

From Vaccines to Memory and Back

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Vaccines work by eliciting an immune response and consequent immunological memory that mediates protection from infection or disease. Recently, new methods have been developed to dissect the immune response in experimental animals and humans, which have led to increased understanding of the molecular mechanisms that control differentiation and maintenance of memory T and B cells. In this review we will provide an overview of the cellular organization of immune memory and underline some of the outstanding questions on immunological memory and how they pertain to vaccination strategies. Finally we will discuss how we can learn about antigen design from the interrogation of our memory T and B cells—a journey from vaccines to memory and back.

Introduction

Immunological memory is the ability of the immune system to respond with greater vigor upon re-encounter with the same pathogen and constitutes the basis for vaccination (Ahmed and Gray, 1996). In fact, the concept of vaccination originated several hundred years ago from historical observations, dating as far back as 400 B.C., that individuals that survived a disease rarely got the same disease a second time (Finley, 1951; Plotkin and Plotkin, 2008). The first recorded attempts at immunization occurred in the 16th century when the process of variolation was used to prevent smallpox (Plotkin and Plotkin, 2008). This involved injecting smallpox pustules from an infected patient into healthy individuals. It is remarkable that these first attempts at immunization predate any knowledge about microbiology and immunology. The major breakthrough in vaccination came in 1796 when Jenner used cowpox as a vaccine against smallpox. It is worth noting that this landmark work of Jenner was also rooted in the concept of memory because he had astutely observed that milkmaids who had gotten cowpox were spared the ravages of smallpox (Plotkin and Plotkin, 2008).

Vaccination remains the most effective method of preventing infectious diseases and represents the most relevant contribution of immunology to human health (Plotkin and Plotkin, 2008; Siegrist, 2008). The phenomenal success of vaccines against polio, smallpox, measles, diphtheria, tetanus, rabies, etc., demonstrates the potential of this approach in reducing the global burden of infectious diseases and, in the case of smallpox, of completely eradicating a scourge that used to kill and disfigure a substantial population of the world (Bremner and Arita, 1980). However, despite these remarkable successes there are major challenges that still remain and there is an urgent need to develop vaccines against important human pathogens such as HIV, *Mycobacterium tuberculosis*, *Plasmodium falciparum*, hepatitis C virus (HCV), respiratory syncytial virus (RSV), and dengue virus (Houghton and Abrignani, 2005; Johnston and Fauci, 2007; Langhorne et al., 2008; McMichael et al., 2010; Skeiky and Sadoff, 2006; Whitehead et al., 2007). In addition, vaccines to fight cancer and autoimmune diseases are now a highly sought after goal and represent an exciting new area

of vaccine research and development (Larché and Wraith, 2005; Lollini et al., 2006; Melief and van der Burg, 2008).

In this review we will discuss how studies on immunological memory, by defining the metrics, quality, and specificity of the immune response, may provide a rational approach to vaccine development. Accordingly, in the first part we will provide an overview of the cellular organization of immune memory; in the second part we will consider some of the outstanding questions on immunological memory and protective immunity and how they pertain to vaccination strategies; and in the last section we will discuss how we can learn from our memory T and B cells—a process of going back from memory to vaccine design.

Cellular Organization of Immunological Memory

Division of Labor among Memory Cells

Memory T and B cells are the progeny of antigen-specific naive cells that have been clonally expanded in the course of an immune response and survive once antigen has been eliminated. Memory cells confer immediate protection and generate secondary responses that are more rapid and of higher magnitude as compared to primary responses (Table 1). In the B cell system, immediate protection is mediated by long-lived plasma cells that are present in the bone marrow and secrete antibodies in an antigen-independent fashion, thus maintaining constant amounts in serum and body fluids (Radbruch et al., 2006); recall responses are mediated by memory B cells that rapidly proliferate and differentiate in response to antigenic stimulation generating a burst of plasma cells and a marked but transient elevation in serum antibodies. A similar division of labor applies to the T cell system (Sallusto et al., 2004). Immediate protection is conferred by circulating or tissue-resident effector memory T (T_{em}) cells that survey frontline barriers and diseased tissues for incoming pathogens and display immediate effector function upon antigen recognition (Masopust et al., 2001; Sallusto et al., 2004); recall responses are mediated by central memory T (T_{cm}) cells that patrol the T cell areas of secondary lymphoid tissues where they can rapidly proliferate in response to antigens presented by dendritic cells (DCs). This division of labor has implications for vaccination strategies because protection from

Table 1. First and Second Lines of Adaptive Immunity against Pathogens

	First Line	Second Line
Central players	antibody (IgA and IgG); Tem (tissue-resident memory T cells)	memory B cells; Tcm
Localization of the central players	sites of pathogen entry (gut, genital tract, respiratory tract, blood, etc.)	lymphoid tissues
Rapid protection	yes, immediately	delayed; memory cells in lymphoid tissues respond rapidly compared to naive cells; however, their capacity for immediate protection is limited because of the delay in reaching sites of infection
Recall response	minimal to moderate	substantial clonal expansion; differentiation into effector and plasma cells; migration into multiple tissues including sites of infection

infection or disease may rely primarily on either mechanism depending on the nature of the pathogen and the size and route of challenge. For instance, preformed antibodies and long-lived plasma cells are required to neutralize toxins or prevent infection by an incoming virus, whereas recall responses mediated by Tcm cells and memory B cells may be sufficient to protect against viruses with long incubation time (Plotkin et al., 2008).

From Naive to Memory T Cells

The quality and amount of memory T cells is set during antigen-driven primary immune responses, which are initiated in the T cell areas of secondary lymphoid organs where rare antigen-specific naive T cells are stimulated by antigen presented by activated DCs. Pathogens can activate DCs by triggering multiple innate receptors either directly via pathogen-associated molecular patterns (PAMPS) or indirectly via danger-associated molecular patterns (DAMPs) leading to enhanced antigen presentation, costimulation, and production of polarizing cytokines (Iwasaki and Medzhitov, 2010). It is the nature and combination of the innate receptors triggered on DCs that determine their capacity to imprint different fates on proliferating T cells (Reiner et al., 2007). In response to certain viruses and intracellular pathogens, DCs produce interleukin-12 (IL-12), which promotes differentiation to T helper 1 (Th1) cells capable of producing interferon- γ (IFN- γ), which is effective against such pathogens (Macatonia et al., 1995). Likewise, in response to fungi or certain bacteria, DCs and monocytes produce IL-1 β , IL-6, and IL-23 that drive differentiation of Th17 cells that through secretion of IL-17 and recruitment of neutrophils mediate protection against extracellular pathogens (Acosta-Rodriguez et al., 2007). The protective nature of these polarized responses is underlined by studies of human immunodeficiencies, where patients with defective Th1 or Th17 cell responses suffer from mycobacterial or fungal infections, respectively (Ma et al., 2008; Milner et al., 2008). A more complex pathway triggered by helminths or allergens and involving epithelial cells and IL-4-producing innate or natural helper cells appears to control the induction of Th2 cells that produce IL-4, IL-5, and IL-13 and mediate protection or allergy (Coffman, 2010). Other effector (and memory) T helper cell subsets have been recently characterized in mice and humans, such as Th9 (Veldhoen et al., 2008) and Th22 (Duhen et al., 2009; Trifari et al., 2009) cells, which may be involved in allergy and skin defense, respectively. CD4⁺ T cells not only act directly to promote different types of inflammatory responses in tissues, but also play an essential role in B cell and CD8⁺ T cell

