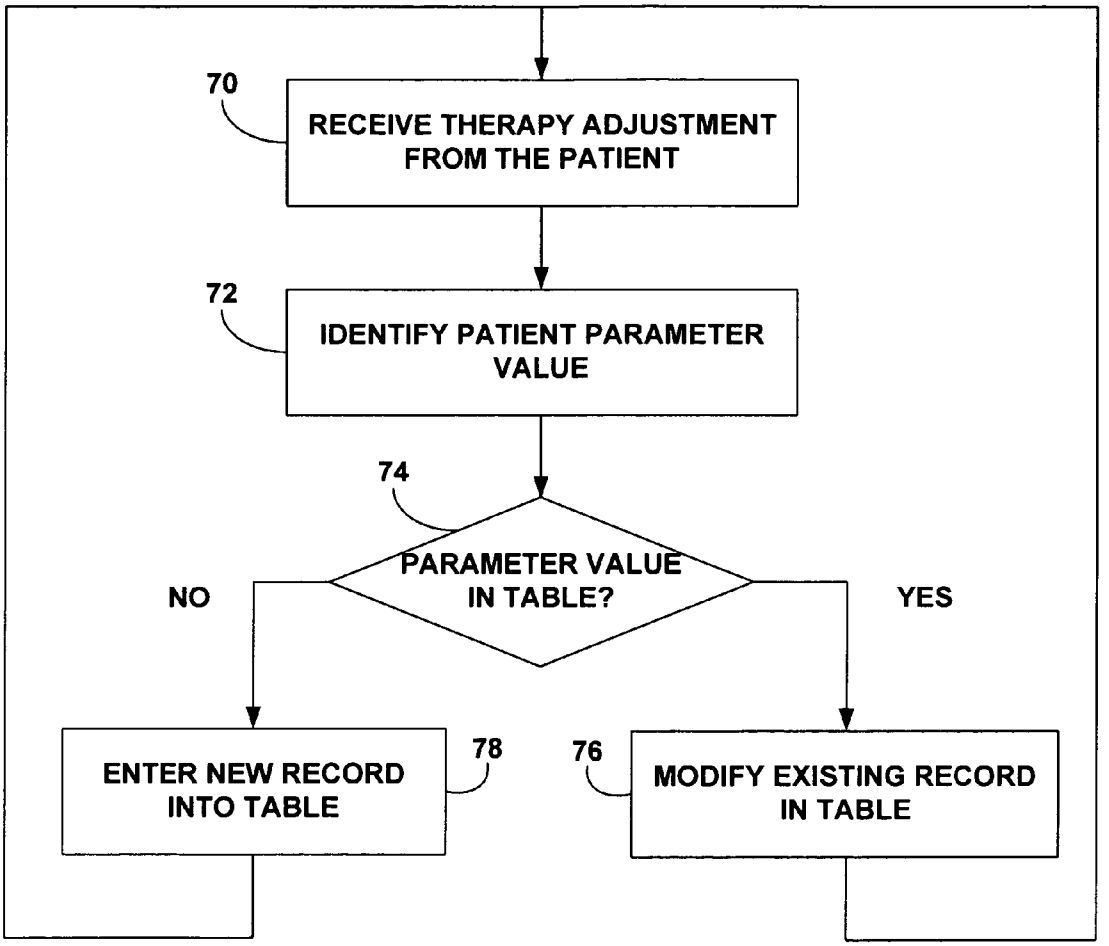
70
RECEIVE THERAPY ADJUSTMENT FROM THE PATIENT
72
IDENTIFY PATIENT PARAMETER VALUE
74
PARAMETER VALUE IN TABLE?
NO
YES
ENTER NEW RECORD INTO TABLE
78
76
MODIFY EXISTING RECORD IN TABLE

FIG. 5

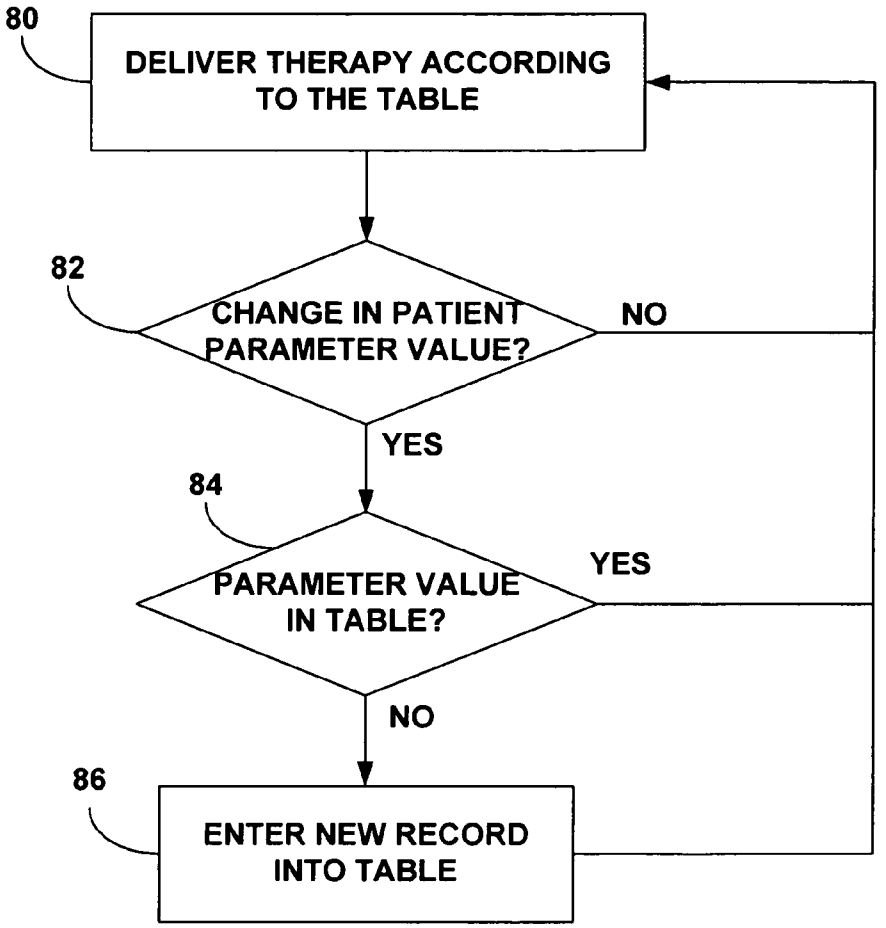
80
DELIVER THERAPY ACCORDING TO THE TABLE
82
CHANGE IN PATIENT PARAMETER VALUE?
NO
YES
84
PARAMETER VALUE IN TABLE?
YES
NO
86
ENTER NEW RECORD INTO TABLE

FIG. 6

110

Program Table Record	Accelerometer Output	Amplitude (V)	Pulse Width (μs)	Frequency (Hz)	Electrode Configuration
1	[X1, Y1, Z1]	2.0	150	10	1+ 2-
2	[X2, Y2, Z2]	2.5	200	50	1- 2+
3	[X3, Y3, Z3]	1.0	100	40	3- 2+
4	[X4, Y4, Z4]	6.6	100	40	1- 3+
5	[X5, Y5, Z5]	8.3	100	35	8- 6+

