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Safety profiles of anti-VEGF drugs: bevacizumab, ranibizumab, aflibercept and ziv-aflibercept on human retinal pigment epithelium cells in culture

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ABSTRACT

Purpose To compare the safety profiles of antivascular endothelial growth factor (VEGF) drugs ranibizumab, bevacizumab, aflibercept and ziv-aflibercept on retinal pigment epithelium cells in culture.

Methods Human retinal pigment epithelium cells (ARPE-19) were exposed for 24 h to four anti-VEGF drugs at 1/2×, 1×, 2× and 10× clinical concentrations. Cell viability and mitochondrial membrane potential assay were performed to evaluate early apoptotic changes and rate of overall cell death.

Results Cell viability decreased at 10× concentrations in bevacizumab (82.38%, p=0.0001), aflibercept (82.68%, p=0.0002) and ziv-aflibercept (77.25%, p<0.0001), but not at lower concentrations. However, no changes were seen in cell viability in ranibizumab-treated cells at all concentrations including 10×. Mitochondrial membrane potential was slightly decreased in 10× ranibizumab-treated cells (89.61%, p=0.0006) and 2× and 10× aflibercept-treated cells (88.76%, 81.46%; p<0.01, respectively). A larger reduction in mitochondrial membrane potential was seen at 1×, 2× and 10× concentrations of bevacizumab (86.53%, 74.38%, 66.67%; p<0.01) and ziv-aflibercept (73.50%, 64.83% and 49.65% p<0.01) suggestive of early apoptosis at lower doses, including the clinical doses.

Conclusions At clinical doses, neither ranibizumab nor aflibercept produced evidence of mitochondrial toxicity or cell death. However, bevacizumab and ziv-aflibercept showed mild mitochondrial toxicity at clinically relevant doses.

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INTRODUCTION

Abnormal neovascularisation and vascular permeability is the underlying pathology in exudative age-related macular degeneration (AMD) leading to blindness in 1.5% of the US population, including 11.8% of adults that are greater than 80 years of age.[1–4] Angiogenesis is controlled by positive regulators: vascular endothelial growth factor A (VEGF-A), transforming growth factor α and β, fibroblast growth factor, hepatocyte growth factor, connective tissue growth factor and interleukins; and negative regulators: pigment epithelium-derived factor (PEDF), thrombostatin, angiostatin and endostatins.[5] VEGF-A supports endothelial cell proliferation and survival by degrading the basement membrane and stimulating cell migration. Another important function that is mediated by VEGF-A is vascular permeability, which is significant in retinal diseases, such as AMD, retinal venous occlusions and diabetic macular oedema.[6–12] VEGF-A is a critical pro-angiogenic factor secreted as numerous splice isoforms that together regulate the phenotype and efficacy of growing vascular networks.[13] Placental growth factor (PlGF), one of VEGF family member, is involved in formation of collateral arterioles from pre-existing arterioles.[14]

The advent of anti-VEGF drugs has revolutionised the treatment of wet AMD. Ranibizumab and bevacizumab are humanised monoclonal antibodies that bind with high affinity to the VEGF-A isoforms (eg, $VEGF_{110}$, $VEGF_{121}$ and $VEGF_{165}$), thereby preventing binding of VEGF-A to its receptors VEGFR-1 and VEGFR-2. Aflibercept and ziv-aflibercept are recombinant fusion proteins that act as soluble decoy receptors that bind VEGF and PlGF. Ranibizumab (Lucentis; Genentech, San Francisco, California, USA) is US Food Drug and Administration (US FDA) approved for the treatment of wet AMD, macular oedema associated with retinal vein occlusions and diabetic macular oedema. Aflibercept (Eylea; Regeneron, Tarrytown, New York, USA) is approved by FDA for treatment of wet AMD and macular oedema following central retinal vein occlusions. Recent Phase 3 VISTA-DME and VIVID-DME results support greater improvement in visual acuity in DME patients treated with aflibercept than laser photocoagulation.[15] In 2004, Bevacizumab (Avastin; Genentech, San Francisco, California, USA) was approved by FDA for the treatment of metastatic colorectal carcinomas, renal carcinomas and glioblastoma multiforme of the brain. Since bevacizumab has inhibitory effects on VEGF and is one of the least expensive options, it is being used off-label for treatment of AMD, diabetic retinopathy, retinal venous occlusions and iris neovascularisation. Ziv-aflibercept (Zaltrap; Regeneron, Tarrytown, New York, USA) is an adaptive variant of aflibercept. Zaltrap was approved by FDA in August 2012, for the treatment of metastatic colorectal carcinoma that is resistant to or has progressed following an oxiplatin-containing regimen. Aflibercept is a preservative-free formulation. Ziv-aflibercept has lower pH and higher osmolality when compared with aflibercept. The effects of ziv-aflibercept on retinal cells are unknown.

