

★★★★☆ 286 reviews ▾

RingConn Gen 2

\$299.00 USD



Anniversary Sale Extended
| 12%–25% Off

Use code RC12 to get 12% off one Gen 2 smart ring, or RC25 to save 25% when you buy two or more.

10 : 08 : 27 : 18
DAYS HOURS MINUTES SECONDS

Free Ring Protectors, On Us

Every order includes 3 transparent protectors, sent automatically with your confirmed size. While supplies last.

- Automatic Sleep Apnea Monitoring
- 10-12 Days Battery Life & Quick Charge
- Thinnest & Lightest Smart Ring
- No Subscriptions. Free Full Monitoring

Choose Your Color:



Choose Your Size:

[Size Guide ↗](#)

RingConn size is different from the US Standard. We recommend acquiring our free sizing kit.

- I don't know my size



Or

- I know my size ▼



RingConn Trade In

[Learn More ↗](#)

Save up to \$90.00 USD

Select a device

No trade-in

RingConn Care+

[Learn More ↗](#)

1 Year Coverage	\$29.99
☒ 1 replacement opportunity	
☒ Covers accidental damage	
☒ Covers lost or theft	
2 Year Coverage	\$49.99
☒ 1 replacement opportunity	
☒ Covers accidental damage	
☒ Covers lost or theft	
No RingConn Care+Coverage	