FIG. 7

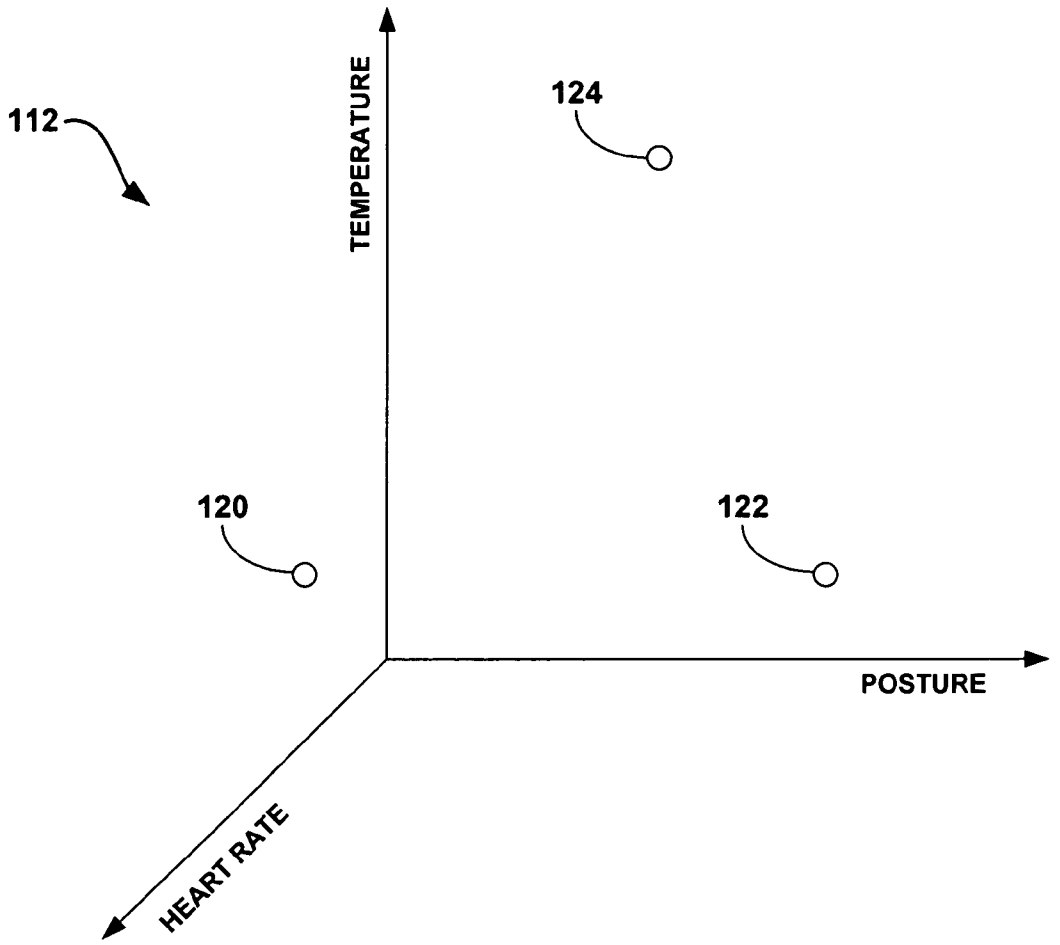

FIG. 8

CLOSED-LOOP THERAPY ADJUSTMENT

This application claims priority from U.S. Provisional Application Ser. No. 60/742,044, filed Dec. 2, 2005, the entire content of which is incorporated herein by reference.

TECHNICAL FIELD

The invention relates to medical devices and, more particularly, medical devices that deliver therapy.

BACKGROUND

A variety of types of medical devices are used for chronic, e.g., long-term, provision of therapy to patients. As examples, pulse generators are used for chronic provision of cardiac pacing and neurostimulation therapies, and pumps are used for chronic delivery of therapeutic agents, such as drugs. Typically, such devices provide therapy continuously or periodically according to parameters, e.g., a program comprising respective values for each of a plurality of parameters, specified by a clinician.

In some cases, the patient is allowed to activate and/or modify the therapy. For example, the symptoms, e.g., the intensity of pain, of patients who receive spinal cord stimulation (SCS) therapy may vary over time based on the activity level or posture of the patient, the specific activity undertaken by the patient, or the like. For this reason, a patient who receives SCS therapy from an implantable medical device (IMD), e.g., an implantable pulse generator, is often given a patient programming device that communicates with his IMD via device telemetry, and allows the patient to activate the neurostimulation and/or adjust the intensity of the delivered neurostimulation.

SUMMARY

In general, the invention is directed to techniques for detecting a value of a sensed patient parameter, and automatically delivering therapy to a patient according to therapy information previously associated with the detected value. More particularly, the techniques include receiving a therapy adjustment from the patient and, in response to the adjustment, associating a sensed value of a patient parameter with therapy information determined based on the adjustment. Therapy may then be delivered according to the associated therapy information whenever the parameter value is subsequently detected. In this manner, as an example, a processor of a medical device that delivers therapy to the patient, or of some other component of a system including such a medical device, may "learn" to automatically adjust the therapy in the manner desired by the patient as the sensed parameter of the patient changes.

The processor may maintain a data structure, such as a program table. Each individual "record" within the data structure may include therapy information associated with a respective parameter value. When the processor detects a parameter value, the processor may determine whether any of the records of the data structure include the parameter value. If a record includes the parameter value, the processor may control delivery of stimulation by the medical device according to the therapy information associated with the parameter value in the record. Additionally, when the processor receives a therapy adjustment from the patient, and associates a patient parameter value with therapy information in response to the adjustment, the processor may determine whether any existing records already include the parameter value. The processor may modify an existing record to include the therapy information, or create a new record that includes the therapy information. The medical device may deliver stimulation, such as spinal cord stimulation or some other neurostimulation, and therapy information may include stimulation parameters, such as respective values for pulse amplitude, width and rate, as well as an electrode configuration.

In some embodiments, a plurality of parameters of the patient is sensed. In such embodiments, therapy information may be associated with respective values for each of the plurality of parameters in response to receipt of a therapy adjustment from the patient. In such embodiments, subsequently detection may involve the detection of the particular respective values in combination. Exemplary patient parameters that may be sensed for performance of the techniques of the invention include posture, activity, heart rate, temperature, respiration rate, and pH.

A patient may manually change or adjust stimulation parameters to customize the therapy as needed. While manual adjustment may ultimately result in efficacious therapy, it does so only after the time and patient effort intrinsic in such adjustment. Embodiments of the invention may be able to more quickly and easily provide a patient with efficacious therapy through automatically "learned" associations of sensed patient parameter values with therapy information. For example, a medical device according to the invention may automatically learn to automatically adjust therapy in the manner desired by the patient based on such associations. After a sufficient period of therapy, the patient may no longer need to manually adjust the therapy because the medical device has learned to use values of one or more sensed patient parameters to anticipate any adjustments.

In one embodiment, the disclosure provides a method that comprises sensing a parameter of a patient, receiving a therapy adjustment from the patient, determining therapy information based on the therapy adjustment, automatically associating a value of the sensed parameter with the therapy information in response to receiving the therapy adjustment, subsequently detecting the value, and automatically delivering therapy to the patient according to the therapy information associated with the value in response to the detection.

In another embodiment, the disclosure provides a system comprising a medical device that delivers a therapy to a patient, a sensor that senses a parameter of the patient, a user interface, and a processor. The processor receives a therapy adjustment from the patient via the user interface, determines therapy information based on the therapy adjustment, automatically associates a value of the sensed parameter detected via the sensor with the therapy information in response to receiving the therapy adjustment, subsequently detects the value via the sensor, and automatically controls the medical device to deliver therapy to the patient according to the therapy information associated with the value in response to the detection.