The differences in molecular structure of these drugs may have variable effects on enzymatic activity and metabolic processes in retinal cells. In this in vitro, experimental study, we evaluated the safety profiles of four anti-VEGF drugs—ranibizumab, bevacizumab, aflibercept and ziv-aflibercept

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on human retinal pigment epithelial (RPE) cells. This experiment was designed to study three specific cell parameters of these four anti-VEGF drugs on RPE cells in culture in order to assess their relative safety profiles (1) to determine the overall cytotoxicity by assessing the cell viability after drug exposure; (2) to detect early mitochondrial damage by using sensitive in vitro tests that measure changes in the mitochondrial membrane potential indicating early apoptosis; (3) to detect changes in the osmolality of the culture media after adding the anti-VEGF drugs.

The significance of this study is that this human tissue culture system makes it possible to use very sensitive methods to identify subtle changes in human retinal cellular responses to drugs, which cannot be identified in the diseased retinas in vivo. This is important because presently there are multiple drugs available for treatment of neovascularisation and it is not clear which, if any, have unintended side effects on the retinal cells.

METHODS

Cell culture

ARPE-19 cells are a spontaneously arising RPE cell line derived in 1986 by Amy Aotaki-Keen from the normal eyes of a 19-year-old male who died in a motor vehicle accident from head trauma. The ARPE-19 cell line, established using the cuboidal basal cell layer cultured in specific culture media, expresses the RPE-specific markers cellular retinaldehyde binding protein and RPE-65.

Human RPE cells (ARPE-19 cells, ATCC, Manassas, Virginia, USA) were grown in 1:1 mixture (vol/vol) of Dulbecco's modified Eagle's and Ham's nutrient mixture F-12; (Invitrogen-Gibco, Carlsbad, California, USA), non-essential amino acids 10 mM, 0.37% sodium bicarbonate, 0.058% L-glutamine, 10% fetal bovine serum, and antibiotics (penicillin G 100 U/mL, streptomycin sulfate 0.1 mg/mL, gentamicin 10 μg/mL, amphotericin-B 2.5 μg/mL). Cells were incubated at standard conditions—37°C in 5% CO_2 and 95% relative humidity.

ARPE-19 cell treatment with anti-VEGF drugs

ARPE-19 cells were treated with 1/2×, 1×, 2× and 10× concentrations of all four anti-VEGF drugs (ranibizumab, bevacizumab, aflibercept, ziv-aflibercept). The clinical dose was calculated by assuming that the amount of each drug clinically used in intravitreal injections distributes equally throughout the 4 mL human vitreous. The clinical dose for each drug, defined as '×', were as follows (table 1):

Cell viability assay

Cell viability is an evaluation of living or dead cells based on a total cell sample. ARPE-19 cells were plated on six-well plates for the cell viability assay. 5.0×10^5 cells in 2 mL of culture media per well were plated and incubated in standard conditions for 24 h. Then the culture media were replaced with fresh culture media containing defined doses (control—no drug, 1/2×, 1×, 2× and 10×) of all four drugs. Cells were incubated for another 24 h and then trypsinised and centrifuged at 1000 rpm for 5 min. The cells were resuspended in 1 mL of culture medium and an automated trypan blue dye exclusion assay for cell viability was performed with ViCell XR cell viability analyser (Beckman Coulter, Fullerton, California, USA). All assays were performed in triplicate and repeated twice.