Ultimate Charging Combo

☐



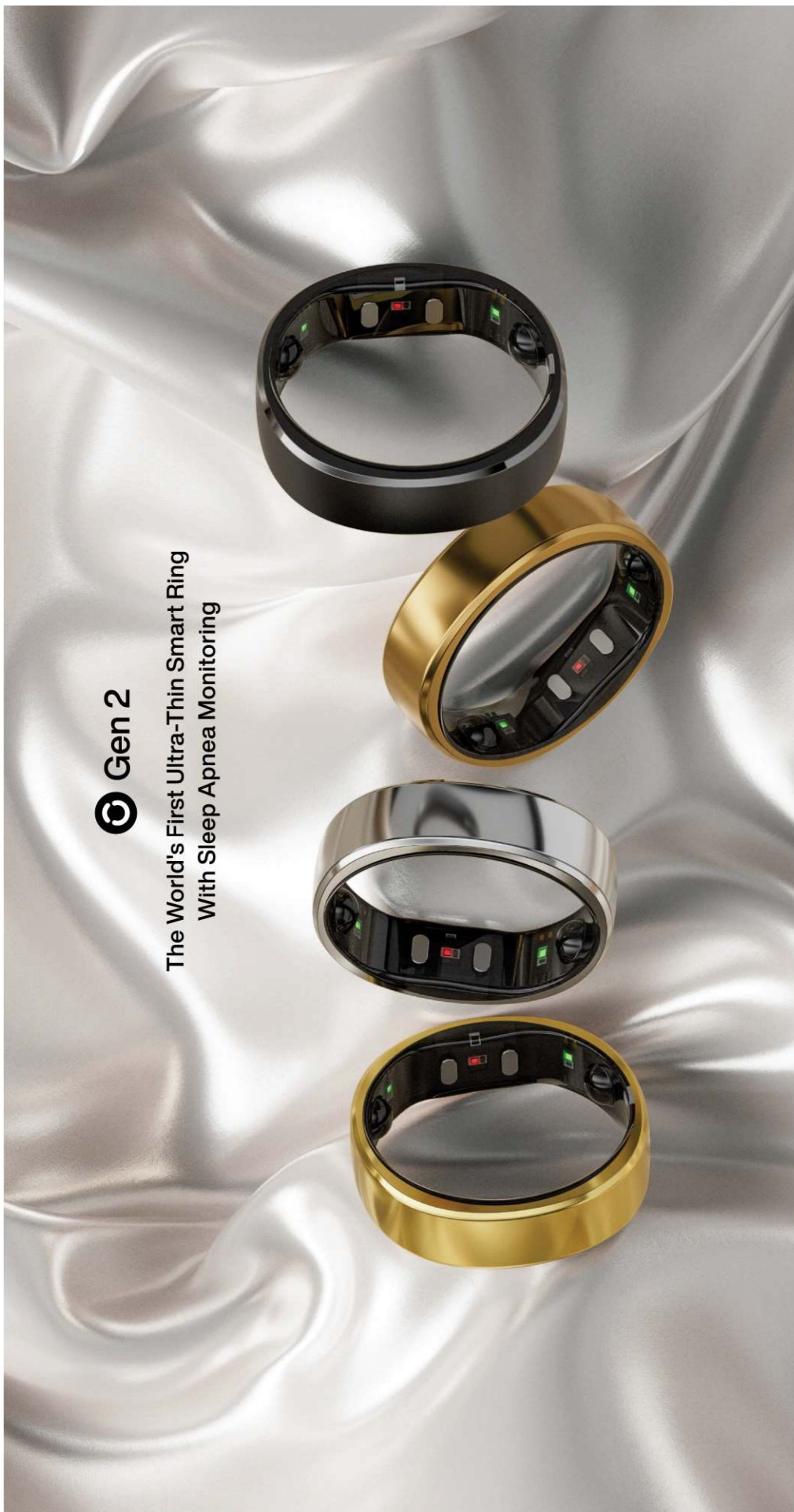
Charging Dock
\$39.90 USD

☐

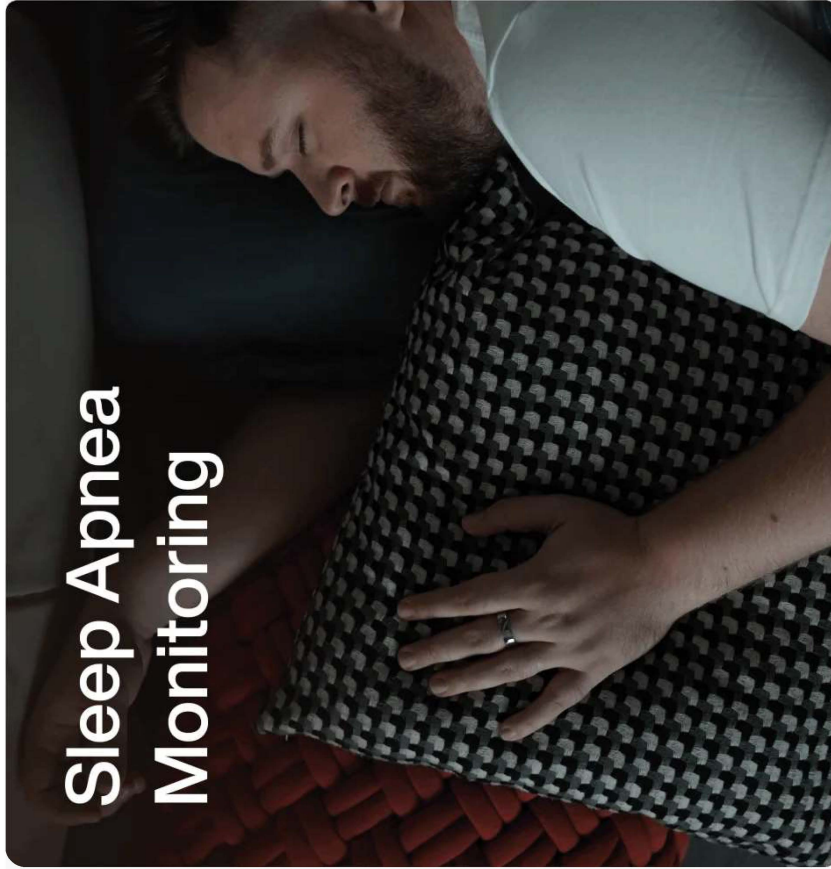
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Gen 2

The World's First Ultra-Thin Smart Ring
With Sleep Apnea Monitoring



**Sleep Apnea
Monitoring**



**10-12 Days
Battery Life**



**100m/328ft
Waterproof Upgrade**



**No Subscription
Fee**

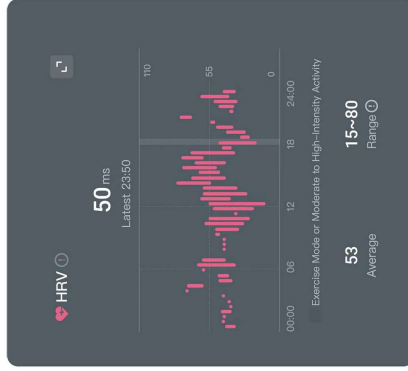
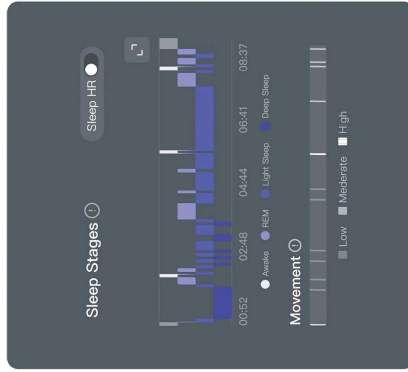
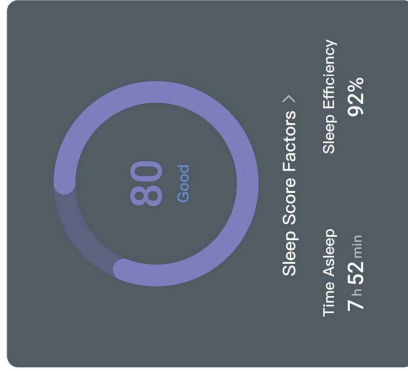


**Lightest & Thinnest
Smart Ring**



**All-in-one Health
Tracker**





"How did you sleep last night?" RingConn's sleep monitoring provides a comprehensive Sleep Score based on total sleep time, heart rate variability (HRV), blood oxygen saturation, nighttime movement, sleep regularity, and more.