responses. A dedicated subset of follicular helper (Tfh) T cells is required for induction of germinal center reactions that leads to differentiation of memory B cells and long-lived plasma cells secreting high-affinity antibodies of switched isotypes (Vinueza et al., 2005). Tfh cells produce IL-21 and their differentiation is dependent on the transcription factor Bcl-6 (Kassiotis and O'Garra, 2009) and a high-avidity interaction with antigen-specific B cells (Fazilleau et al., 2009; Qi et al., 2008). T helper cells can also promote DC maturation via CD40L-CD40 interaction and in this way help the generation of effector and memory CD8⁺ T cells against poorly immunogenic antigens such as protein antigens (Lanzavecchia, 1998). In the context of vaccine design, more detailed studies should aim at defining on the one hand the pattern of expression of innate receptors in mice and humans, on the other the cytokines and cues that drive differentiation of different effector T cell subsets.

The quality of the T cell response is profoundly influenced not only by the PAMPs and DAMPs but also by the nature of the DCs that present antigen and by the tissue microenvironment in which the T cell response takes place. A distinct subset of mouse CD8 α DCs can process and present exogenous antigens on MHC class I molecules and crossprime cytotoxic T lymphocyte (CTL) responses (Heath and Carbone, 2009), and DCs with similar properties have been recently described in humans (Villadangos and Shortman, 2010). Gut- and skin-derived DCs can imprint the expression of skin- and gut-homing receptors, such as CCR9 or CCR10, in differentiating T cells (Sigmundsdottir and Butcher, 2008). Monocytes represent an abundant and heterogeneous population of circulating cells that can be rapidly recruited to sites of inflammation and immune response where they differentiate into DCs (Auffray et al., 2009). The importance of studies addressing the role of different DC and monocyte subsets in T cell responses cannot be overemphasized in view of the possibility of targeting antigens and vaccines to different cell types in vivo (Bonifaz et al., 2004; Kamphorst et al., 2010; Palucka et al., 2010, this issue).

B Cells and Antibody Responses

The B cell response to protein antigens is a highly orchestrated process that is initiated at the boundary between T and B cell areas where T cells primed by antigen-presenting DCs encounter specific B cells that have captured and processed native antigen relayed by macrophages lining the subcapsular sinus (Phan et al., 2009). The antigen-specific T-B cell interaction leads to a rapid expansion and differentiation of B cells into

short-lived plasma cells producing unmutated IgM antibody. This extrafollicular response is followed by the formation of germinal center reaction where Tfh cells and antigen trapped on follicular dendritic cell (FDC) networks drive proliferation, isotype switch, and affinity maturation of antigen-specific B cells leading to the generation of memory B cells and long-lived plasma cells that produce high-affinity somatically mutated antibodies of switched isotypes (Allen et al., 2007). The duration of the germinal center reaction may vary depending on the nature of the antigen and may last for several weeks or months, implying that high-affinity antibodies and memory cells can be generated well after elimination of the pathogen (Dogan et al., 2009).

Unlike protein antigens that elicit T cell-dependent B cell responses, bacterial polysaccharides trigger T cell-independent B cell responses that result in the generation of short-lived plasma cells without memory cells. Repeated stimulations with polysaccharides can lead to progressively decreased responses and eventually exhaust specific B cells (Pollard et al., 2009). In contrast, the same polysaccharides conjugated to protein antigens elicit a T cell-dependent B cell response and memory B cells that can be effectively boosted by the same glycoconjugate. This approach has been successfully used to develop highly effective conjugated vaccines against pneumococcus and meningococcus (Plotkin and Plotkin, 2008).

In humans a large fraction of circulating B cells are IgM⁺ and carry somatically mutated Ig genes. It is currently unclear whether these cells represent a circulating equivalent of mouse marginal zone B cells that respond to blood-borne pathogens or a population of bona fide memory cells (Seifert and Küppers, 2009; Weill et al., 2009). Recently, by using a mouse model of AID (activation-induced cytidine deaminase)-dependent cell labeling, it was shown that memory B cells appear in the IgM⁺ and IgG1⁺ subsets found both in germinal centers and outside of B cell follicles. After challenge, the IgG1⁺ subset differentiated into plasma cells, whereas the IgM⁺ subset reinitiated a germinal center reaction, suggesting a division of labor similar to that described for Tem and Tcm cells (Dogan et al., 2009). These findings, when translated into the human system, will have important implication for monitoring vaccination by dissecting immediate antibody responses from germinal center-dependent secondary responses.

Maintenance of Memory Cells

Only a small fraction of the expanded cells present at the peak of the immune response survive as memory cells (Harty and Badovinac, 2008; Kaech and Wherry, 2007). In mice, the precursors of memory CD8⁺ T cells could be identified as IL-7R^{hi} cells, whereas the more abundant KLRG1^{hi} (killer cell lectin-like receptor G1) cells were shown to represent short-lived effector cells (Joshi et al., 2007; Kaech et al., 2003; Sarkar et al., 2008). It appears that the ratio between effectors and memory precursors is set by differential expression of transcription factors, such as T-bet and Eomesodermin, which in turn is dependent on the strength of stimulation by antigen, cytokines, and Wnt signaling (Gattinoni et al., 2009; Intlekofer et al., 2005). With methods for analyzing the progeny of single cells, it has been recently shown that within a single clone T cells can adopt multiple fates, including different types of effector and memory cells, and that individual naive T cells expressing high- or low-avidity T cell receptor (TCR) yield both effector and memory T cells (Gerlach et al., 2010; Stemmerger et al., 2007).

