



★★★★★ 103 reviews

RingConn Gen 2 Air

\$199.00 USD

Use your HSA or FSA when you checkout with [flex](#)

Klarna

From **\$17.87/month**, or 4 payments at 0% interest with Klarna [Learn more](#)

- Ultra-Light at Just 2.5g
- AI-Powered Health Insights
- Up to 10 Days of Battery Life
- Advanced Sleep Health Tracking
- Multi-Dimensional Health Monitoring

Free Ring Protectors, On Us
Every order includes 3 transparent protectors, sent automatically with your confirmed size. While supplies last.

Choose Your Color:



Dune Gold

Choose Your Size:

[Size Guide ↗](#)

RingConn size is different from the US Standard. We recommend acquiring our free sizing kit.

- I don't know my size



Free Sizing Kit

Or

- I know my size

6

7

8

9

10

11

12

13

14

RingConn Trade In

[Learn More ↗](#)

Save up to \$40.00 USD

Select a device

No trade-in

RingConn Care+

[Learn More ↗](#)

1 Year Coverage	\$29.99
1 replacement opportunity Covers accidental damage Covers lost or theft	
2 Year Coverage	\$49.99
1 replacement opportunity Covers accidental damage Covers lost or theft	

No RingConn Care+Coverage

★★★★★ **Derek M.**

Very comfortable and tracks all the metrics Im interested in without distracting me like a sports watch would

★★★★★ **Kim M.**

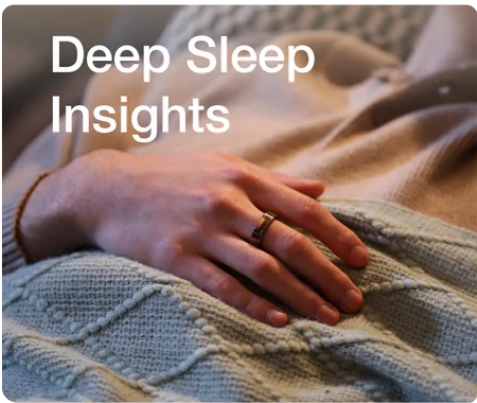
It's pretty cool to own a sizing kit now. My finger > different sizes so it's nice to have it to reference of too





2.5g
Ultra-lightweight





[Sleep](#)StressVitalsActivity & FitnessWomen Health

Sleep

"How did you sleep last night?" RingConn's sleep monitoring provides a comprehensive Sleep Score based on total sleep time, heart rate variability (HRV), blood oxygen saturation, nighttime movement, sleep regularity, and more.

[Learn More](#)

Find Your Perfect Fit

Not sure about your size? We'll send you a sizing kit first! Measure accurately to ensure the perfect fit before receiving your ring.

 **Gen 2 Air**





STEP 1.

Order Your Ring

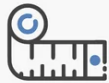
Place the order by selecting the "Order a Free Sizing Kit" option. We'll send you a sizing kit before your RingConn Smart Ring ships.



STEP 2.

Sizing Kit Delivery

Anticipate the arrival of your sizing kit in 3 to 8 days (vary by location). The sizing kit enable to help you find your suitable size.



STEP 3.

Test Your Size

Select your preferred finger for size testing. For optimal performance and accuracy, we recommend the index



STEP 4.

Submit Your Sizeur Ring

Go to 'My Orders' to submit your size. If you don't have a RingConn account, please click here to sign up. using

RingConn Anniversary – Up to 25% Off 🛒 [Save Now]



What's In The Box?



Instruction Manual & Quick Guide

	RingConn Gen 2 Air	O*** Gen 3	UI*****	Wh***	
Price					
	\$199	\$349	\$349	\$30/month	

Subscription fee				
Subscription fee		\$5.99/mo. \$72/yr.		\$199/yr.
Weight				
Weight	2.5-4 grams (varies by size)	3.3-5.2 grams (varies by size)	2.4-3.6 grams (varies by size)	27 grams
Function				
Function				
Battery Life				
Battery Life	 Up to 10 days	 Up to 8 days	 Up to 6 days	 5 days
Water Proof				
Water Proof	 IP68/ATM 10 (100 m/328 ft)	 100 m/328 ft	 100 m/328 ft	 10 m/32 ft
AI Health Partner				
AI Health Partner				
Sleep				
Sleep				
Sleep Apnea Monitoring				
Sleep Apnea Monitoring				
Sleep Management				
Sleep Management				
Real-Time Metrics				

Real-Time Metrics

Heart rate				
Heart rate	24/7 heart-rate monitoring	24/7 heart-rate monitoring	Periodically throughout the day	24/7 heart-rate monitoring
HRV				
HRV	✓	nocturnal monitoring	✓	✓
SpO2				
SpO2	✓	nocturnal monitoring	✓	✓
Step Counting				
Step Counting	✓	✓	✓	✗
Distance and Calories				
Distance and Calories	✓	✓	✓	✓
Stress management				
Stress management	✓	✓	✓	✓
Menstrual management				
Menstrual management	✓	✓	✓	✓
Compatibility				
Compatibility	iOS & Android	iOS & Android	iOS 15+ & Android 6+	iOS & Android

Customer Reviews

★★★★☆ 4.66 out of 5
Based on 103 reviews

★★★★★
★★★★☆

74
24

★★★★☆

4

★★★★☆

1

★★☆☆☆

0

Write a review

Most Recent

★★★★☆

07/08/2025

Michael B.

Verified

The steps feature is way off sometimes but overall, I like the ring accuracy on other settings.

★★★★★

07/08/2025

Derek M.

Verified

Very comfortable and tracks all the metrics Im interested in without distracting me like a sports watch would

★★★★☆

07/08/2025

Kyr M.

Verified

Really great product but really need to add additional exercise types to the app.

★★★★★

07/08/2025

Kim M.

Verified

It's pretty cool to own a sizing kit now. My fingers are all different sizes so it's nice to have it to reference other fingers too

★★★★★

07/05/2025

Mikalee W.

Verified

I LOVE this product. Love the sleek design, the way I can barely tell it's on my finger. I love the color and how well it tracks my sleep and vitals. I haven't been exercising due to health issues but as soon as I get back to it I can't wait to see how it records that data. So much more comfortable and easy to read than the Oura!

★★★★☆

07/02/2025

Carrier H.

Verified

The Gen 2 Air is easy to use and has a long battery life - a big plus. The app and it's advise is just so-so and not very helpful. Some of the "suggestions" are too basic.

123>»

You may also like



RingConn Gen 2

From \$299.00 USD





Charging Dock

\$39.90 USD

3.5 ★



Ring Protector Colors

\$12.90 USD

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Products

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- Terms of Service
- Intellectual Property Rights
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