Table 1 Indicates '×' concentration for individual antivascular endothelial growth factor (VEGF) drug

Anti-VEGF drug	Clinical dose (×)/4 mL of vitreous (mg)	Volume per 4 mL of culture media (mL)
Ranibizumab	0.5	0.05
Bevacizumab	1.25	0.05
Aflibercept	2	0.05
Ziv-aflibercept	2	0.08

Mitochondrial membrane potential (ΔΨm) assay

ARPE-19 cells were plated (1.0×10^5 per well) overnight in 24-well plates for 24 h and then incubated another 24 h in 1 mL of culture media containing predefined concentrations of all four drugs. Detection of mitochondrial membrane potential (ΔΨm) was performed using the JC-1 detection kit (Biotium, Hayward, California, USA) according to the manufacturer's directions. JC-1 (5,5′,6,6′-tetrachloro-1,1′,3,3′-tetraethyl-benzimidazolyl-carbocyanine-iodide) is a cationic dye which accumulates in mitochondrial membranes of healthy cells, resulting in red fluorescence (590 nm), while in apoptotic and necrotic cells, which have diminished mitochondrial membrane potential, JC-1 exists in the green fluorescent (529 nm) monomer form. Images are captured using a fluorescence image scanning unit (FMBIO III) instrument (Hitachi, Yokohama, Japan) and the ratios of red (live cells) and green (dead cells) fluorescence were calculated. All assays were performed in quadruples and repeated twice.

Osmolality of media containing anti-VEGF drugs

Osmolality is a measure of the osmolar concentration of solution and is proportional to the number of particles per kilogram of solvent. When a solute is dissolved in a pure solvent, certain properties of the solvent are changed such as, the freezing point is depressed, the boiling point is raised, the osmotic pressure is increased, and the vapour pressure is lowered. These are the so-called colligative or concentrative properties of the solvent which, within reasonable limits, change in direct proportion to the solute concentration. Osmolalities of the culture media containing anti-VEGF drugs were measured using Automated Fiske osmometer (Advanced Instruments, Norwood, Massachusetts, USA), which uses high-precision electronic thermometers to test the sample.

Statistical analysis

Data were subjected to statistical analysis by analysis of variance (ANOVA) using GraphPad Prism V.5.0 version statistics program (GraphPad Software, San Diego, California, USA). Control readings were normalised to 100% in each experiment, and percentage changes in cell viability or mitochondrial membrane potential for each drug were calculated. Data is presented as mean±SEM. p Values <0.05 were considered statistically significant.

RESULTS

All four drugs, ranibizumab, bevacizumab, aflibercept and ziv-aflibercept were assessed for cell viability and mitochondrial membrane potential on ARPE-19 cells in culture at doses ranging from 1/2× to 10× clinical dose.

Effect on cell viability

Ranibizumab was found to be safe at all doses of treatment. There was no statistically significant difference between control and all other doses tested from 1/2× to 10× clinical dose. Cell viability of cells treated with 10× dose of bevacizumab, aflibercept and ziv-aflibercept showed a statistically significant decrease

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to 82.38±1.5% (p=0.0002), 82.62±1.7% (p=0.0001) and 77.25±2.1% (p<0.0001), respectively. There were no statistically significant differences observed at 1/2×, 1× and 2× within each other or from control/untreated cells for bevacizumab, aflibercept and ziv-aflibercept (figure 1A–D).

Effect on mitochondrial membrane potential (ΔΨm)

The readings of control wells were averaged and normalised to 100%, and the percentage decrease in mitochondrial membrane potential for each well was then calculated (figure 2).

Ranibizumab (figure 2A): The mitochondrial membrane potential was 89.61±1.7% (p=0.0006) for the 10× clinical dose which was significantly reduced when compared with control wells. There were no statistically significant differences observed at the other clinical doses when compared with controls (100±1.6%). The values were 98.73±2.78%, 96.77 ±2.783% and 94.68±2.54% for 1/2×, 1× and 2× clinical doses for ranibizumab, respectively (p<0.05).