In another embodiment, the disclosure provides a system comprising means for sensing a parameter of a patient, means for receiving a therapy adjustment from the patient, means for determining therapy information based on the therapy adjustment, means for automatically associating a value of the sensed parameter with the therapy information in response to receiving the therapy adjustment, means for subsequently detecting the value, and means for automatically delivering therapy to the patient according to the therapy information associated with the value in response to the detection.

Further, in other embodiments, the disclosure provides computer-readable media comprising instructions that cause a programmable processor to perform any of the methods or techniques described herein.

In various embodiments, the invention may provide one or more advantages. For example, the patient may rarely need to manually enter an adjustment to the therapy after a medical device or other component of a system according to the invention learns to automatically adjust the therapy based on sensed patient parameter values. In addition, to the extent that the symptoms of the patient change over time, the patient may further adjust the therapy, systems according to the invention may learn to deliver therapy according to these adjustments, e.g., by modifying existing records stored in a program table.

The details of one or more embodiments of the invention are set forth in the accompanying drawings and the description below. Other features, objects, and advantages of the invention will be apparent from the description and drawings, and from the claims.

BRIEF DESCRIPTION OF THE DRAWINGS

FIG. **1** is a conceptual diagram illustrating an example system that facilitates closed-loop therapy adjustment according to the invention.

FIG. **2** is a block diagram illustrating an example medical device that delivers therapy and provides closed-loop adjustment of the therapy according to the invention.

FIG. **3** is a block diagram illustrating an example configuration of a memory of the medical device of FIG. **2**.

FIG. **4** is a block diagram illustrating an example external programmer that allows a patient to communicate with the medical device of FIG. **2**.

FIG. **5** is a flow diagram illustrating an example technique for automatically associating therapy information with patient parameter values in response to patient therapy adjustments.

FIG. **6** is a flow diagram illustrating an example technique for delivering stimulation according to existing associations of therapy information and parameter values, and automatically associating existing therapy information with additional patient parameter values.

FIG. **7** is a chart illustrating an example patient parameter values table that may be used for closed-loop adjustment of therapy.

FIG. **8** is a diagram illustrating an example data structure and method for providing closed-loop therapy according to the invention based on multiple sensed patient parameters.

DETAILED DESCRIPTION

Electrical stimulation is one example of a therapy that may be delivered in a closed-loop manner according to the present invention. Electrical stimulation may be, for example, used to treat patients that suffer from chronic back pain, leg pain, or other pain that cannot be treated through other methods. As a patient changes posture, the stimulation may need to be adjusted in order to maintain efficacy. The patient may use a programmer to manually change one or more stimulation parameters, e.g., amplitude, to adjust the therapy in response to the posture change. Alternatively, the patient may select a new stimulation program, the program including new respective values for each of the stimulation parameters, to adjust the therapy.

While manual adjustment of stimulation may be effective, the patient is burdened by the need to adjust the therapy throughout a daily routine. According to some embodiments of the invention, a medical device, e.g., an implantable medical device (IMD), includes or is coupled to a sensor that senses a patient parameter, and delivers closed-loop therapy based on values of the patient parameter. The IMD automatically "learns" to provide closed-loop therapy based on therapy adjustments made by the patient. In particular, the IMD associates patient parameter values with therapy information in response to therapy adjustments, and then automatically delivers therapy according to therapy information associated with parameter values. The patient may rarely need to manually enter an adjustment to the therapy after a medical device or other component of a system according to the invention learns to automatically adjust the therapy based on sensed patient parameter values.

For example, the IMD may store a table or other data structure that contains records, in which each record contains therapy information associated with a respective value of a patient parameter. The IMD may automatically update the table in response to a therapy adjustment from the patient. The IMD may update the program table after every adjustment input from the patient, after a complete therapy adjustment that includes a number of inputs, or periodically during therapy. While spinal cord stimulation (SCS) is described herein, the invention may be applicable to any type of stimulation therapy. Further, the invention may be applicable to other non-stimulation therapies, such as delivery of a therapeutic agent, e.g., a drug.

FIG. **1** is a conceptual diagram illustrating an example system **10** that facilitates closed-loop therapy adjustment according to the invention. In the illustrated example, system **10** includes an IMD **12**, which is implanted within a patient **14**, and delivers neurostimulation therapy to patient **14**. In exemplary embodiments, IMD **12** takes the form of an implantable pulse generator, and delivers neurostimulation therapy to patient **14** in the form of electrical pulses.

IMD **12** delivers neurostimulation therapy to patient **14** via leads **16**A and **16**B (collectively "leads **16**"). Leads **16** may, as shown in FIG. **1**, be implanted proximate to the spinal cord **18** of patient **14**, and IMD **12** may deliver SCS therapy to patient **14** in order to, for example, reduce pain experienced by patient **14**. However, the invention is not limited to the configuration of leads **16** shown in FIG. **1** or the delivery of SCS therapy. For example, one or more leads **16** may extend from IMD **12** to the brain (not shown) of patient **14**, and IMD **12** may deliver deep brain stimulation (DBS) therapy to patient **14** to, for example, treat tremor, Parkinson's disease, or epilepsy. As further examples, one or more leads **16** may be implanted proximate to the pelvic nerves (not shown), stomach (not shown), or sexual organs (not shown) and IMD **12** may deliver neurostimulation therapy to treat incontinence, gastroparesis, or sexual dysfunction.

Further, as discussed above, the invention is not limited to embodiments in which IMD **12** delivers stimulation therapy. For example, in some embodiments, IMD **12** may additionally or alternatively be coupled to one or more catheters to deliver one or more therapeutic substances to patient **14**, e.g., one or more drugs. Additionally, the invention is not limited to implanted devices. Any implantable or external medical device may deliver closed-loop therapy according to the techniques of the invention.

In exemplary embodiments, IMD **12** delivers therapy according to one or more programs. A program includes one or more parameters that define an aspect of the therapy delivered by the medical device according to that program. For example, a program that controls delivery of stimulation by IMD **12** in the form of pulses may define a voltage or current pulse amplitude, a pulse width, a pulse rate, for stimulation

pulses delivered by IMD **12** according to that program. Further, each of leads **16** includes electrodes (not shown in FIG. **1**), and the parameters for a program that controls delivery of stimulation therapy by IMD **12** may include information identifying which electrodes have been selected for delivery of pulses according to the program, and the polarities of the selected electrodes, i.e., the electrode configuration for the program. Programs that control delivery of other therapies by IMD **12** may include other parameters. For example, a program that controls delivery of a drug or other therapeutic agent may include a titration rate or information controlling the timing of bolus deliveries.

In exemplary embodiments, IMD **12** may also deliver therapy to patient **14** according to therapy information within a record. A plurality of records are stored in a table or other data structure that is continually updated as IMD **12** "learns" associations of therapy information with patient parameter values. Each record includes at least one sensed patient parameter value and associated therapy information. The therapy information may comprise a complete program that IMD **12** uses to deliver therapy, one or more parameter values, or absolute or percentage adjustments for one or more parameters. When IMD **12** detects a value of a patient parameter value, IMD **12** may adjust therapy as indicated by the therapy information in the record for the parameter value, e.g., deliver therapy according to the program in the record, or adjust one or more parameters as indicated by the therapy information in the record.

In the illustrated example, system **10** also includes a programming device **20**, which may, as shown in FIG. **1**, be a handheld computing device. Programming device **20** allows a user to interact with IMD **12**. Programming device **20** may, for example, communicate via wireless communication with IMD **12** using RF telemetry techniques, or any other techniques known in the art.