Memory T and B cells as well as long-lived plasma cells can be maintained at relatively constant numbers in the absence of the eliciting antigen for virtually a lifetime. Their survival is dependent on exogenous cytokines that are available in distinct niches and determine the size of the memory pool. For CD4⁺ and CD8⁺ memory T cells, the survival cytokines are IL-7 and IL-15, which maintain these cells in a state of slow but continuous proliferation (Surh and Sprent, 2008). Memory B cells also divide at low rate but a survival cytokine has not yet been defined although it has been shown that an intact B cell receptor (BCR) and phospholipase C-γ2 are required for their long-term maintenance and function (Hikida et al., 2009). In contrast, long-lived plasma cells survive without dividing in bone marrow niches organized by stromal cells that provide, in association with other cells, survival cytokines such as IL-6 and APRIL (Radbruch et al., 2006). Unlike memory T cells that elaborate their cytokines only in response to antigenic stimulation, long-lived plasma cells continually produce antibodies, thus maintaining serum levels constant. The bone marrow also contains memory CD4⁺ and CD8⁺ T cells that may recirculate, as well as a recently described population of sessile resting memory T cells that occupies a distinct niche in contact with IL-7-producing stromal cells (Tokoyoda et al., 2009).

The fact that terminally differentiated effector memory cells such as Tem and plasma cells have reduced or no proliferative and reconstitution capacity led to the hypothesis that long-term maintenance of memory cells would be dependent on cells that retain proliferative capacity, such as Tcm and memory B cells or even on a specialized subset of "memory stem cells" (Lanzavecchia and Sallusto, 2002; Fearon et al., 2001). In the case of T cells, this model is supported by the findings that long-term reconstitution capacity is characteristic of Tcm rather than Tem cells (Wherry et al., 2003) and by the prospective isolation of a putative memory stem cell (Gattinoni et al., 2009; Turtle et al., 2009). Recent studies identified signaling pathways that appear to be involved in the differentiation of memory stem cells as well as drugs that favor the generation of Tcm cells (Araki et al., 2009; Gattinoni et al., 2009; Pearce et al., 2009).

There has been much debate on the role of antigen in maintaining memory but it is now clear from carefully done cell transfer experiments employing a variety of model systems that both memory T and B cells can persist in the absence of antigen (Gray, 2002; Hou et al., 1994; Lau et al., 1994; Zinkernagel, 2003). These findings were further extended by showing that memory T cells can persist even in the absence of the restricting MHC molecules (Murali-Krishna et al., 1999; Swain et al., 1999). However, antigen persistence in GC plays an important role in selection and maturation of the B cell response and there are data suggesting that antigen-antibody complexes can persist on FDCs for extended periods of time and that this antigen may play a role in shaping the B cell repertoire (Chen et al., 1978; Tew et al., 1980). Interestingly, sustained high amounts of soluble antigens can often lead to induction of tolerance or exhaustion both in T and B cells. In the case of certain chronic viral infections, antigen-specific T and B cells express a variety of inhibitory receptors that result in functional exhaustion of these cells (Barber et al., 2006; Virgin et al., 2009; Wherry et al., 2007).

Genomics of Memory T and B Cell Differentiation

During the past decade, there has been considerable interest in defining the global gene expression profiles of memory T and B cells (Haining and Wherry, 2010; Kaech and Wherry, 2007; Staal and Clevers, 2005). This approach has been highly informative because it provides an unbiased look at all the genes that are up- or downregulated during memory differentiation. Particularly valuable have been studies that have performed an integrative genomic analysis of antigen-specific T cells as they progress from the naive to effector to memory transition (Kaech et al., 2002). Such longitudinal studies have not only identified key genes (transcription factors, survival molecules, cytokine and chemokine receptors, homing and signaling molecules, etc.) that are differentially expressed between naive and memory T cells but have also provided insights into mechanisms of memory formation and in defining the signatures of effector and memory T cells. Gene profiling studies also provided insights into the mechanisms of T cell dysfunction during chronic infections and identified key inhibitory receptors that are expressed by the exhausted virus-specific T cells (Barber et al., 2006; Wherry et al., 2007).

Naive B cells may differentiate directly into short-lived plasma cells, or may pass through the germinal center reaction to become either memory B cells or long-lived plasma cells. The gene expression patterns associated with these transitions have been analyzed by several groups via DNA microarrays (Good-Jacobson and Shlomchik, 2010). The differentiation of a naive B cell to either a germinal center B cell or a plasma cell is accompanied by major changes in gene regulation, driven by the master transcription factors Bcl-6 and blimp-1. Less is known about the gene expression differences that distinguish short- from long-lived plasma cells. The gene expression signatures of long-lived plasma cells isolated from human bone marrow has recently been compared with that of short-lived plasma cells derived from in vitro stimulation of memory B cells (Jourdan et al., 2009). This study showed that bone marrow plasma cells display a reduced expression of the proapoptotic molecule Fas as well as downregulation of molecules involved in lymphocyte trafficking such as CD62L and S1PR1. Thus, it appears that bone marrow plasma cells display resistance to apoptosis and a reduced ability to traffic to other anatomic sites. More detailed studies defining the signatures of long-lived versus short-lived plasma cells will be useful in developing vaccines that induce long-term humoral immunity.

Outstanding Questions on Immunological Memory and Vaccination

We will now consider some key questions about memory and protective immunity and how they pertain to developing the next generation of vaccines. Our remarkable successes in vaccines have come mostly against acute infections caused by invariant pathogens (Plotkin et al., 2008). However, we lack effective vaccines against pathogens that are highly variable and/or cause persistent and latent infections such as HIV, HCV, and *M. tuberculosis* (Houghton and Abrignani, 2005; Johnston and Fauci, 2007; McMichael et al., 2010; Skeiky and Sadoff, 2006). It has also proven difficult to develop successful

vaccines against acute infections such as RSV and malaria where the natural infection itself does not result in complete protection against reinfection—in this case the vaccine has to trump nature (Langhorne et al., 2008). Developing effective vaccines against these important human diseases presents a unique set of challenges for each pathogen and there are reviews in this issue of *Immunity* that deal specifically with HIV, TB, and malaria vaccines (McElrath and Haynes, 2010; Kaufmann, 2010; Good and Doolan, 2010). However, there are also fundamental concepts of immune memory and vaccination that cut across different pathogens and we will now consider a few of these key issues starting with a brief general discussion on protective immunity and correlates of vaccine efficacy.