Bevacizumab (figure 2B): The mitochondrial membrane potential was significantly reduced in bevacizumab-treated wells at the 10× and 2× and 1× clinical doses compared with controls (99.96±2.8%). The ratios of the red/green fluorescence were 66.67±2.5% (p<0.0001) for 10×, 74.38±1.3% (p<0.0001) for 2×, and 86.53±1.8% (p=0.0014) for 1× concentration.

Aflibercept (figure 2C): There were statistically significant decreases in mitochondrial membrane potential observed at 10× and 2× clinical doses in cells treated with aflibercept. The values were 81.46±1.97% (p<0.0001) at 10× and 88.76 ±1.18% (p=0.0002) at 2×. However, no significant differences were seen at 1× (94.76±2.9%) and 1/2× (96.22±2.0%) clinical doses when compared with controls (100±1.9%).

Ziv-aflibercept (figure 2D): The mitochondrial membrane potential was significantly reduced at 10×, 2×, and 1× doses as follows: ΔΨm was 49.65±4.22% (p=0.0002) at 10×, 64.83 ±2.7% (p<0.0001) at 2× and 73.50±2.93% (p<0.0001) 1× doses of ziv-aflibercept, which were significantly reduced when compared with controls (100±4.38%). The ratio was 91.57 ±2.54% at 1/2× dose which was statistically insignificant.

Effect on osmolality

Table 2 represents the osmolality of culture media at 10× drug concentrations. These results show an increased osmolality of sample containing ziv-aflibercept ie 418 mOsm/kg when compared with ranibizumab (322 mOsm/kg), bevacizumab (342 mosm/kg), aflibercept (317 mOsm/kg) and control sample (324 mOsm/kg). Based on these findings, we tested the osmolality of ziv-aflibercept in ARPE-19 culture media at all tested concentrations. At ½×, 1× and 2× concentration of ziv-aflibercept, the osmolality was recorded as 324, 330 and 342 mosm/kg, respectively, which is not significantly different as compared with controls (328 mOsm/kg).

DISCUSSION

This invitro study compares the effect of different concentrations of four commercially available anti-VEGF drugs—ranibizumab, bevacizumab, aflibercept and ziv-aflibercept on human retinal pigment epithelium cells.