Programming device **20** may, as shown in FIG. **1**, include a display **22** and a keypad **24** to allow the user to interact with programming device **20**. In some embodiments, display **22** may be a touch screen display, and the user may interact with programming device **20** via display **22**. The user may also interact with programming device **20** using peripheral pointing devices, such as a stylus or mouse. Keypad **24** may take the form of an alphanumeric keypad or a reduced set of keys associated with particular functions. In some embodiments, keypad **24** may include an increase amplitude button and a decrease amplitude button to directly adjust stimulation amplitude.

In exemplary embodiments, programming device **20** is a patient programmer used by patient **14** to control the delivery of neurostimulation therapy by IMD **12**. Patient **14** may use programming device **20** to activate or deactivate, e.g., start or stop, neurostimulation therapy. Patient **14** may also use programming device **20** to adjust the therapy. For example, a patient may use programming device **20** to select one or more programs from among a plurality of stored programs to be the current programs used by IMD **12** to deliver therapy, e.g., patient **14** may switch from one program to another using programming device **20**. The programs may be stored by IMD **12** or patient programmer **20**. Further, patient **14** may also use programming device **20** to adjust therapy by adjusting one or more stimulation parameters, e.g., adjust the amplitude, width, or rate of delivered stimulation pulse, for the one or more current programs.

Patient **14** may provide a number of consecutive inputs to adjust the therapy information. These consecutive inputs may be described singly as a "therapy adjustment." Programming device **20** and IMD **12** may treat all consecutive inputs as an adjustment before acting on the changes. Each input may only be separated by a pre-defined time delay, or all inputs may occur within a predefined time period, to treat the inputs as one adjustment.

When patient **14** adjusts one or more stimulation parameters, and/or switches programs, IMD **12** detects a value of a sensed patient parameter, and associates therapy information with the detected value. In some embodiments, IMD **12** stores the associated parameter value and therapy information as a record within a table or other data structure. If an existing record contains the same parameter value, IMD **12** may modify the record to include new therapy information based on the patient adjustment. Otherwise, IMD **12** may add a new record with the associated patient parameter value and therapy information.

In some embodiments, the table or other data structure may be maintained by, and stored in, programming device **20** instead of IMD **12**. Accordingly, one or both of IMD **12** and programming device **20** may provide closed-loop adjustment of the therapy delivered by IMD **12** according to the invention. In embodiments in which programming device **20** maintains the data structure, the programming device may receive therapy adjustments from patient **14** via user interface components such as display **22** and keypad **24**. In such embodiments, programming device **20** may include sensors that sense the patient parameter, or may receive values of the patient parameter from IMD **12**. Programming device **20** may send commands to IMD **12** based on therapy information stored in the data structure to effect closed-loop delivery of therapy.

For ease of description, the provision of closed-loop therapy adjustment will be described hereinafter primarily with reference to embodiments in which IMD **12** provides the closed-loop therapy adjustments. However, it is understood that both of IMD **12** and programming device **20** are medical devices capable of providing closed-loop therapy adjustments according to the invention.

In response to receiving a therapy adjustment from patient **14**, e.g., via programming device **20**, IMD **12** detects a value of a sensed patient parameter, and associates therapy information with the value. The sensed parameter value may be an activity and/or posture of patient **14**, and the therapy information may include the therapy parameters currently used, or adjustments to such parameters made, at the time the sensed patient parameter value was detected. In exemplary embodiments, IMD **12** continually "learns" such associations, e.g., by updating a data structure. Closed-loop delivery of therapy by IMD **12** based on the associations of therapy information with sensed patient parameter values may eventually eliminate the need for patient **14** to manually adjust therapy parameters.

For example, patient **14** may adjust the amplitude of stimulation, which may indicate that the original program was inadequate to treat the patient because of a change of symptoms. The change in symptoms may be correlated with a change in a sensed patient parameter. For example, both of these changes may be due to the patient undertaking an activity or posture, such as running, golfing, taking medication, sleeping, sitting, bending over, transitioning from sitting to standing, or some particular activity or posture related to an occupation of patient **14**. IMD **12** may associate therapy information determined based on the received therapy adjustment with a value of a patient parameter, e.g., an activity, activity level, or posture, that is sensed at the time of the therapy adjustment.

In some embodiments, IMD **12** may also monitor the sensed patient parameter, and create additional associations

between parameter values and existing therapy information, without receiving any therapy adjustment from patient **14**. In particular, when the sensed patient parameter value has changed without a therapy adjustment, IMD **12** may automatically associate the parameter value with therapy information determined based on the current, unadjusted therapy parameters. In some embodiments, IMD **12** may only make such an automatic, non-adjustment based association if the sensed patient parameter value has changed by a threshold or "resolution" value, which may be for example an absolute or percentage value.

The resolution value for the sensed patient parameter may control the size and resolution of a data structure that stores associations between values of the patient parameter and therapy information; whether the associations are made based on a patient therapy adjustment or not. The resolution value may be set by, for example, a manufacturer of IMD **12** or a clinician, and controls difference in the parameter value that IMD **12** identifies as being significant enough to update the data structure. If the resolution value is set to a low value, the data structure may include a greater number of records, each with respective values for the patient parameter. A low resolution value may accordingly provide a finer stimulation control. Alternatively, the resolution value may be set to a higher value to limit the number of records in the data structure, which would also result in less frequent therapy adjustments. In some embodiments, IMD **12** may lower the resolution value if existing records are frequently being modified or overwritten, e.g., in response to frequent therapy adjustments by patient. This occurrence may indicate that patient **12** needs finer control of adjustments to stimulation therapy.

The sensed patient parameter may be activity, activity level, posture, or a physiological parameter of patient **14**. Physiological parameters may include heart rate, electromyography (EMG), an electroencephalogram (EEG), an electrocardiogram (ECG), temperature, respiration rate, or pH. A sensor used to sense such patient parameters may be implanted at a site within patient **14**, worn on the exterior of the patient, or located within IMD **12**. An example sensor is a 3-axis accelerometer located within IMD **12**. Patient parameter values detected by IMD **12** based on the signals generated by such a sensor may correspond to an activity or posture undertaken by patient **14**, or a gross level of physical activity, e.g., activity counts based on footfalls or the like.

As an example, IMD **12** may record the output of a 3-axis accelerometer in response to a therapy adjustment, and associate the output with therapy information determined based on the adjustment. The recorded output may be the result of patient **14** being in a prone position, for example. When IMD **12** later detects the same output from the accelerometer, e.g., when patient **14** is again in the prone position, IMD **12** may automatically deliver therapy appropriate for the prone position.

By providing therapy adjustments automatically, IMD **12** may allow patient **14** to avoid having to manually adjust the therapy each time a particular patient parameter value occurs, e.g., each time the patient engages in a particular activity, activity level or posture. Such manual adjustment of stimulation parameters can be tedious, requiring patient **14** to, for example, depress one or more keys of keypad **24** multiple times during the patient activity to maintain adequate symptom control. Instead, according to the invention, patient **14** may eventually need to manually adjust stimulation therapy rarely, if at all, once IMD **12** has compiled a comprehensive program table.

FIG. **2** is a block diagram illustrating IMD **12** in greater detail. IMD **12** may deliver neurostimulation therapy via electrodes **30**A-D of lead **16**A and electrodes **30**E-H of lead **16**B (collectively "electrodes **30**"). Electrodes **30** may be ring electrodes. The configuration, type and number of electrodes **30** illustrated in FIG. **2** are merely exemplary. For example, IMD **12** may only include one lead with eight electrodes on the lead.

Electrodes **30** are electrically coupled to a stimulation pulse generator **32** via leads **16**. Stimulation pulse generator **32** may, for example, include an output pulse generator coupled to a power source such as a battery. Stimulation pulse generator **32** may deliver electrical pulses to patient **14** via at least some of electrodes **30** under the control of a processor **34**.