Protective Immunity and Correlates of Vaccine Efficacy

There has been considerable interest and debate in determining the relative importance of T and B cell responses in protective immunity (Ahmed and Gray, 1996). When examining this issue, one must remember that antibodies and T cells have evolved to perform distinct functions. The business of antibodies is to deal with the microbe itself (i.e., free virus particles, bacteria, and parasites) and that of T cells is to deal with infected cells. Because T cells can recognize microbial antigens only in association with host MHC molecules, the free virus particles or bacteria are invisible to them. Thus, antibody provides our only specific defense against free microbial organisms, and the importance of preexisting antibody in protective immunity against infectious diseases cannot be overemphasized. In fact, antibody is likely to be the sole mechanism of protective immunity against bacteria and parasites that have an exclusively extracellular lifestyle. In these situations, it is relatively easy to determine the correlates of vaccine efficacy based on the levels of serum antibody against the pathogen or the toxin (Siegrist, 2008). However, the equation begins to change for viruses and for bacteria and parasites that can survive or replicate intracellularly. Although antibody again provides the first line of defense against such infections and antibody levels are used as the correlates of vaccine efficacy for several viral vaccines such as influenza virus and yellow fever virus (Siegrist, 2008), there are often situations where not all of the inoculum is neutralized or opsonized by the preexisting antibody. This is where the T cells come into play by either killing the infected cell and/or releasing cytokines that inhibit growth of the microbe or impair the ability of the pathogen to survive inside the cell. For example, T cell immunity is a more accurate correlate for efficacy of the zoster vaccine (Levin, 2008).

Defining correlates of vaccine efficacy against pathogens that vary is going to be much more challenging because the mechanism of protective immunity may vary depending upon the viral strain that the individual is exposed to. It is likely that newer approaches will be needed to define correlates and that the traditional method of using a single parameter to determine vaccine efficacy is simply not going to work with our more difficult vaccines. There is now considerable excitement at the prospect of using systems biology approaches to define correlates of vaccine efficacy (see review by Pulendran et al., 2010, in this issue). However, even this by itself may not be sufficient and perhaps the solution lies in combining the systems biology approaches with more novel methods of assessing not only

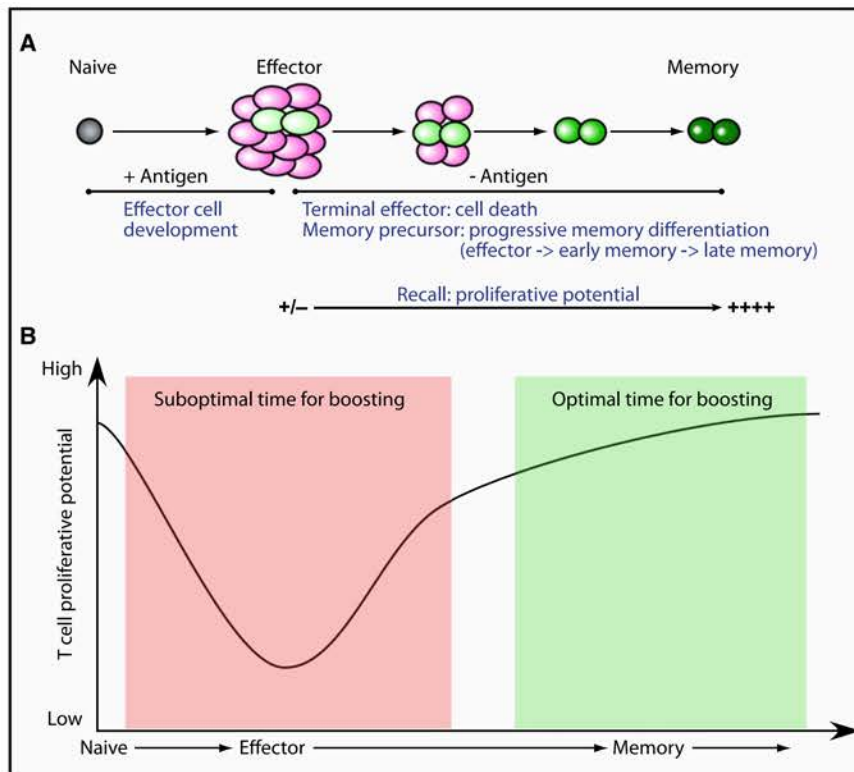


Figure 1. Using the Principles of Memory T Cell Differentiation to Determine the Optimal Time for Boosting

(A) After primary vaccination, naive T cells proliferate and differentiate into effector cells. The majority of these effectors undergo apoptosis but a subset further differentiates to form the pool of long-lived memory cells. This model of progressive memory T cell differentiation is characterized by a gradual acquisition of memory T cell properties such as the ability to make effective proliferative responses upon re-encounter with antigen.

(B) Based on this memory differentiation program, the optimal time for boosting is during the late stages of the effector to memory transition, and therefore an interval of 2–3 months is recommended between the prime and the boost.

Wirth et al., 2010). This is good for generating effector memory T cells and also for driving cells to the mucosa but runs the risk of depleting the population of central memory cells (Figure 2). However, if the repeated booster shots recruit only a subset of the previously generated memory cells, then this will result in a heterogeneous population of memory T cells at various stages of differentiation (Figure 2). This could end up providing the right balance of T_{cm} and T_{em} cells. In summary, by using our understanding of

the quantity but also the quality of the memory T and B cell responses.

Optimizing Prime-Boost Regimens

A multitude of expression vectors (bacterial, viral, DNA) have been developed during the past two decades, and considerable effort has gone into optimizing their use as vaccine vectors (Liu, 2010, this issue). Several studies have shown that boosting with a different vector carrying the same antigen is better for enhancing immune responses compared to boosting with the homologous vector. Such heterologous prime-boost approaches are now widely used in efforts to develop vaccines against HIV, HCV, malaria, and TB (see articles in this issue). Although promising results have been obtained with various heterologous prime-boost vaccines, some fundamental questions remain unanswered. Here we will briefly address two key questions: first, what is the optimal time for boosting, and second, what is the effect of repeated booster shots on the quality of the immune response?

In determining the interval between the first immunization and the booster shot, it is important to consider the differentiation pathways of memory B and T cells. Memory T cells with high proliferative potential do not form until several weeks after the first immunization, so as a general rule it is better to have an interval of at least 2–3 months between the prime and the boost (Figure 1). Boosting too early will give suboptimal responses. Similar rules apply for boosting antibody responses because memory B cells have to go through the germinal center reaction and take several months to develop (Crotty et al., 2010). Recent studies have shown that repeated boosting can drive memory T cells toward terminal differentiation (Masopust et al., 2006;

memory T and B cell differentiation, it should be possible to optimize prime-boost strategies.

Modulating the Quality of Memory T Cells

In order to develop successful vaccines against pathogens such as HIV, HCV, malaria, etc., it will be essential for the vaccine not only to induce neutralizing antibody responses but also to generate highly effective T cell immunity. Considerable effort has gone into developing vaccine regimens that will induce high frequencies of memory T cells, but there has been minimal emphasis on developing strategies to improve the functional qualities of the vaccine-induced memory T cells. However, there is now an appreciation that by targeting appropriate innate receptors on DCs, it is possible to modulate the functional qualities of memory cells (Coffman et al., 2010, this issue).