Learn More

Find Your Perfect Fit

Not sure about your size? We'll send you a sizing kit first! Measure accurately to ensure the perfect fit before receiving your ring.

STEP 1. Order Your Ring

Place the order by selecting the "Order a Free Sizing Kit" option. We'll send you a sizing kit before your RingConn Smart Ring ships.

STEP 2. Sizing Kit Delivery

Anticipate the arrival of your sizing kit in 3 to 8 days (vary by location). The sizing kit enable to help you find your suitable size.

STEP 3. Test Your Size

Select your preferred finger for size testing. For optimal performance and accuracy, we recommend the index finger, middle finger or ring finger.

STEP 4. Submit Your Sizeur Ring

Go to 'My Orders' to submit your size. If you don't have a RingConn account, please click here to sign up, using the email you used to placed orders.



For Gen 2

What's In The Box?



Gen 2 Smart Ring



Charging Case



Type-C Cable



Instruction Manual &
Quick Guide

Materials Titanium Alloy, PVD Coating, Medical-grade Epoxy	Weight & Dimensions Width: 6.8mm, Thinnest: 2mm, Weight: 2 to 3 grams (depending on ring size).	Waterproof IP68(100m/328ft)
Connectivity Bluetooth 5.0, Low power bluetooth module	Compatibility The RingConn App supports iOS and Android systems. Easily syncs data with Apple Health and Google Fit	Package List The package includes a RingConn Gen 2 Smart Ring, a portable charging case, a USB-C to C cable, and a manual.

	RingConn Gen 2	O***	U!*****	Wh***	>
Price	\$299	\$349	\$349	\$20/month	
Subscription fee		\$5.99/mo. \$72/yr.		\$199/yr.	
Weight	2-3 grams (varies by size)	3.3-5.2 grams (varies by size)	2.4-3.6 grams (varies by size)	27 grams	
Function					
Battery Life	Up to 12 days	Up to 8 days	Up to 6 days	5 days	
Water Proof	IP68/ATM 10 (100 m/328 ft)	100 m/328 ft	100 m/328 ft	10 m/32 ft	
AI Health Partner					

Sleep				
Sleep Apnea Monitoring	✓	✗	✗	✗
Sleep Management	✓	✓	✓	✓
Real-Time Metrics				
Heart rate	24/7 heart-rate monitoring	24/7 heart-rate monitoring	Periodically throughout the day	24/7 heart-rate monitoring
HRV	✓	nocturnal monitoring	✓	✓
SpO2	✓	nocturnal monitoring	✓	✓
Step Counting	✓	✓	✓	✗
Distance and Calories	✓	✓	✓	✓
Stress management	✓	✓	✓	✓
Menstrual management	✓	✓	✓	✓
Compatibility	iOS & Android	iOS & Android	iOS 15+ & Android 6+	iOS & Android

Frequently Asked Questions

What are the differences between RingConn Gen 2 and the previous generation RingConn smart ring?



Can the sizing kit for RingConn Gen 1 be used for RingConn Gen 2?



Which finger is recommended for wearing the RingConn Gen 2 Smart Ring?



How long can the battery last?



Is the RingConn Gen 2 capable of continuously monitoring my health?



Is the RingConn Gen 2 capable of monitoring nap?



Can I wear the RingConn Gen 2 during workouts?



How can I ensure my data is safe and private with RingConn?



How do I transfer data when using a new RingConn Gen 2?



4.4 / 5 • 286 reviews





Keeps me in tune with my health

✔ Verified, collected by RingConn

FEN NI, 5 days ago



Needs some better sports tracking. But Apneu detection is pretty impressive

✔ Verified, collected by RingConn

Michel Latour, 5 days ago



Very, very nice ring. Fits perfect and hardly noticable that you wear it. Incredible that all this technology including battery and Bluetooth antenna fits in this small ring. 12 days of battery life is perfect. I think measurements are done better than with a smartwatch, as the sensors are always positioned perfect in respect to skin etc. Sleep data seems very accurate as well as all sensor data. The first week I noticed a few scratches, but they vanished by themselves some how. Showering is no problem, you can wear it 24/7 if you want. Really love the ring, as it is also a very nice peace to see.

✔ Verified, collected by RingConn

[Load more reviews](#)

You may also like



RingConn Gen 2 Air



Charging Dock



Ring Protector Colors

\$199.00 USD

4.7 ★



\$39.90 USD

3.5 ★



\$12.90 USD

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Support

Company



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\$299.00 USD

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