Processor **34** may control stimulation pulse generator **32** to deliver neurostimulation therapy according to a selected program. Specifically, processor **34** may control circuit **32** to deliver electrical pulses with the amplitudes and widths, and at the rates specified by the program. Processor **34** may also control stimulation pulse generator **32** to deliver the pulses via a selected subset of electrodes **30** with selected polarities, e.g., a selected electrode configuration, as specified by the program.

Processor **34** may also control stimulation pulse generator **32** to deliver the neurostimulation therapy according to records stored within a table or other data structure, as described above. Processor **34** maintains, e.g., creates and modifies, the table. Specifically, processor **34** may receive a therapy adjustment from a user, such as patient **14**, detect a patient parameter value, and associate therapy information with the patient parameter value by creating or modifying a record within the data structure, as described above.

Processor **34** may subsequently detect previously detected patient parameter values, and control stimulation pulse generator **32** to deliver therapy via at least some of electrodes **30** as indicated by the associated therapy information. For example, processor **34** may control stimulation pulse generator **32** to deliver stimulation pulses with the amplitude, width, rate, and/or electrode configuration indicated by the therapy information, or, in some embodiments, may control stimulation pulse generator **32** to adjust the amplitude, width, and/or rate over time as indicated by the therapy information.

IMD **12** also includes a telemetry circuit **38** that allows processor **34** to communicate with programming device **20**. Processor **34** may receive program selections, therapy parameter adjustments, or other therapy adjustments, as well as commands to initiate or terminate stimulation, from a user, e.g., patient **14**, using programming device **20** via telemetry circuit **38**. In some embodiments, as will be described in greater detail below, processor **34** also communicates with a clinician programmer to provide diagnostic information stored in memory **36** to a clinician via telemetry circuit **38**. The clinician programmer may operate similarly to programmer **20**, but the clinician programmer may be more fully featured, e.g., provide greater control of or interaction with IMD **12**, than programming device **20**. Telemetry circuit **38** may correspond to any telemetry circuit known in the implantable medical device arts.

In exemplary embodiments, as described above, IMD **12** includes a sensor **40** that senses a patient parameter, and processor **34** detects values of the patient parameter based on the signal generated by sensor **40** as a function of the patient parameter. Sensor **40** may be a sensor that generates an output based on activity, activity level, posture, and/or one or more physiological parameters of patient **14**, as discussed above. In exemplary embodiments, sensor **40** is a 3-axis accelerometer, such as a piezoelectric and/or micro-electro-mechanical accelerometer. In other embodiments, a single axis acceler-

ometer may be employed, or multiple single axis accelerometers may be used in place of one 3-axis accelerometer.

In some embodiments, processor **34** processes the analog output of sensor **40** to determine digital activity and/or posture information. For example, where sensor **40** comprises a piezoelectric accelerometer, processor **34** may process the raw signal provided by sensor **40** to determine activity counts. In some embodiments, IMD **12** includes multiple sensors oriented along various axes, or sensor **40** comprises a single multi-axis, e.g., three-axis, accelerometer. In such embodiments, processor **34** may process the signals provided by the one or more sensors **40** to determine velocity of motion information for each axis.

Although illustrated in FIG. **2** as including a single sensor **40**, systems according to the invention may include any number of sensors **40**. In exemplary embodiments, the one or more sensors **40** are housed within a housing (not shown) of IMD **12**. However, the invention is not so limited. In some embodiments, one or more sensors **40** are coupled to IMD **12** via additional leads **16** (not shown). Such sensors may be located anywhere within patient **14**. In some embodiments, IMD **12** may be coupled to multiple accelerometer sensors **40** located at various positions within patient **14** or on the external surface of patient **14**, and processor **34** may receive more detailed information about the posture of and activity undertaken by patient **14**. For example, accelerometer sensors **40** may be located within the torso and at a position within a limb, e.g. a leg, of patient **14**.

In some embodiments, one or more sensors **40** may communicate wirelessly with IMD **12** instead of requiring a lead to communicate with the IMD. For example, sensors **40** located external to patient **12** may communicate wirelessly with processor **34**, either directly or via programming device **20**. In some embodiments, one or more sensors **40** may be included as part of or coupled to programming device **20**.

Moreover, the invention is not limited to embodiments where sensors **40** are accelerometers. In some embodiments, one or more sensors **40** may take the form of, for example, a thermistor, a pressure transducer, or electrodes to detect thoracic impedance or an electrogram. Such sensors **40** may be appropriately positioned within patient **14**, or on an external surface of the patient, to allow processor **34** to measure a physiological parameter of patient **14**, such as a skin temperature, an arterial or intracardiac pressure, a respiration rate, a heart rate, or a Q-T interval of patient **14**.

Processor **34** may include a microprocessor, a controller, a digital signal processor (DSP), an application specific integrated circuit (ASIC), a field-programmable gate array (FPGA), discrete logic circuitry, or the like. IMD **12** also includes a memory **36**, which may include program instructions that, when executed by processor **34**, cause IMD **12** to perform the functions ascribed to IMD **12** herein. Memory **36** may include any volatile, non-volatile, magnetic, optical, or electrical media, such as a random access memory (RAM), read-only memory (ROM), non-volatile RAM (NVRAM), electrically-erasable programmable ROM (EEPROM), flash memory, and the like.

FIG. **3** is a block diagram illustrating an exemplary configuration of memory **36** of IMD **12**. As illustrated in FIG. **3**, memory **36** stores programs **50**, one or more of which processor **34** (FIG. **2**) may select to control delivery of stimulation by pulse generator **32** (FIG. **2**), as described above. Each of the programs includes respective values for a plurality of therapy parameters, such as pulse amplitude, pulse width, pulse rate, and electrode configuration, as described above. Processor **34** may select one or more programs based on input or commands received from patient **14** via programming device **20** and telemetry circuit **38**. Programs **50** may have been generated using a clinician programmer, e.g., during an initial or follow-up programming session, and received by processor **34** from the clinician programmer via telemetry circuitry **38**. In other embodiments, programming device **20** stores programs **50**, and processor **34** receives selected programs from programming device **20** via telemetry circuit **38**.

In some embodiments, memory **36** also stores an indication of the current therapy parameters **52** used by processor **34** to control delivery of stimulation by stimulation pulse generator **32**. Current therapy parameters **52** may be the one or more selected programs, or may reflect modifications to one or more therapy parameters of the one or more programs based on patient adjustment. Further, processor **34** may determine current therapy parameters **52** based on therapy information associated with a detected value of a sensed patient parameter, as described herein.

As described above, patient parameter values table **54** comprises a plurality of records that each include a respective value of a patient parameter and associated therapy information. When therapy is initiated, table **54** may be empty. As therapy progresses, processor **34** creates records, by associating therapy information with patient parameter values, and stores them table **54**. If a therapy adjustment causes processor **34** to identify a sensed patient parameter value that is substantially identical to a patient parameter value for an existing record, processor **34** modifies existing record based on new therapy information in order to keep updated therapy information available for stimulation therapy. In this manner, IMD **12** is capable of adapting to changes in patient **14** physiology during the therapy.