Recent studies have identified an additional approach by means of drugs that directly act on T cells to regulate memory differentiation (Araki et al., 2009; Pearce et al., 2009; Rao et al., 2010). These studies showed that mammalian target of rapamycin (mTOR) is a major regulator of memory CD8⁺ T cell differentiation and that memory T cell qualities can be manipulated by regulating the mTOR pathway. In vivo administration of rapamycin, a specific inhibitor of mTOR, into vaccinated or infected mice markedly changed the fate of antigen-specific CD8⁺ T cells. Rapamycin treatment during the T cell expansion phase increased the quantity of memory CD8⁺ T cells by promoting the generation of memory precursors that survive and differentiate into long-lived memory cells. This treatment resulted in a similar number of antigen-specific effector CD8⁺ T cells at the peak of the clonal expansion compared to untreated mice but reduced the apoptotic cell death during contraction phase.

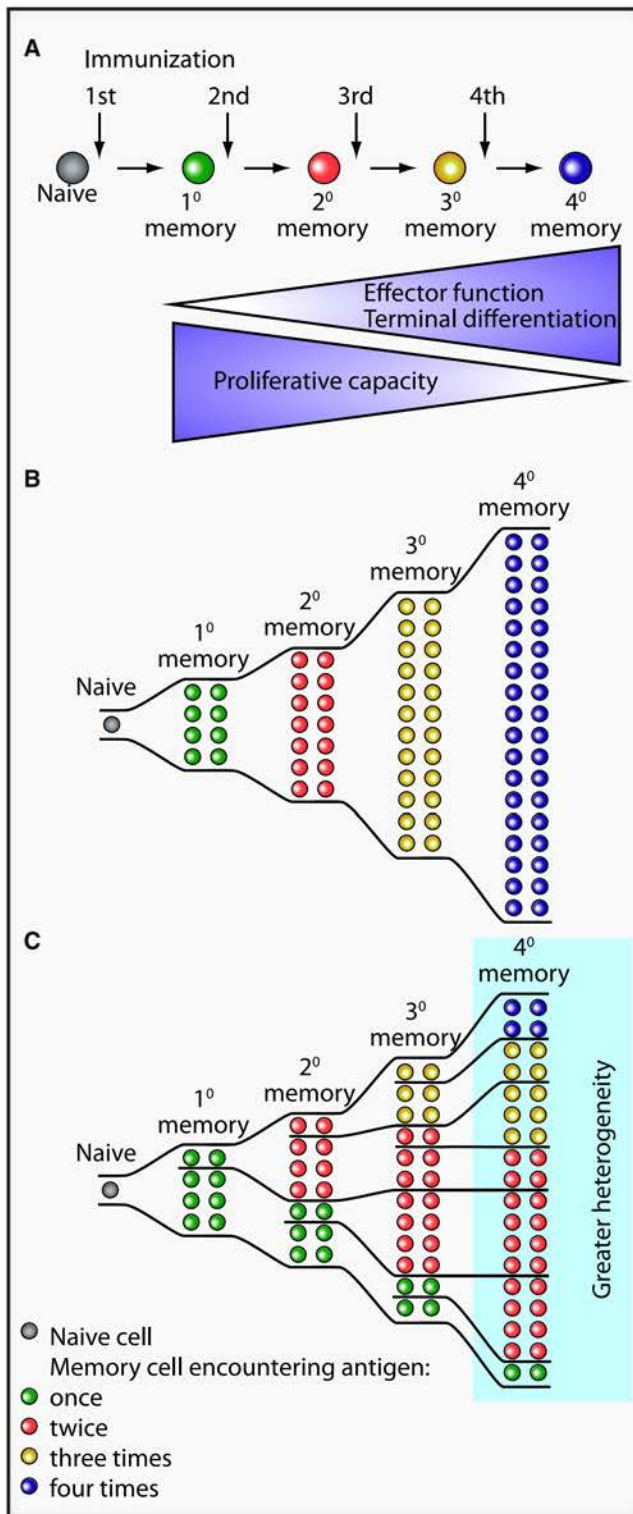


Figure 2. Repeated Immunizations Drive Memory T Cells toward Terminal Differentiation: Implications for Memory Cell Heterogeneity and Protective Immunity

(A) Repetitive antigen encounter results in memory T cells with more effector-like properties and with preferential location in nonlymphoid tissues but with reduced proliferative potential.

(B) If all memory T cells are recruited into the response after each booster shot, then the entire pool of memory T cells would be driven toward terminal differentiation.

In contrast, inhibiting mTOR with rapamycin during the contraction phase accelerated the effector to memory cell transition and improved the quality of memory CD8⁺ T cells. Thus, targeting the mTOR pathway can enhance not only the magnitude but also the quality of memory CD8⁺ T cells (Figure 3).

Using drugs that modulate memory differentiation is an interesting new approach to enhance vaccine-mediated immunity. Because rapamycin has historically been used as an “immunosuppressive” drug, there will be obvious safety concerns about using this drug as a vaccine adjuvant. However, it should be possible to identify safer drugs that target the mTOR pathway as potential adjuvants to enhance the functional qualities of memory T cells.

How Many Memory Cells Can We Accommodate—Issues of Competition and Space

One of the more fascinating things about the immune system is the ability of lymphocytes to sense their numbers (Takada and Jameson, 2009). This homeostatic regulation is quite cell specific; B cells sense each other and not T cells and there is also specificity in the counting of CD4⁺ versus CD8⁺ T cells. For example, if CD4⁺ T cells are depleted, then there is a selective expansion of CD4⁺ T cells and not CD8⁺ T cells to fill up the compartment, and vice versa upon reduction of CD8⁺ T cells. The mechanism of this sensing is not known but the ability of the immune system to count has important implications for vaccination. The conventional wisdom is that the size of the immune system including the number of memory cells is fixed and that as new memory cells are generated upon infection or vaccination, there must be an erosion of pre-existing memory cells to make room for the new ones (Freitas and Rocha, 2000; Goldrath, 2002; Welsh et al., 2010). In principle this is correct but it is not known how fixed this ceiling is and how much flexibility exists in accommodating new memory cells. A recent study has addressed this critical issue and shown that the size of the total memory CD8⁺ T cell pool in mice can almost double to accommodate new cells with minimal attrition of pre-existing memory cells (Vezys et al., 2009). It is interesting that this increase occurred almost exclusively in effector memory T cells, suggesting that this memory T cell subset adapts in the host according to immunological experience. In this context, it is worth noting that large numbers of human cytomegalovirus (HCMV)- and Epstein-Barr virus (EBV)-specific effector memory CD8⁺ T cells accumulate in humans over time (Klenerman and Hill, 2005). In some instances, this increase is so striking that T cells specific to a single HCMV epitope can account for up to 20% of the total CD8⁺ T cell response.