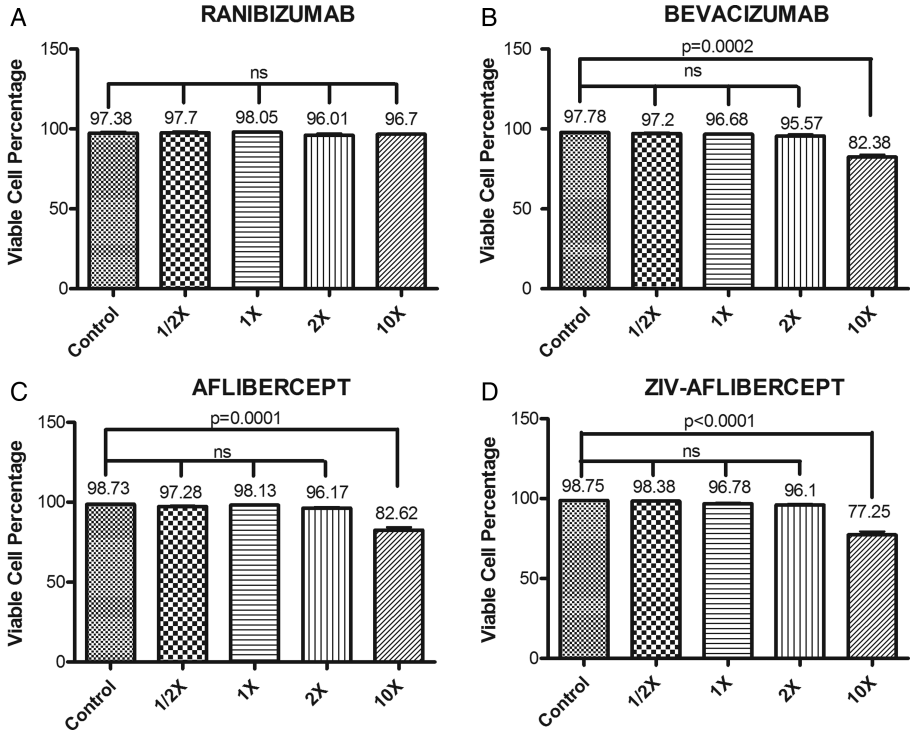

Figure 1 Cell viability assay. (A) No significant decrease in % cell viability was seen in 1/2×, 1×, 2×, 10× ranibizumab-treated ARPE-19 cells, p>0.05. (B) Cell viability decreased to 82% in 10× bevacizumab-treated cells when compared with controls (p=0.0002). No statistically significant change in cell viability was observed on treatment with either 1/2×, 1×, or 2× concentration of bevacizumab. (C) A statistically significant decrease in cell viability (83%) was seen in 10× aflibercept-treated cells (p=0.0001). There was no significant change in 1/2×, 1× and 2× concentrations when compared with controls, p>0.05. (D) Ziv-aflibercept-treated ARPE-19 cells showed a 77% reduction of cell viability at 10 concentration, p<0.0001. No statistically significant change was observed at all other concentrations.

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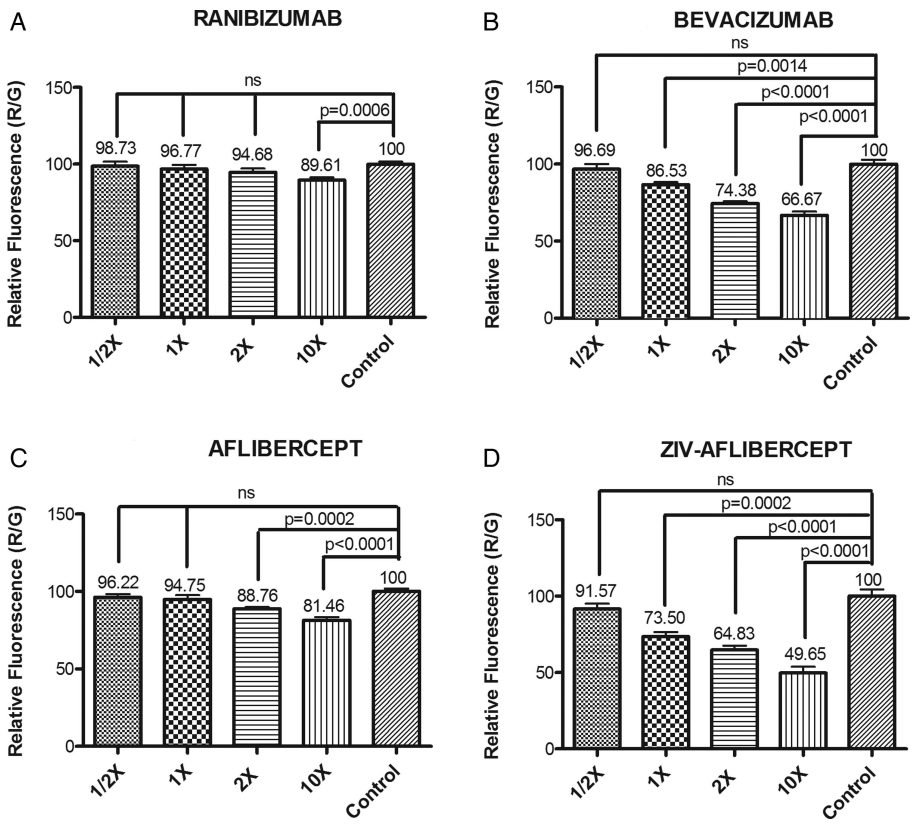