Processor **34** may also collect diagnostic information **56** and store diagnostic information **56** within memory **36** for future retrieval by a clinician. Diagnostic information **56** may, for example, include selected recordings of the output of sensor **40** and/or of therapy changes made by patient **14**. In exemplary embodiments, diagnostic information **56** includes information identifying the time at which patient sensor outputs occurred, either during operation in a learning mode or as subsequently detected by processor **34**. Diagnostic information **56** may include other information or activities indicated by patient **14** using programming device **20**, such as changes in symptoms, taking medication, or other activities undertaken by patient **14**. A clinician programming device (not shown in FIGS.) may present diagnostic information **56** to a clinician in a variety of forms, such as timing diagrams, or a graph resulting from statistical analysis of diagnostic information **56**, e.g., a bar graph. Diagnostic information **56** may also include calibration routines for each sensor **40** and malfunction algorithms to identify stimulation dysfunctions.

FIG. **4** is a block diagram further illustrating programming device **20**. As indicated above, in exemplary embodiments programming device **20** takes the form of a patient programming device used by patient **14** to control delivery of therapy by IMD **12**. Patient **14** may interact with a processor **60** via a user interface **62** in order to control delivery of neurostimulation therapy, e.g., provide patient therapy adjustments, as described herein. User interface **62** may include display **22** and keypad **24**, and may also include a touch screen or peripheral pointing devices as described above. Keypad **24** may include an increase amplitude button and a decrease amplitude button. Processor **60** may also provide a graphical user interface (GUI) to facilitate interaction with patient **14**. Processor **60** may include a microprocessor, a controller, a DSP, an ASIC, an FPGA, discrete logic circuitry, or the like.

Programming device **20** also includes a telemetry circuit **64** that allows processor **60** to communicate with IMD **12**. In

exemplary embodiments, processor **60** communicates commands, indications, and therapy adjustments made by patient **14** via user interface **62** to IMD **12** via telemetry circuit **64**. Telemetry circuit **64** may correspond to any telemetry circuit known in the implantable medical device arts.

Programming device also includes a memory **66**. In some embodiments, memory **66**, rather than memory **36** of IMD **12**, may store programs **50** and table **54** to control delivery of neurostimulation therapy. Memory **66** may also include program instructions that, when executed by processor **60**, cause programming device **20** to perform the functions ascribed to programming device **20** herein. Memory **66** may include any volatile, non-volatile, fixed, removable, magnetic, optical, or electrical media, such as a RAM, ROM, CD-ROM, hard disk, removable magnetic disk, memory cards or sticks, NVRAM, EEPROM, flash memory, and the like.

FIG. **5** is a flow diagram illustrating an example technique for automatically associating therapy information with patient parameter values in response to patient therapy adjustments. More particularly, FIG. **5** illustrates an example technique for updating a program table following therapy adjustments by patient **14**. The illustrated technique may be performed by a medical device, such as IMD **12**, and will be described with reference to IMD **12** and system **10**.

During therapy, processor **34** of IMD **12** receives a therapy adjustment from patient **14** via programmer **20**, e.g., an amplitude adjustment (**70**). Processor **34** determines therapy information, such as the amount or percentage of the amplitude adjustment, the adjusted value of the amplitude, or respective values for a plurality of therapy parameters including the adjusted amplitude value, based on the therapy adjustment. Processor **34** also identifies a current value of a sensed parameter of patient **14**, such as posture or activity, based on a signal generated by sensor **40** (**72**).

Processor **34** determines whether any of the records in table **54** already include or encompass the identified patient parameter value (**74**). If the patient parameter value is already in an existing record of table **54**, processor **34** modifies the existing record based on, e.g., to include, the newly determined therapy information (**76**). Otherwise, processor **34** may enter a new record including the identified patient parameter value and the determined therapy information into the table **54** (**78**). The determination of whether a value of the sensed patient parameter is included in or encompassed by a record already in table **54**, e.g., whether the value is substantially equivalent to an existing value, may depend on the resolution value for the sensed parameter, which was discussed above with reference to FIG. **1**.

In some cases, the therapy adjustment received from patient **14** may be one or more inputs or a command that stops delivery of therapy. Such an adjustment indicates that the current therapy parameter values **52**, whether they were determined based on a program **50** or therapy information from table **54**, were inappropriate for the current condition of patient **14**. The current condition of the patient is reflected by the current value of a sensed patient parameter. As an example, the patient may stop therapy if it becomes too intense when a particular posture is assumed.

In response to such a therapy adjustment, processor **34** may remove any current association between the current value of the sensed patient parameter and therapy information, e.g., delete any record in table **54** for the current value of the sensed patient parameter. In this manner, next time patient **14** assumes a problematic posture or activity, no change in therapy from whatever therapy is currently being delivered will occur. However, whatever is being delivered may also cause patient **14** to experience discomfort. Accordingly, processor **34** may create a new record, or modify an existing record, such that a relatively innocuous, predetermined therapy program is associated with the patient parameter value that indicates the problematic condition, e.g., posture or activity, of the patient.

Alternatively, processor **34** or programming device **20** may request patient **14** to assume the activity or posture associated with the therapy shutdown, and manually find therapy parameters that provide comfortable and efficacious therapy. In this case, processor **34** or the programming device may provide some guidance or direction to patient **14** to assist in quickly determining therapy parameters that are effective. Once such parameters are found, IMD **12** may create a record in table **54** that associates the previously problematic sensed patient parameter value with the therapy information chosen by patient **14**.

FIG. **6** is a flow diagram illustrating an example technique for delivering stimulation according to existing associations of therapy information and parameter values, and also automatically associating existing therapy information with additional patient parameter values. The illustrated technique may be performed by a medical device, such as IMD **12**, and will be described with reference to IMD **12** and system **10**. As shown in FIG. **6**, processor **34** of IMD **12** controls pulse generator **32** to deliver therapy according to the therapy information stored in table **54** (**80**). For example, processor **34** may adjust therapy parameters or change therapy programs as indicated by therapy information stored in records of table **54**. Processor **34** accesses different records, and thus different therapy information, based on detected values of a sensed patient parameter.

If processor **34** detects a change in the patient parameter value (**82**), the processor may determine whether the parameter value is already in the table (**84**). As discussed above, this determination may depend on a resolution value for the sensed patient parameter. If the detected patient parameter value is already in table **54**, processor **34** may control generator **32** to deliver therapy according to the table, e.g., according to the therapy information associated with the detected patient parameter value in the table (**80**). This may include adjusting one or more parameters or changing a program. If the detected patient parameter value is not already in table **54**, processor **34** may enter a new record in table **54** for the value, which associates the detected patient parameter value with the current therapy parameter values **52** (**86**). In this manner, processor **34** may more quickly populate table **54** with therapy information for various values of the sensed patient parameter than would be possible if generation of new records was limited to being responsive therapy adjustments from by the patient.

In some embodiments, processor **34** may wait a predetermined time after the sensed patient parameter value changes before storing a new record. Since the output of sensor **40** may change rapidly, recording a new record for each small change in sensor output may not be necessary or even possible without slowing down the performance of processor **34**. Processor **34** may wait for 10 seconds, for example, in order to let the sensor output stabilize before generating a new record.

FIG. **7** is a chart illustrating an example patient parameter value table that may be used for closed-loop adjustment of therapy. Table **110** may correspond to table **54** stored in memory **36** of IMD **12**. As shown in FIG. **7**, table **110** includes a plurality of records. Each record contains an accelerometer output, which is an example of a value of a sensed patient parameter, as well as an amplitude, a pulse width, a pulse frequency, and an electrode configuration, which are values for example therapy parameters. Processor **34** may search

table **110** based on a currently-detected accelerometer output in order to match therapy to the current condition, e.g., posture, of patient **14**.