It is well documented from studies in both mice and humans that the percentage of naive T cells declines with age whereas the percentage of memory T cells increases (Linton and Dorshkind, 2004; Nikolich-Zugich, 2008). It is assumed that this reversal in the ratio of naive versus memory T cells is entirely due to loss of naive T cells reflecting decreased thymic output as a function of age. However, it has not been rigorously ruled out that this observed change in the ratio is also due to an

(C) If only some of the memory T cells are activated upon subsequent booster immunizations, then one would end up with a heterogeneous pool of memory T cells with both effector-like cells at mucosal sites and also memory cells with proliferative capacity.

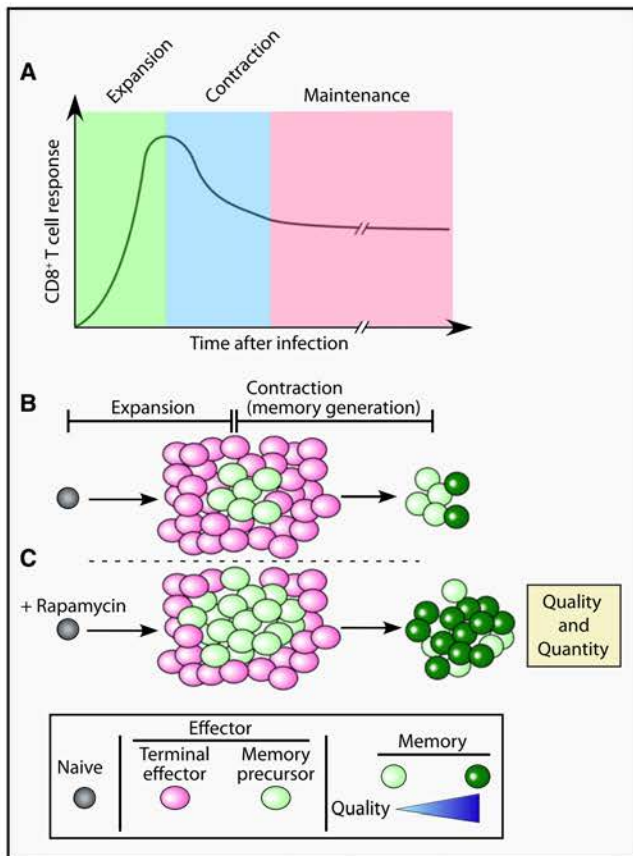


Figure 3. Using Drugs to Modulate Memory CD8⁺ T Cell Differentiation

(A) Antigen-specific CD8⁺ T cell responses after an acute infection or vaccination. During the expansion phase, naive CD8⁺ T cells proliferate and then become effector cells. After clearance of the pathogen, 90% to 95% of the effector T cells die during a contraction phase. The surviving 5%–10% of the antigen-specific T cells become the memory population.

(B) Without rapamycin treatment.

(C) Rapamycin improves both quality and quantity of memory CD8⁺ T cells. Rapamycin treatment increases memory precursor effector cells that survive during the contraction phase and also improves quality of memory T cells by accelerating effector to memory T cell formation.

increase in the number of memory T cells as a result of increased immunological experience over time. This issue needs to be addressed in detail by quantitating memory T cell numbers in lymphoid and nonlymphoid tissues via murine as well as nonhuman primate models. Another important question that deserves more attention is to determine whether there is any sensing of numbers between naive and memory T cells. In other words, does our immune system count total numbers of T cells irrespective of whether they are naive or memory or are naive and memory T cell numbers regulated independently? An understanding of these issues has significant implications for designing vaccination approaches.

The B cell system is also under homeostatic control and there are mechanisms for regulating naive and memory B cell numbers as well as total immunoglobulin levels in the serum (Nimmerjahn and Ravetch, 2008; Sanz et al., 2008). A better understanding of the underlying regulatory mechanisms is needed. In particular, the issue of plasma cell homeostasis is critical for vaccine-

induced protective immunity. Vaccine-induced antibodies can be maintained in the serum for extended periods by long-lived plasma cells that reside in the bone marrow and constitutively produce antibodies in the absence of antigen (Amanna et al., 2007; Manz et al., 1997; Slifka et al., 1998). It is believed that the bone marrow environment is particularly conducive for providing the necessary survival signals for plasma cells (Manz et al., 1997; O'Connor et al., 2004). It is important to determine how competition for these survival niches in the bone marrow impacts vaccine-induced immunity. A critical question is how many plasma cells can the bone marrow accommodate? Do certain types of plasma cells compete better for these survival niches? If so, what are the defining characteristics of these cells? How can such plasma cells be generated? Answers to these questions will provide a rational approach to developing vaccines that induce long-term antibody responses.

Importance of Mucosal versus Systemic Immunity

The immune system has evolved two lines of defense against pathogens (Table 1). The first line of defense consists of pre-formed mucosal antibody (IgA and IgG) and effector memory T cells that are present at the portals of pathogen entry. In addition, serum antibody also provides an important first line of defense against pathogens that initiate infection through the blood. The second line of defense consists of memory T and B cells present in lymphoid tissues; these cells proliferate and differentiate into effector cells and migrate to sites of infection. It should be noted that memory cells in lymphoid tissues also elaborate effector functions rapidly (much faster than naive cells), but their importance in immediate protection is limited because of the delay in reaching sites of infection. Consequently, the most critical difference between T_{cm} and T_{em} cells is not so much the speed at which they become effectors but their actual anatomic location. The inability of T_{cm} cells to provide immediate protection at mucosal sites is compensated by their ability to proliferate and generate a large pool of effector cells that are critical for limiting the spread of infection and for eventual clearance of the pathogen. Thus, an ideal vaccine should induce both mucosal and systemic immunity to provide both the first and second line of defense against infection and disease. However, for "hit and run" pathogens that infect mucosal sites and cause clinical symptoms within 24–48 hr (e.g., rotavirus, norovirus, enteric bacteria, etc.), it is essential to have effective mucosal immunity. This first line of defense is also important for viruses like HIV that can establish a latent infection if initial acquisition is not blocked.

Considerable progress has been made in identifying homing molecules on T and B cells that are utilized for tissue entry (Lefrançois and Puddington, 2006). Of particular interest for mucosal immunity are homing receptors that lymphocytes use for migration to the gut, genital tract, and respiratory tract—three major sites of pathogen entry. An important question that is not well understood is how these receptors are imprinted on activated T and B cells and how this knowledge can be harnessed to develop vaccines that will induce effective mucosal immunity. Several studies have shown that expression of specific homing receptors is coupled to the location of activation; for example, priming of T cells in mesenteric lymph nodes induces expression of $\alpha_4\beta_7$ that is needed for migration to the gut whereas priming within inguinal lymph nodes induces expression of skin-homing

molecules (Sigmundsdottir and Butcher, 2008). These data are consistent with the observation that mucosal vaccines or infections are best for inducing T and B cell responses at the mucosa (Plotkin et al., 2008).