Figure 2 Mitochondrial membrane potential (ΔΨm) assay: (A) There was a statistically significant decrease in mitochondrial membrane potential that was observed at 10× concentration of ranibizumab, p<0.05. (B) The live/dead cell ratio was significantly lower in 10×, 2× and 1× bevacizumab-treated ARPE-19 cells compared with untreated controls (p<0.0001, p<0.0001 and p=0.0014, respectively). There was a statistically significant decrease in the red/green ratio in the 10× bevacizumab-treated cells compared with 10× ranibizumab-treated cells (p<0.001). No statistically significant changes in ΔΨm were seen on 1/2× bevacizumab and 1/2×, 1×, 2× and 10× ranibizumab-treated cells. (C) A statistically significant decrease in live/dead cell ratio was seen in 10× and 2× aflibercept-treated cells, p<0.0001, p=0.0002. (D) All concentrations of ziv-aflibercept except 1/2× showed significant decrease in mitochondrial membrane potential revealing marked mitochondrial toxicity. The mitochondrial membrane potential at 1× concentration of ziv-aflibercept is significantly decreased when compared with aflibercept, bevacizumab and ranibizumab (p<0.001).

Our previous data presented by Luthra *et al* comparing the cell damage response of bevacizumab and ranibizumab, demonstrated no statistically significant differences in cell viability at 1×, 2× and 5× concentrations in human RPE cell line (ARPE-19) cultures and rat neurosensory retina cell line (R28) cultures. However, decreased mitochondrial membrane potentials were observed at 2× and 5× doses of bevacizumab.[16 17]

In this study, we did not observe any effect on the cell viability of human RPE cells at 1/2×, 1×, 2× doses of all four anti-VEGF drugs studied. However, at 10× doses, all other drugs except ranibizumab demonstrated a decreased cell viability/survival. A decreased mitochondrial membrane potential indicates early apoptosis. After 24 h of treatment with ranibizumab, RPE cells demonstrated slight decrease in mitochondrial membrane potential at 10× dose when compared with untreated cells. Aflibercept was safe at 1/2×, 1× and 2× when tested for cell viability, but mitochondrial damage was observed at 2× and 10× doses. Bevaizumab-treated ARPE-19 cells showed decreased mitochondrial membrane potential at 1×, 2× and 10× concentrations. All tested doses except 1/2× were found to be detrimental for overall health of mitochondria in ziv-aflibercept-treated cells.

Table 2 Effect of antivascular endothelial growth factor drugs on osmolality of ARPE-19 culture media at 10× concentrations

	Osmolality (mOsm/kg)
Control	324
Ranibizumab	322
Bevacizumab	342
Aflibercept	317
Ziv-aflibercept	418

Deissler *et al*,[18] reported more efficient inhibition of VEGF-induced proliferation by ranibizumab than bevacizumab in immortalised bovine retinal endothelial cells. The VEGF-inhibitory abilities were completely lost after storage of bevacizumab for 4 weeks in 4°C. Additionally, they reported accumulation of bevacizumab in cytoskeleton and membranes and organelles of bovine RPE cells until day 6 of incubation.[18] Klettner *et al*,[19] demonstrated accumulation and presence of bevacizumab, but not ranibizumab, in porcine RPE cells by flow cytometry intracellularly and extracellularly, even after 7 days of drug exposure at clinically relevant doses. However, they found

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some levels of ranibizumab after 1 h of incubation in RPE cells by confocal laser microscopy which was undetectable by flow cytometry. No ranibizumab was detected intracellularly and extracellularly at day 1 and day 7 of incubation.[19] The accumulation of bevacizumab in retinal cells after hours and days of treatment may be responsible for the loss of mitochondrial membrane potential at 1×, 2× and 10× doses and increased cell death at 10× doses as observed in our study on RPE cells in culture.

Yourey *et al*,[20] have demonstrated the role of VEGF in growth and development of photoreceptor cells. A recent report from Kurihara *et al*[21] reported blocking VEGF-A in adult mouse RPE cells rapidly led to vision loss and ablation of the choriocapillaris. This data supports our in vitro experimental findings of increased cell death and mitochondrial damage at higher concentrations of anti-VEGF agents. Manousaridis *et al*[22] have also recently reported a possible role of anti-VEGF therapy in worsening of macular ischaemia in long-term diabetic macular oedema.