The accelerometer output is from a 3-axis accelerometer. A measured acceleration in each direction creates a vector acceleration. Therefore, each accelerometer output includes an X variable, a Y variable, and a Z variable. If one of the three variables is different between an existing record and a new record, processor **34** may enter the new record into program table **110**. The value of the accelerometer may be a raw value or a calibrated value equal to the actual acceleration. The resolution value may be equal to the maximum range of each acceleration component divided by a pre-set size. For example, the maximum range may be 10 volts, and the pre-set size may be 100. Therefore, the resolution value for each component is 0.1 volts. In some embodiments, each component of the acceleration value may have a different resolution value.

With respect to the therapy information, the amplitude is in volts, the pulse width is in microseconds (μs), the pulse frequency is in Hz, and the electrode configuration determines the electrodes and polarity used for delivery of stimulation according to the record. The amplitude of program table **110** is the voltage amplitude, but other embodiments may use a current amplitude. In the illustrated example, each record includes a complete set of therapy parameters, e.g., a complete program, as therapy information. In other embodiments, each record may include one or more individual parameter values, or information characterizing an adjustment to one or more parameter values.

FIG. **8** is a diagram illustrating an example data structure and method for providing closed-loop therapy according to the invention based on multiple sensed patient parameters. In some embodiments, each record of table **54** may include respective values for each of a plurality of sensed patient parameters. Processor **34** may deliver therapy according to therapy information within a record in response to detecting the respective parameter values for the record in combination.

FIG. **8** illustrates a matrix **112**, which may correspond to such a table. Records with respective therapy information associated with respective values for each of a plurality of sensed patient parameters may be considered to reside at one of points **120**, **122** and **124** within a multi-dimensional patient parameter space. Patient **14** temperature, posture, and heart rate are the three exemplary parameters of three-dimensional matrix **112**. Matrix **112** may contain numerous records at various "locations" throughout the parameter space represented by matrix, each record with a respective combination of values for a plurality of sensed patient parameters, which is associated with respective therapy information.

Various embodiments of the described invention may include processors that are realized by microprocessors, Application-Specific Integrated Circuits (ASIC), Field-Programmable Gate Arrays (FPGA), or other equivalent integrated or discrete logic circuitry. A processor may also utilize several different types of data storage media to store computer-readable instructions for device operation. These memory and storage media types may include any form of computer-readable media such as magnetic or optical tape or disks, solid state volatile or non-volatile memory, including random access memory (RAM), read only memory (ROM), electronically programmable memory (EPROM or EEPROM), or flash memory. Each storage option may be chosen depending on the embodiment of the invention.

Many embodiments of the invention have been described. However, one skilled in the art will appreciate that various modification may be made to the described embodiments without departing from the scope of the invention. For example, the invention is not limited to medical devices that deliver neurostimulation therapy or to implantable medical devices. Rather, systems that facilitate automatic therapy adjustment according to the invention may include one or more implantable or external medical devices, of any type, that deliver therapy to a patient. For example, in some embodiments, an implantable or external pump that delivers a therapeutic agent to a patient can provide automatic therapy adjustment according to the invention. Further, as discussed above, a programming device, rather than the therapy delivering device, may provide closed-loop therapy adjustments according to the techniques of the invention.

Additionally, in some embodiments, a system that facilitates automatic therapy adjustment does not include a programming device at all. Where a system includes an external medical device that provides therapy to a patient, for example, a user may interact with a user interface provided by the medical device and a programming device may therefore be unnecessary. A user may also interact with an implanted medical device using a magnetic activator, or by tapping over the implanted medical device, which may be detected via an accelerometer, as is known in the art. These and other embodiments are within the scope of the following claims.

The invention claimed is:

1. A method comprising:

sensing a parameter of a patient via a sensor; and,

using one or more processors:

receiving a therapy adjustment from the patient via a user interface, wherein the therapy adjustment received from the patient comprises an adjustment of a value of at least one parameter of a therapy delivered by a medical device to the patient;

determining therapy information based on the therapy adjustment;

detecting a value of the sensed parameter in response to the receipt of the therapy adjustment from the patient;

automatically associating the value of the sensed parameter with the therapy information in response to receiving the therapy adjustment;

subsequently detecting the value of the sensed parameter via the sensor; and

automatically delivering therapy to the patient via the medical device according to the therapy information associated with the value in response to the subsequent detection.

2. The method of claim **1**, further comprising:

receiving, using the one or more processors, one of a plurality of therapy adjustments from the patient whenever the patient adjusts the therapy; and

using the one or more processors, for each of the therapy adjustments, determining respective therapy information based on the therapy adjustment, and automatically associating the respective therapy information with a respective value of the sensed parameter detected in response to receipt of the therapy adjustment in response to receiving the therapy adjustment.

3. The method of claim **2**, wherein each of the therapy adjustments comprises one or more commands from the patient.

4. The method of claim **1**, wherein the sensed parameter comprises at least one of posture, activity, heart rate, electromyogram (EMG), an electroencephalogram (EEG), an electrocardiogram (ECG), temperature, respiration rate, or pH.

5. The method of claim **1**, wherein sensing the parameter comprises sensing a plurality of parameters of the patient.

automatically associating the value of the sensed parameter with the therapy information comprises automatically associating a respective value for each of the plurality of parameters with the therapy information, and subsequently detecting the value of the sensed parameter comprises subsequently detecting the respective values in combination.

6. The method of claim **1**, further comprising maintaining a data structure via the one or more processors, wherein associating the value of the sensed parameter with the therapy information comprises storing the associated parameter value and the therapy information as a record within the data structure.

7. The method of claim **6**, wherein storing the associated parameter value and the therapy information as a record comprises:

determining whether any of a plurality of existing records of the data structure includes the parameter value; and

updating one of the plurality of existing records based on the therapy information when the existing record includes the parameter value.

8. The method of claim **6**, wherein storing the associated parameter value and therapy information as a record comprises:

determining whether any of a plurality of existing records of the data structure includes the parameter value; and

creating a new record that includes the parameter value and the therapy information when the plurality of existing records of the data structure do not include the parameter value.

9. The method of claim **1**, further comprising:

receiving an input to stop delivery of the therapy according to the therapy information associated with the parameter value; and

removing the association of the therapy information with the parameter value in response to the input.

10. The method of claim **9**, further comprising associating, using the one or more processors, the parameter value with predetermined default therapy information.

11. The method of claim **1**, further comprising:

detecting another value of the sensed patient parameter via the sensor;

determining, using the one or more processors, that the detected another value is not presently associated with therapy information; and

automatically associating, using the one or more processors, the detected another value with current therapy parameter values based on the determination.

12. The method of claim **1**, wherein therapy comprises stimulation and the therapy information comprises a plurality of stimulation parameters.

13. The method of claim **12**, wherein the plurality of stimulation parameters comprise an electrode configuration, a pulse rate, a pulse width, and an amplitude.

14. A system comprising:

a medical device configured to deliver a therapy to a patient;

a sensor configured to sense parameter of the patient;

a user interface; and

a processor configured to:

receive a therapy adjustment from the patient via the user interface, wherein the therapy adjustment received from the patient comprises an adjustment of a value of at least one parameter of the therapy delivered by the medical device to the patient,

determine therapy information based on the therapy adjustment,

detect a value of the sensed parameter in response to the receipt of the therapy adjustment from the patient,

automatically associate the value of the sensed parameter detected via the sensor in response to the receipt of the therapy adjustment with the therapy information in response to receiving the therapy adjustment,

subsequently detect the value of the sensed parameter via the sensor, and

automatically control the medical device to deliver therapy to the patient according to the therapy information associated with the value in response to the subsequent detection.