There are many examples of systemic infections inducing good mucosal immunity and also of some parenterally given vaccines eliciting mucosal responses (Plotkin et al., 2008). A recent study has provided a potential explanation for these observations by showing that priming of CD8⁺ T cells in the spleen results in a promiscuous homing program that can drive cells to the intestinal mucosa (Masopust et al., 2010). The spleen is a central lymphoid organ and is not directly associated with any particular body surface. Thus, it makes teleological sense that T cells activated in the spleen have a promiscuous homing program so they can sample multiple tissues for infection. Interestingly, expression of the gut homing receptors was very transient and only the early effector T cells in the spleen could migrate to the gut, showing that there is only a small window of opportunity for seeding the mucosa. What happens to the T cells after they migrate to the gut? Several studies have now shown that these T cells don't recirculate with memory cells in the blood or in other tissues and also end up undergoing a unique differentiation program that is driven by the environment of the tissue (Jameson and Masopust, 2009).

An important difference between systemic and mucosal immunity is the duration of memory. As described earlier, it is well documented that systemic memory persists for extended periods in both experimental animals and in humans; this is true not only for memory T and B cells but also for antibody levels in the serum that are maintained by long-lived plasma cells in the bone marrow. In contrast, the duration of mucosal immunity is relatively short lived. The underlying mechanisms of this waning memory at mucosal sites are not well understood and this remains one of the most challenging questions in vaccinology. Many critical issues need to be addressed: Do effector memory T cells in the mucosa turn over and replenish their numbers? If so, is this mediated by cytokines or by periodic re-exposure to antigen? What is the intermitotic lifespan of these tissue-resident memory T cells and what are the molecules necessary for their survival? What is the lifespan of memory B cells and plasma cells at mucosal sites? Do mucosal plasma cells get the necessary survival signals and niches that are present in the bone marrow? A recent study has suggested that there is attrition of previously induced immune responses in the gut because of competition by ongoing responses being continuously generated by the commensal flora (Hapfelmeier et al., 2010). Answers to these above questions and others are needed to understand how memory is regulated at the mucosa and to design effective vaccine strategies for eliciting long-term mucosal immunity (Jameson and Masopust, 2009).

From Immunological Memory to Vaccine Design: Analytic Vaccinology

As mentioned in the previous section, our successes in vaccines have mostly come against invariant pathogens that cause acute infections followed by long-term protective immunity. However, there are several cases where the primary infection does not lead to protective immunity. This is the case of variable pathogens such as dengue or influenza viruses where memory elicited by

the natural infection protects from the homologous virus but not from viruses of a different serotypes (Green and Rothman, 2006), whereas in the case of HIV-1, a rapid diversification of the transmitted virus makes the immune response ineffective (Johnston and Fauci, 2007; McMichael et al., 2010; Moir and Fauci, 2009). For other pathogens such as RSV, the clearance of infection is not followed by protective memory because reinfection with the same virus can occur multiple times, although with decreased severity of illness. Finally, other pathogens such as HCMV, EBV, or *M. tuberculosis* are not eliminated by the immune response and establish a life-long carrier state where an equilibrium is reached between the host immune response and the pathogen that persists in a latent or dormant state (Reddehase, 2002; Sacchetti et al., 2008). The life-long carrier state poses a risk of widespread infections when the individual becomes immunosuppressed or immunodeficient. In addition, HCMV can superinfect an already immune donor and does so by evading the CD8⁺ T cells response, a process that complicates the development of preventive vaccines (Hansen et al., 2010).

Can the analysis of human memory cells provide novel insights into developing vaccines against pathogens that induce partially protective, nonprotective, or nonsterilizing immunity? Recent studies suggest that it is possible to leverage on the analysis of the specificity and class of human memory B and T cells to identify conserved epitopes and protective effector mechanisms that represent a rational basis for vaccine design. Below we discuss some methodological and technical approaches that facilitate this process that we define as "analytic vaccinology" (Figure 4).

Interrogation of Memory B Cells and Isolation of Monoclonal Antibodies

The concept that cross-reactive protective antigens could be identified by studying the antibody response was initially proposed in the context of HIV vaccine design (Burton, 2002). The idea is to identify through the isolation of broadly neutralizing antibodies conserved epitopes and then produce immunogens that contain such epitopes in an immunodominant form. This approach offers the advantage of focusing the immune response to the most conserved epitopes while avoiding a response to the most variable sites.

For many years the isolation of monoclonal antibodies represented the rate-limiting step in the analysis of the human antibody response and the identification of target antigens and conserved epitopes. In the last 5 years, several methods have become available to isolate with high-efficiency human monoclonal antibodies from memory B cells and plasma cells. These approaches are based on immortalization of total memory B cells followed by selection with functional assays (Traggiai et al., 2004) or by isolation of antigen-binding memory B cells or of total plasma cells followed by rescue of the specific antibodies by single-cell PCR and expression in heterologous systems (Scheid et al., 2009; Wrammert et al., 2008). With these methods it has become possible to interrogate the whole repertoire of antibodies made during an immune response or maintained in the memory compartment. These approaches have already provided exciting results with the identification of potent and broadly neutralizing antibodies against a variety of human pathogens. A common theme emerging from these novel studies is that broadly neutralizing antibodies do exist, but may be extremely

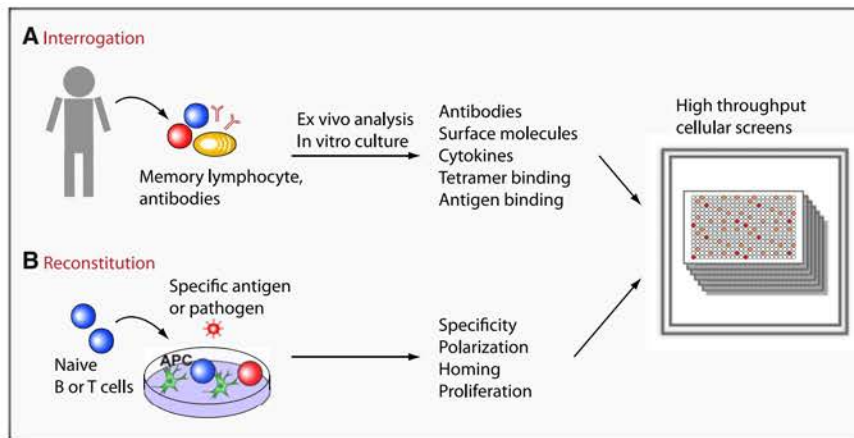


Figure 4. The Use of High Throughput Cellular Screens to Inform Vaccine Design

(A) Memory B and T cells can be isolated according to the expression of surface markers and cultured in limiting dilution conditions to assess specificity, phenotype, and function of individual cells. Specific antibodies can be retrieved by memory B cell immortalization or by amplification of the V region genes from single cells. T cell libraries can be screened in an iterative fashion to determine fine specificity and to isolate T cell clones.