Schnichels *et al*, reported the effects of aflibercept (0.125, 0.5, 2 mg) after 1, 24, 48 and 72 h on ARPE-19 cells. At all time points, aflibercept did not cause changes in cell morphology, induce apoptosis or cause permanent decrease in cell viability, cell density or proliferation in any cell line or concentration investigated.[23] Recently, Ammar *et al*,[24] reported no detrimental effect of aflibercept on human trabecular meshwork cells and ARPE-19 cells at 1 mg/mL concentration. These findings are consistent with our results, which also demonstrate no decrease in cell viability compared with controls at 2× concentration tested. We found a decrease in mitochondrial membrane potential at 2× and 10× clinical doses. Although the decrease in mitochondrial membrane potential is statistically significant at 2× concentration (88.76%) of aflibercept, the cell viability at 1× and 2× doses is 98.3% vs 96.7% which indicates a mild toxicity at 2× clinical dose in terms of mitochondrial damage but not overall cell death.

Our study demonstrates ranibizumab to have the broadest safety profile of all studied anti-VEGF drugs tested for the overall health of retinal pigment epithelium cells. Ranibizumab, is derived from the same parent mouse antibody as bevacizumab, but differs from the corresponding part in bevacizumab by six amino acids, absence of Fc region, and has a smaller molecular size (48.39 kDa as opposed to 149 kDa of bevacizumab). Removal of Fc region in ranibizumab has resulted in reduced potential to initiate immune-mediated inflammation, shorter half-life and rapid systemic clearance, hence minimising the systemic exposure. The 2 year (multicentre) results of the Comparison of Age-related macular degeneration Treatment Trials published in 2012, have indicated that at 2 years, bevacizumab is equivalent to ranibizumab in the treatment of wet AMD when using similar dosing regimens, in terms of visual acuity gain and safety profiles.[25] However, in our study, slightly increased mitochondrial damage was observed in bevacizumab-treated retinal cells in vitro at 1× clinical dose. Our findings differ from the clinical data due to either presence of multiple protective factors that influence the overall effect on retinal cells in vivo or possibly the slight decrease in mitochondrial membrane potential, as observed in our study, may be correlated to a subclinical damage which is not appreciated while assessing visual acuity in bevacizumab-treated subjects. Since the mitochondrial membrane potential assay used here uses JC1 dye which is highly sensitive, it is able to detect even very early signs of apoptosis.

The binding affinity of aflibercept to VEGF-A is substantially greater than ranibizumab, so that aflibercept can be potentially used for an extended dosing interval compared with ranibizumab. VIEW 1 and VIEW 2 studies have reported favourable safety profiles for intravitreal use of aflibercept and ranibizumab for the treatment of wet AMD.[26] In our study, aflibercept produces less mitochondrial damage when compared with bevacizumab, but exhibits a less robust safety profile than ranibizumab which may be correlated to the higher binding affinity of aflibercept than ranibizumab.

Ziv-aflibercept is an adaptive variant of aflibercept, having similar molecular structure and mechanism of action. It has been recently approved by FDA for treatment of colorectal cancers. Since ziv-aflibercept and aflibercept have similar molecular structure, we decided to test ziv-aflibercept at similar concentrations as aflibercept. Our study demonstrated increased mitochondrial toxicity in vitro in ARPE-19 cells at 1×, 2× and 10× concentrations, which may be because ziv-aflibercept has lower pH and higher osmolality when compared with aflibercept. Aflibercept is a preservative-free formulation. These factors may influence the increased observed cytotoxicity of ziv-aflibercept on retinal cells in vitro. However, further studies are underway to better understand the potential mechanisms by which ziv-aflibercept may induce its increased cytotoxicity relative to the other anti-VEGF drugs tested.

CONCLUSION

Our in vitro study on immortalised human RPE cells demonstrated that ranibizumab and aflibercept exhibit no retinal cytotoxicity at standard clinical doses. However, ziv-aflibercept and bevacizumab revealed mitochondrial toxicity at clinically relevant concentrations.

Contributors DM, BDK, MCK, MT, JCdC, CR and DB contributed to the conception or design of the work, and the acquisition, analysis or interpretation of data; drafting the work or revising it critically for important intellectual content; and final approval of the version published. All authors ensured agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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