15. The system of claim **14**, wherein the processor receives one of a plurality of therapy adjustments from the patient whenever the patient adjusts the therapy via the user interface, and, for each of the therapy adjustments, determines respective therapy information based on the therapy adjustment, and automatically associates the respective therapy information with a respective value of the sensed parameter detected in response to receipt of the therapy adjustment in response to receiving the therapy adjustment.

16. The system of claim **15**, wherein each of the therapy adjustments comprises one or more commands from the patient.

17. The system of claim **14**, wherein the sensed parameter comprises at least one of posture, activity, heart rate, electromyogram (EMG), an electroencephalogram (EEG), an electrocardiogram (ECG), temperature, respiration rate, or pH.

18. The system of claim **14**,

wherein the sensor comprises one or more sensors that sense a plurality of parameters of the patient, and

wherein the processor automatically associates a respective value for each of the plurality of parameters with the therapy information, subsequently detects the respective values in combination, and automatically controls the medical device to deliver therapy to the patient according to the therapy information associated with the value in response to the subsequent detection.

19. The system of claim **14**, further comprising a memory, wherein the processor maintains a data structure within the memory, and stores the associated parameter value and the therapy information as a record within the data structure.

20. The system of claim **19**, wherein the processor determines whether any of a plurality of existing records of the data structure includes the parameter value, and updates one of the plurality of existing records based on the therapy information when the existing record includes the parameter value.

21. The system of claim **19**, wherein the processor determines whether any of a plurality of existing records of the data structure includes the parameter value, and creates a new record that includes the parameter value and the therapy information when the plurality of existing records of the data structure do not include the parameter value.

22. The system of claim **14**, wherein the processor receives an input to stop delivery of the therapy according to the therapy information associated with the parameter value via the user interface, and removes the association of the therapy information with the parameter value in response to the input.

23. The system of claim **22**, wherein the processor associates the parameter value with predetermined default therapy information in response to the input.

24. The system of claim **14**, wherein the processor detects another value of the sensed patient parameter via the sensor, determines that the detected another value is not presently associated with therapy information, and automatically asso-

ciates the detected value with current therapy parameter values based on the determination.

25. The system of claim **14**, wherein medical device delivers stimulation, and the therapy information comprises a plurality of stimulation parameters.

26. The system of claim **25**, wherein the plurality of stimulation parameters comprise an electrode configuration, a pulse rate, a pulse width, and an amplitude.

27. The system of claim **14**, wherein:

the medical device comprises the processor; and

the medical device one of comprises the sensor or is coupled to the sensor.

28. The system of claim **14**, wherein the medical device is implantable within the patient.

29. The system of claim **14**, wherein medical device delivers pain therapy to the patient.

30. The system of claim **14**, wherein the medical device delivers spinal cord stimulation therapy to the patient.

31. A system comprising:

means for receiving a therapy adjustment from a patient, the therapy adjustment comprising an adjustment of a value of at least one parameter of the therapy delivered by a medical device to the patient;

means for detecting a value of a sensed parameter of the patient in response to receipt of the therapy adjustment by the means for receiving the therapy adjustment;

means for determining therapy information based on the therapy adjustment;

means for automatically associating the value of the sensed parameter detected by the means for detecting in response to the receipt of the therapy adjustment with the therapy information in response to receiving the therapy adjustment;

means for subsequently detecting the value of the sensed parameter; and

means for automatically delivering therapy to the patient according to the therapy information associated with the value in response to the subsequent detection.

32. The system of claim **31**, wherein the means for receiving comprises means for receiving one of a plurality of therapy adjustments from the patient whenever the patient adjusts the therapy, the means for determining therapy information comprises means for determining respective therapy information for each of the therapy adjustments based on the therapy adjustment, and the means for automatically associating comprises means for automatically associating the respective therapy information with a respective value of the sensed parameter for each of the therapy adjustments in response to receiving the therapy adjustment.

33. The system of claim **31**, wherein the sensed parameter comprises posture, activity, heart rate, electromyogram (EMG), an electroencephalogram (EEG), an electrocardiogram (ECG), temperature, respiration rate, or pH.

34. The system of claim **31**, wherein the therapy comprises electrical stimulation, and the therapy information comprises an electrode configuration, a pulse rate, a pulse width, and an amplitude.

35. A system comprising:

a medical device configured to deliver therapy to a patient;

a user interface;

a sensor configured to sense a posture of the patient; and

a processor configured to:

receive a therapy adjustment from a patient via the user interface, wherein the therapy adjustment comprises an adjustment to a value of at least one parameter of the therapy delivered by the medical device to the patient,

determine therapy information based on the therapy adjustment,

detect the posture of the patient in response to receipt of the therapy adjustment,

automatically associate the posture of the patient detected via the sensor in response to the receipt of the therapy adjustment with the therapy information in response to receiving the therapy adjustment,

subsequently detect the posture via the sensor, and

automatically control the medical device to deliver therapy to the patient according to the therapy information associated with the posture in response to the subsequent detection of the posture.

36. The system of claim **35**, wherein the processor receives one of a plurality of therapy adjustments from the patient whenever the patient adjusts the therapy via the user interface, and, for each of the therapy adjustments, determines respective therapy information based on the therapy adjustment, and automatically associates the respective therapy information with a respective posture of the patient detected when the therapy adjustment is received in response to receiving the therapy adjustment.

37. The system of claim **35**, further comprising a memory, wherein the processor is configured to maintain a data structure within the memory, and store the associated posture and the therapy information as a record within the data structure.

38. The system of claim **37**, wherein the processor is configured to determine whether any of a plurality of existing records of the data structure includes the posture, and update one of the plurality of existing records based on the therapy information when the existing record includes the posture.

39. The system of claim **37**, wherein the processor is configured to determine whether any of a plurality of existing records of the data structure includes the posture, and create a new record that includes the posture and the therapy information when the plurality of existing records of the data structure do not include the posture.

40. The system of claim **35**, wherein the processor is configured to detect another postures of the patient via the sensor, determine that the detected another posture is not presently associated with therapy information, and automatically associate the detected another posture with current therapy parameter values based on the determination.

41. The system of claim **35**, wherein medical device is configured to deliver stimulation to the patient, and the therapy information comprises a plurality of stimulation parameters.

42. The system of claim **41**, wherein the plurality of stimulation parameters comprise an electrode configuration, a pulse rate, a pulse width, and an amplitude.

43. The system of claim **14**, wherein the therapy comprises electrical stimulation therapy, and wherein the at least one parameter of the therapy comprises at least one stimulation parameter.

44. The system of claim **43**, wherein the at least one stimulation parameter includes at least one of amplitude, pulse width, pulse rate, or electrode configuration.

45. The system of claim **14**, wherein the processor receives the therapy adjustment from the patient by at least receiving an indication of a therapy program selected by the patient via the user interface.

46. The system of claim **31**, wherein the therapy comprises electrical stimulation therapy, and wherein the at least one parameter of the therapy comprises at least one stimulation parameter.

47. The system of claim **46**, wherein the at least one stimulation parameter includes at least one of amplitude, pulse width, pulse rate, or electrode configuration.

48. The system of claim **31**, wherein the means for receiving a therapy adjustment from a patient comprises means for receiving an indication of a therapy program selected by the patient.

49. The system of claim **35**, wherein the therapy comprises electrical stimulation therapy, and wherein the at least one parameter of the therapy comprises at least one stimulation parameter.

50. The system of claim **49**, wherein the at least one stimulation parameter includes at least one of amplitude, pulse width, pulse rate, or electrode configuration.

51. The system of claim **35**, wherein the processor receives the therapy adjustment from the patient by at least receiving an indication of a therapy program selected by the patient via the user interface.

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