(B) Naive T cells stimulated in vitro with monocytes or DCs and whole pathogens recapitulate the phenotype of ex vivo isolated memory T cells.

rare. An extensive analysis of thousands of sera from HIV-1-infected individuals has led to the identification of two donors from whom novel potent and broadly neutralizing monoclonal antibodies were isolated. These antibodies identify highly conserved epitopes in the CD4 binding site (Wu et al., 2010) as well as conformational epitopes present in the gp160 trimer (Walker et al., 2009). Another relevant example is the selection in some individuals of memory B cells that make antibodies that broadly neutralize influenza viruses (Corti et al., 2010; Ekiert et al., 2009). These antibodies are directed against conserved epitopes in the stem region of the influenza virus hemagglutinin protein and, although less potent than classical neutralizing antibodies directed against the globular head, can neutralize in vitro and in vivo viruses belonging to different subtypes. Based on this notion, a headless hemagglutinin vaccine has been produced and has been shown to confer broad protection in an animal model (Steel et al., 2010). Human monoclonal antibodies with very high neutralizing activity against HCMV have been isolated from selected donors and used to map conformational epitopes on a pentameric complex that represents a candidate subunit vaccine (Macagno et al., 2009). The human antibody response to dengue virus has been dissected through the analysis of monoclonal antibodies, revealing basic mechanisms of neutralization and infection enhancement (Beltramello et al., 2010; Dejnirattisai et al., 2010). Finally, the analysis of a large number of human monoclonal antibodies to HIV revealed a role for poly-reactivity in increasing the apparent affinity of HIV antibodies through heterologation, revealing a new mechanism for the production of antibodies against pathogens displaying low-density epitopes (Mouquet et al., 2010).

Besides their use for vaccine design, human monoclonal antibodies can find a direct application for passive vaccination, a prophylactic and therapeutic approach that was developed more than one hundred years ago and which has fallen short because of the limited availability of immune sera (Casadevall et al., 2004). To date only one humanized monoclonal antibody has been approved for prevention of RSV infection in newborns but several fully human antibodies are at different stages of development for prevention and treatment of various pathogens and toxins. Once identified, potent and broadly neutralizing antibodies could be used either as single agents or as a cocktail in order to minimize the selection of escape mutants. One should

consider that in vitro neutralization assays do not fully reflect the in vivo usefulness of antibodies because this may critically depend on effector mechanisms such as complement- or Fc receptor-mediated killing. Experimental infection of mice carrying human Fc receptors may therefore be used to address the in vivo activity of human monoclonal antibodies (Nimmerjahn and Ravetch, 2008).

Another potential use of human monoclonal antibodies is their administration together with a vaccine to enhance or modulate the immune response. Antibodies can increase antigen uptake by targeting immune complexes to Fc receptors expressed by DCs leading to enhanced antigen presentation on MHC class I and II molecules and modulation of the epitopes presented. Furthermore, antibodies can suppress or enhance B cell responses to their target antigens by several hundred-fold depending on isotype and stoichiometry (Heyman, 2000). Thus, by combining antigens and antibodies, we can foresee a convergence of active and passive vaccination.

Interrogation of Memory T Cells and Reconstruction of the Immune Response

Dissecting memory T cell subsets, rather than being a trivial pursuit, has revealed fundamental aspects of the immune response relevant for vaccine design. As discussed above, intracellular pathogens, extracellular pathogens, and parasites elicit effector and memory T cells with different functional properties. Thus it is important that vaccines are designed to exploit the full range of effector functions that are characteristic of protective responses (Sallusto and Lanzavecchia, 2009). Although vaccines made by attenuated pathogens may carry the same PAMPS or elicit the same DAMPS as the virulent pathogens and thus may be able to induce the same type of response, individual antigens taken out of their context and used as recombinant proteins or inserted in heterologous vectors will critically require adjuvants capable of eliciting the appropriate type of immune response. Two experimental approaches can help to address these issues: (1) the high throughput interrogation of memory T cells and (2) the reconstruction of the immune response in vitro (Figure 4).

Several methodologies are available to characterize at the single-cell level the antigenic specificity, cytokine profile, homing receptors, and functional properties of human memory T cells

including polychromatic flow cytometry via peptide-HLA class I tetramers, antibodies to surface molecules, cytokines, and phospho-epitopes (Newell et al., 2009; Perez and Nolan, 2006). This analysis can be combined with global gene profiling that provides specific signatures of immune responses (Berry et al., 2010; Querec et al., 2009). An alternative approach that is suitable for the analysis of HLA class II-restricted T cell responses to complex antigens, even whole pathogens, and is not limited to a particular HLA molecule consists of the screening of T cell libraries prepared from effector and memory T cell subsets (Figure 4; Geiger et al., 2009). This approach is revealing a remarkable compartmentalization of pathogen-specific memory T cells in individual memory subsets (F.S., unpublished data).

In addition to the analysis of the memory pool, tetramers and T cell libraries can be used also to interrogate the naive CD8 and CD4 repertoires (Geiger et al., 2009; Newell et al., 2009). Taken together, the high throughput interrogations of human naive and memory T cell repertoires offer on the one hand the possibility of predicting antigenicity and identifying T cell epitopes in complex pathogens and on the other to gain information on the class of T cells elicited by a given pathogen, thus providing two critical pieces of information that should guide T cell vaccine design.

An ambitious goal is currently to reconstruct in vitro the T and B cell response to a pathogen (Figure 4). Although this may eventually require the development of organotypic 3D cultures (Ma et al., 2010), the priming of CD4 naive T cells can be effectively achieved by coculture with APC and pathogens (F.S. and C. Zielinsky, unpublished data). These in vitro priming experiments can be used to identify polarizing cues in complex pathogens and to dissect the signals and mechanisms of T cell polarization, which may help in defining the right type of adjuvant to be used in T cell vaccines.

Concluding Remarks

The many recent advances in our understanding of the immune system and the parallel development of various vectors and adjuvants has now set the stage where the principles of immunological memory can be used to rationally design the next generation of vaccines against infectious diseases of global importance. In addition it should also be possible to learn from our increasing understanding of T cell dysfunction during chronic viral infections and tumors to develop therapeutic vaccines against chronic diseases and cancers. There is growing consensus in the immunological community that there is an urgent need for new initiatives to strengthen research of the human immune system (Germain, 2010, this issue) and to bridge the fields of basic immunology and vaccine research.

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